## **Brook Forest School**

## **Student Opportunities**



The opportunities offered to students during and beyond the school day are plentiful at Brook Forest.

Our goal is to engage students as active citizens in the school community. We believe, and research supports, that students develop core values and skills through activities and athletics including:

- Teamwork
- Individual and Group Responsibility
  - Competition
  - Physical and Mental Strength
- Sense of Culture, Community and Belonging

STUDENT LE	ADERSHIP		
Student Council Student Service Board	The Student Council/Student Service Board is instrumental in planning spirit days, service projects and fundraisers with benefits to children, animals in need, school, community, our U.S. troops and the world. Representatives possess leadership qualities, work successfully with groups and communicate effectively.	Grades 4-5  Lunchtime meetings and various activities throughout the day	Lisa Owen Ellen Wozny
LEARNING A	CTIVITIES AND CONTESTS		
Illinois Council of Teachers of Mathematics	This opportunity involves both an individual and a group contest to sharpen deductive reasoning and creative problem solving within mathematics.	Grades 3-5 Lunchtime sessions	Ellen Wozny
Spelling Bee	This opportunity encourages students to work with challenging words. This contest involves a written component to determine those students who move on to the next level.	Grades 3-5 Lunchtime sessions	Ellen Wozny
Geography Bee	This contest challenges students to build their knowledge of world geography in an exciting way.	Grades 4-5 Lunchtime sessions	Ellen Wozny
ART			
Draw Squad	The nation-wide club consists of 15 fun, enriching, sequential lessons designed to help build each student's confidence in their drawing skills while strengthening their fine motor muscles. Student outcomes include improved drawing skills, understanding of three-dimensional drawing techniques, and a positive attitude and perspective towards the arts.	Grade 3  12:05 - 12:35 p.m. on Tuesdays (Lunch TDPE)	Mike Divelbiss
Advanced Draw Squad	The nation-wide club consists of 15 fun, enriching, sequential lessons designed to help build each student's confidence in their drawing skills while strengthening their fine motor muscles. Student outcomes include improved drawing skills, understanding of three-dimensional drawing techniques, and a positive attitude and perspective towards the arts.	Grade 4  12:05 - 12:35 p.m. on Wednesdays (Lunch TDPE)	Mike Divelbiss

Art Studio	This club is designed for our school's most talented and dedicated artists. Each member has completed the 30 lessons of	Grade 5 12:05 - 12:35	Mike Divelbiss
	Draw Squad and has earned the opportunity to work on more advanced art projects. STudents use high quality art materials to create technically challenging art pieces. The group of artists is also responsible for adding artistic beauty to our school by creating school murals, mosaics and carefully designed painted furniture.	p.m. on Wednesdays (Lunch TDPE)	
Additional Fine Arts Activities for Students	Fine Arts Show - all students Artsonia Online Art Gallery - all students Chinese New Year Parade and Celebrate - Gra Empty Bowls Project - Grade 5 Stage Crew for Musicals - Grades 4 & 5 Open Art Room - all students	ade 1	Mike Divelbiss
MUSIC			
Choir	Brook Forest Choir affords fourth and fifth-grade students an opportunity to sing in unison, two and three-part choral music outside of the general music class. Choral concepts including proper breathing, phrasing, good posture, blending voices, pitch matching and following the choral score are taught	Grades 4-5  8:05 - 8:35 a.m. on various Wednesdays  12:05 - 12:35 p.m. on Fridays	Lauretta Sterner
Fourth & Fifth Grade Musical	The spring musical is an auditioned activity. Students practice reading, delivering and memorizing lines and movements on stage (blocking), learning musical numbers and with choreographed movement, and begin developing a stage presence for performance in front of an audience.	Grades 4-5  Various Rehearsal Days/Times January - April	Lauretta Sterner
Second & Third Grade Musical	The annual December musical is a showcase for the talents of our primary students. The performers sing in groups with choreography and some speaking parts.	Grades 2-3  Rehearsals during music class	Lauretta Sterner
Music in Motion	The kindergarten and first-grade students entertain parents and guests with singing, chanting and all-around love for music	Grades K-1 Rehearsals	Lauretta Sterner

