










May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 May Day & Mother Goose Day	2 Play with your dog or cat!	3 National Teacher's Day 	4 Mix red & white paint. What color does this make?
5 Cinco de Mayo Eat tacos for lunch today. 	6 Clean-up day. Pick up litter in your neighborhood.	7 Show your child their baby pictures.	8 Help mom make the beds today.	9 Give mom a big hug & kiss!	10 Practice saying your phone number.	11 Make a card for your mom. (see back)
12 Mother's Day 	13 Read your two favorite books tonight.	14 Help pick up sticks in your yard. Put them in a big pile.	15 Do the Hairy Harry craft. (see back)	16 Go on a bug hunt. How many can you find? 	17 Help make a bedtime snack.	18 Armed Forces Day 
19 Play catch with a ball. Use different size balls. 	20 Make the fruit kabob receipt. (see back)	21 Take a walk and collect flowers.	22 Draw a picture of the trees and flowers.	23 Sort red, white and blue things.	24 Practice skipping.	25 "Paint" the house, sidewalk or garage with water.
26 Go for an ice cream treat tonight.	27 Memorial Day 	28 Practice jumping rope. 	29 Find something pink in your house.	30 Sing the Flower Song (see back)	31 Help make dinner tonight.	

Let them do it

Let them sing

RELAXING FLOWERS

Five little flowers (Hold up five fingers)
Standing in the sun;
See their heads nodding
Bowing, one by one. (Bend fingers one at a time)
Down, down, down
Falls the gentle rain (Flutter fingers in the air)
And the five little flowers



kids in the kitchen



FRUIT KABOBS

Ingredients: bananas, apples, grapes, pineapple chunks, toothpicks

Slice bananas, wash grapes, and cut apples into chunks. Take one of each kind of fruit and stick it on the toothpick. Have fun with your child creating different patterns of fruit used for the kabobs. If your child has a favorite fruit don't forget to include

Craft corner

HAIRY HARRY

Have children draw a face on a Styrofoam cup. Fill with soil and plant grass seed. Water soil and place in the sun. Water as needed as soon as the grass starts to grow. When the grass is long enough it will look like Harry has hair!

"Hairy Harry, his face was so scary; his hair was a fright you know! We planted the seed, it grew like a weed, but it's really grass that will grow!"

HAPPY MOTHER'S DAY

Have your child leave a handprint with this special note for a memorable Mother's Day gift.

Sometimes you get discouraged because I am so small, and always leave my fingerprints on furniture and walls. But every day I am growing – I'll be grown up someday, and all those tiny handprints will surely fade away. So here's a final handprint just so you can recall, exactly how my fingers looked when I was very small.



HAPPY MOTHER'S DAY



ADDITIONAL IMPORTANT INFORMATION

WIC program [Women, Infants and Children] 1-800-942-9467

SSI-D / SSA [Supplemental Security Income Disability / Social Security Administration] You can complete some or all of the forms online or call our toll-free number, 1-800-772-1213 to schedule an appointment and we will help you in person or by phone. You can apply for disability benefits online at www.socialsecurity.gov/applyfordisability. You can find the most convenient Social Security office at www.socialsecurity.gov/locator/

CHIPS [Children's Health Insurance Program] 1-800-986-5437

For MA or food stamps:

Crawford County Assistance Office

1084 Water Street
P.O. Box 1187
Meadville, PA 16335

Toll Free: 1-800-527-7861
Phone: 814-333-3400
LIHEAP 814-333-3400

Erie County Assistance Office

1316 Holland Street
P.O. Box 958
Erie, PA 16512

Toll Free: 1-800-635-1014
Phone: 814-461-2000
LIHEAP 814-461-2002

Warren County Assistance Office

300 Hospital Drive, Suite E
Warren, PA 16365

Toll Free: 1-800-403-4043
Phone: 814-723-6330
LIHEAP 814-726-2540

If you have questions or concerns about your child's development please contact for a free screening:
Early Childhood Intervention Program
Northwest Tri-County Intermediate Unit
252 Waterford Street Edinboro, PA 16412
814-734-5610 ext. 8461 or 1-800-677-5610 ext. 8461