


# June 2019 Summer Program Menu Winnebago

<p>The <b>Garden Bar</b> may offer <b>Fresh Broccoli, Cauliflower, Carrots, Tomatoes, Romaine Lettuce, Lentils &amp; Legumes, Apples, Sliced Oranges, Grapes, and, Bananas</b> weekly. Other fruits and vegetables not listed may be offered throughout the week.</p> 	<p>Lunch Components &amp; Colors 6&amp;7 are combinations of components          1 <b>Meat/Meat Alt</b>          2 <b>Grain</b>          3 <b>Vegetable</b>          4 <b>Fruit</b>          5 <b>Milk</b>          6 <b>Meat/Grain Combo</b>          7 <b>Meat/Grain/Veggie or Fruit Combo</b></p> <p>Fruit, Vegetables, &amp; Milk served with every meal.</p>	<p>Take a minimum 3 of the 5 components offered; one of the 3 components must be a fruit or a vegetable serving to make a complete meal.</p> <p style="text-align: center; background-color: #cccccc;">USDA is an equal opportunity provider and employer</p>	<p style="background-color: #ffff00;">Menu subject to change without notice.</p>	<p>Due to product changes, ingredient lists may not be 100% accurate. Due to product unavailability, menu substitutions may be made from time to time. To verify menu substitutions for your school, please contact the food service office. Please be aware that some food items served on the Tomah Area Schools menu may have been manufactured in a facility, or on shared equipment with other peanut or tree nut products.</p>	<p><b>Breakfast Meal Prices:</b>          18 Years and Younger – Free          Adults - \$2.00</p> <p><b>Lunch Meal Prices:</b>          18 Years and Younger – Free          Adults - \$3.00</p>
<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7 <b>Last Day of Regular School Year</b></p>	
<p>10 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>11 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>12 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>13 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>14 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	
<p>17 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>18 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>19 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>20 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>21 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	
<p>24 <b>First Day of Summer School (SS)</b>  <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>25 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>26 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>27 <u>Lunch</u>          Ham and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	<p>28 <u>Lunch</u>          Turkey and Cheese Sandwich Sack Lunch          Or          PB&amp;J Sandwich Sack Lunch</p>	