<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>1 Celebrate Friendship Day! Call someone you like.</td>
<td>2 Teach your child how to lick an ice cream cone.</td>
<td>3 Help water the garden today.</td>
<td>4 Schedule an annual physical if you have not already done so.</td>
<td>5 Use a flashlight to find worms for the fishing trip tomorrow.</td>
<td>6 Take your child fishing today.</td>
<td>7 Go to the beach today.</td>
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<td>8 Play “Go Fish” together.</td>
<td>9 Make a blanket tent and pretend to camp.</td>
<td>10 Wear something purple today.</td>
<td>11 Watch a movie and eat popcorn together. Watch it outside if possible.</td>
<td>12 Make the Waves craft. (See page 2)</td>
<td>13 Take a nature walk together.</td>
<td>14</td>
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<td>15 Eat some Watermelon and plant the seeds.</td>
<td>16 Make the Aquarium Jell-O today. (See page 2)</td>
<td>17 Clean all washable toys outside in tubs of water. Which ones float?</td>
<td>18 Sing the Fishing Song together. (See page 2)</td>
<td>19 Make a campfire and eat S’mores.</td>
<td>20 Begin back to school shopping today. Let them choose a backpack.</td>
<td>21 Take your family to visit a local zoo today.</td>
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<tr>
<td>22 Pick a vegetable from the garden today. Have it for snack time.</td>
<td>23 Visit a local county fair. Be sure to see all of the animals.</td>
<td>24 Start preparing your child for school. Enforce an early bedtime.</td>
<td>25 Practice pedaling a bicycle.</td>
<td>26 Find a fish story at the library today. “Read” it to each other.</td>
<td>27 Wash the car together.</td>
<td>28</td>
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<td>29 Have a skipping race today!</td>
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</tbody>
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LET THEM DO IT

LET THEM SING
“Fishing Song”
Have you ever been a fishing' (clasp hands and pretend to throw out a line)
On a bright and sunny day (make circle above the head with arms)
Seeing all the little fishes (wiggle hands like fish)
Swimming up and down the bay? (make hands go up then down)
With their hands in their pockets (pretend to put hands in front pockets)
And their pockets in their pants (pretend to put hands in back pockets)
Have you ever seen the fishes do the Hoochie-Koochie dance? (put hands on hips and wiggle)

KIDS IN THE KITCHEN
“Aquarium Jell-O”
Ingredients: 1 package blue or green sugar-free Jell-O,
1 cup boiling water
1 cup cold water
24 gummy fish

Instructions:
1. Make Jell-O according to package directions.
2. When Jell-O is slightly cooled, divide it among 6 plastic cups.
3. Add 3 or more gummy fish to each cup.
4. Refrigerate cups for 2 hours until Jell-O is firm.
5. At serving time, top with whipped cream to form “surf”.

CRAFT CORNER
“Making Waves”
You will need: 1 twelve ounce plastic bottle with a screw on lid
6 ounces of cooking oil
6 ounces of vinegar
blue food coloring
glitter or plastic confetti
a funnel and strong glue.

Instructions:
1. Wash and dry the bottle and peel off any labels.
2. Using the funnel, pour in the cooking oil then pour in the vinegar. (The oil will go to the top and the vinegar will settle at the bottom.
3. Add several drops of food coloring.
4. Add glitter, plastic confetti or plastic toys to add sparkle and movement.
5. Using the glue, seal the cap securely to prevent leakage.
6. The child can shake the bottle to “make waves”.

WORDS OF WISDOM: A new school year is rapidly approaching. Don’t forget to schedule an annual physical for your child and be sure to update any needed immunizations.

If you have any questions or concerns about your child’s development please contact:
The Early Childhood Intervention Program
252 Waterford Street, Edinboro, PA 16412
1-800-677-5610 or 814-734-5610