# September 2021

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>1 Help your parent with school shopping.</td>
<td>2 Start going to bed earlier to get ready for school.</td>
<td>3</td>
<td>4 Practice brushing your hair.</td>
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<td>5</td>
<td>6 Labor Day</td>
<td>7 Play the Hokey-Pokey and name body parts.</td>
<td>8 Wear something YELLOW today.</td>
<td>9 Do the Body Art Craft. (See page 2)</td>
<td>10 Enjoy a picnic together today.</td>
<td>11 Sing “Look It’s Me” (See page 2)</td>
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<td></td>
<td>Have a picnic inside if the weather is poor.</td>
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<td>12 Happy Grand-Parents Day!</td>
<td>13</td>
<td>14 Talk about feelings. Happy, sad, mad, scared.</td>
<td>15 Do the Body Art activity (See page 2).</td>
<td>16 Help with the grocery shopping and putting them away.</td>
<td>17 Practice counting school buses going by your house.</td>
<td>18 Bake the Hand Cookies (See page 2)</td>
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<td>19 Eat YELLOW fruits and vegetables today.</td>
<td>20 Go play Mini Golf.</td>
<td>21 First Day of Fall!!</td>
<td>22 Practice your child’s first and last name.</td>
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<td>26 Find YELLOW objects in the house or outside.</td>
<td>27 Read a favorite bedtime story tonight.</td>
<td>28 Sing “That’s Me Complete” (See page 2)</td>
<td>29 Invite a new friend from school over to play.</td>
<td>30 Draw a self-portrait.</td>
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</table>
LET THEM DO IT

LET THEM SING

“That’s Me, Complete”
I have ten little fingers and ten little toes (hold up)
Two little arms and one little nose (raise)
One little mouth and two little ears (point)
Two little eyes for smiles and tears. (smile)
One little head, and two little feet. (shake)
One little chin and that’s ME complete! (hold arms up)

“Look, It’s Me” (Let your child hold a mirror and look at themselves)
Look in the mirror.
Who do you see?
It’s someone special.
Look, it’s me!

KIDS IN THE KITCHEN

“Hand Cookies”
You will need one roll of refrigerated cookie dough or make your own batch using your favorite sugar cookie recipe. Roll out the cookie dough. Place your child’s hand on the dough and trace around it. Cut out hand shapes and using a toothpick write your child’s name on the hand cookie. Bake according to recipe directions. Let your children decorate.

CRAFT CORNER

“Body Art”
You will need: crayons, a large roll of butcher paper, scissors. Spread the paper on the floor and have your child lay down. Trace around their body using a crayon. Have your child color in the body including facial features, hair color and clothing. Have them cut out the body and hang in their room as “body art.” (if you want, make another body art person, cut into pieces and allow your child to reassemble the puzzle. This is good practice for body awareness).

WORDS OF WISDOM: Be sure to let your child know just how special you think they are!!

If you have questions or concerns about your child’s development please contact the:
Early Childhood Intervention Program
Northwest Tri-County Intermediate Unit #5252 Waterford Street, Edinboro, PA 16412
1-800-677-5610 or 814-734-5610