

# \* Diving into Kindergarten this Fall! \*

The transition to kindergarten is respected as a major milestone not only for the child, but for his or her family as well. The attitude towards school and learning that the child carries forward in life is often determined by this very first experience with school. A smooth transition to kindergarten can help make sure your child is successful in school.

The information provided below is designed to help you prepare your children for their new school experiences.

## Getting prepared for my adventures!

### Got the Gear

Without help, I can:

- Use the washroom
- Wash my hands
- Put on and take off my coat
- Snap, button, zip, and buckle
- Tie my shoes
- Use scissors, glue, pencils



### Set for Safety

I have practiced:

- Cooperating with peers
- Listening to an adult and following through on directions
- Following basic two-step instructions
- Sitting quietly for short periods of time (without electronic devices)
- No more daily naps (we are academically engaged all day!)



### Scuba School Skills

I am working hard to:

- Retell familiar stories
- Sit and listen to a story
- Hold a book upright and turn the pages
- Keep hands and feet to myself
- Tell my first and last name when asked
- Recognize my name and its letters
- Write my first name (all capitals ok)
- Identify basic colors, shapes, sizes
- Sing the alphabet
- Count to ten



Please also seek out opportunities for playing with other children; discuss socially acceptable ways to disagree with peers; and encourage social values such as helpfulness, cooperation, sharing, and concern for others.