



“THE DIFFERENCE
BETWEEN
THE IMPOSSIBLE
AND
THE POSSIBLE
LIES IN
A PERSON’S
DETERMINATION”



Libertyville High School

DISTRICT 128



**ATHLETIC
PROGRAM**

Expectations

“A Tradition of Excellence”

Both parenting and coaching are extremely difficult vocations. Both are similar and it is important to establish understandings and clear lines of communication. When your children become part of the Wildcat athletic program it is important that the established expectations and lines of communication are clearly understood by all.

Expectations of our Coaching Staff are...

Each coach will establish a pre-season parent meeting for the purpose of understanding and communication. Some of the topics that will be discussed at these meetings are:

- *Program philosophy*
- *Practice and contest expectations*
- *Procedures for injured athletes*
- *Importance of the Athletic Code of Conduct*

LHS Coaches will teach and promote good sportsmanship

LHS Coaches are good role models

LHS Coaches are enthusiastic and are motivators

LHS Coaches stress team unity in developing winning attitudes

LHS Coaches develop and enforce LHS rules, the Athletic Code, and team rules

LHS Coaches demonstrate a cooperative spirit with other coaches

LHS Coaches communicate with athlete and parent

LHS Coaches are teachers and help athletes set realistic goals for performance improvement

Expectations of our Parents are...

- Notify coaches of ANY schedule conflicts well in advance. Notify coaches of any injury or illness
- Be supportive - Nothing can erode teamwork faster than athletes doubting the capabilities of their coaches and teammates.
- Be a good role model - Demonstrate positive behavior and good sportsmanship as a fan
- Read, understand, discuss and MOST OF ALL monitor the Athletic Code of Conduct
- Attend pre-season parent meetings
- Learn the rules of your particular sport
- Read, understand and sign the Parent/Guardian Code of Conduct

Issues that are appropriate to discuss with Coaches...

- Concerns about academic eligibility
- Concerns about behavior
- Various ways to help son/daughter improve
- The treatment of your son/daughter

Issues not appropriate to discuss with Coaches...

- Other athletes
- Team or individual strategy and philosophy
- Playing time
- Do not attempt to confront a coach before or after a practice or contest. These surprise meetings rarely accomplish anything and do not promote resolutions. Call or ask the coach for a time to meet

Procedures and Lines of Communication to Follow...

1. Communication between player and coach to resolve problems and conflicts.
2. Communication between parent and coach to resolve problems and conflicts.
3. Communication between athletic director, parent, and coach to resolve conflicts.
4. Communication between principal, athletic director, and parent to resolve conflicts.

Call the athletic office (847-327-7065) to set up a meeting or you may dial the coach's mailbox directly to leave a message.

Expectations of our Athletes...

- Make and keep commitments on and off-season
- Follow LHS rules, the Athletic Code of Conduct, and team rules
- Be coachable. Have a positive attitude
- Be drug/alcohol free
- Set realistic and challenging goals
- Respect coaches, teammates, officials, parents, and LHS facilities and equipment
- Demonstrate good sportsmanship at all times
- Learn from your mistakes
- Have a good work ethic
- Be a leader and positive role model

