



Research shows that when reading independently, children should be reading books that they can read and comprehend. Reading a book that is too difficult can create frustration as well as the inability to comprehend the story. Reading books that are too easy does not challenge students' full potential and can lead to boredom and disinterest. Our goal is for students to gain the ability to independently choose books that are "good fits".

In order to teach children how to find a "good fit" book, follow the acronym **IPICK**.

**IPICK** stands for:

I choose books to read

**Purpose:** Why do I want to read this book?

**Interest:** Does the book interest me?

**Comprehend:** Do I understand what I am reading?

**Know:** I know most of the words

To help your child pick a "good fit" book please consider the following steps:

1. I choose a book to read
2. Ask your child, "What is your purpose for choosing this book?"
3. Ask your child, "Is this a book you're interested in?"
4. Have your child read a page of the book. After your child reads the page, ask him or her, "What did you read about?"
5. Ask your child, "Did you know most of the words? In order for a book to be a "good fit" your child should know most or all of the words on a page.

Going through these steps should only take a couple of minutes. If we as teachers and family members are consistent with helping children pick "good fit" books by going through the IPICK process, they will eventually be able to find "good fit" books on their own.

If you have any questions, please do not hesitate to contact your child's teacher. Thank you for supporting your child's literacy at home!