	during this daytime performance in May.	during music class	
Band	We have a fifth-grade Beginning Band at Brook Forest. By studying music through the band program, students learn lifelong skills in creativity and musicianship, musical literacy, teamwork, expression, self-discipline, hand/eye coordination, listening, leadership, critical thinking and multitasking.	Grade 5  8:05 - 8:35 a.m. on Tuesdays and Thursdays for ALL BAND  Content lessons are 12:05 - 12:35 p.m. Monday - Thursday	Lauretta Sterner
SCIENCE AND	MATH CLUBS		
Grade 3 Science Club	An introductory dissection course exposes students to the internal and external anatomy of invertebrates. Each participant receives his or her own equipment and animal kit (3rd graders explore Grasshoppers and worms).  Rockets consist of ready-to-fly rockets which student build and launch	Grade 3 8:05 - 8:35 a.m. for three weeks in the fall and winter terms.	Andrew Griffith
Grade 4 Science Club	The 4th grade dissection course exposes students to the internal and external anatomy of vertebrates. Each participant receives his or her own equipment and animal kit (4th graders explore the frog).  Rockets at this level consist of skill level one designs with an emphasis on altitude and wind direction.	Grade 4  8:05 - 8:35 a.m. for three weeks in the fall and winter terms.	Andrew Griffith
Grade 5 Science Club	An advanced dissection course exposes students to the internal and external anatomy of invertebrates. Each participant receives his or her own equipment and animal kit (5th graders explore the crayfish and squid).  The rockets at this level are beyond level one, with an emphasis on design for flight stability.	Grade 5 8:05 - 8:35 a.m. for three weeks in both fall and winter terms.	Andrew Griffith

Lego WeDo Robotics	Students build working robots out of Legos in order to solve problems and answer questions that involved engineering. Working with a team, students build a variety of machines over a course of 15 weeks.	Grades 3-4 8:05 - 8:35 a.m. on Fridays	Adam Nicholson
ATHLETICS A	AND PHYSICAL FITNESS		
Cross Country	Students participate in a running program that is geared toward achieving personal bests while running one mile. Students set goals and work to accomplish them in a team-supporting atmosphere	Grade 5  3:25 - 4:15 p.m. from Labor Day to Columbus Day	Todd Beyer
Basketball	Students play intramural basketball games with their peers in a fun, non-competitive atmosphere.	Grade 5 3:25 - 4:15 p.m. January and February	Todd Beyer
Fun with Volleyball	Students and Brook Forest staff are split into teams and play volleyball.	Grade 5 3:25 - 4:15 p.m. April	Todd Beyer
Additional P.E. Activities for students	Health & Fitness Week (Jump Rope for Heart Olympic Day and Nutrition Fair - all students Mileage Club - all students Nutrition Stars - all students		Todd Beyer
Lunchtime TDPE Flag Football (fall) Softball (spring) Mileage Club Capture the Flag	Students in grades 3-5 are encouraged to join organized activities. All students participate in Mileage Club and many play a tagging game called Capture the Flag when other activities are not scheduled. If students are unable to go outside due to inclement weather, Coach Beyer teaches students the art of cup stacking and then organizes them into a tournament	Grades 3-5 12:10-12:30 p.m. Daily	Todd Beyer Andrew Griffith
VISUAL PROI	DUCTIONS		
Broadcast Club	This is an introductory course where students will be part of a production crew that creates one episode of "The Dolphin News" per month. Each episode will be around 10 minutes long and will highlight things that happened that month at Brook	Grades 3 - 5 8:05 - 8:35 a.m. for 8 weeks on Mondays and Wednesdays	Courtney Whittaker

	Forest. Students will be split into teams and may rotate or try different parts off the production crew.	Grade 5 - September & October Grade 4 - November, December and January Grade 3 - February, March and April
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