

# JANUARY 2019

## Steel Valley School District

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

No School –

**New Years Day**

**Pick Any 2 Items**

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick Any 2 Items**

Muffin Top Variety or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Pop Tart Variety  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick Any 2 Items**

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Mini Breakfast Bread  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Breakfast Pizza  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Frudels  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Goodyring Donut  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick Any 2 Items**

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Muffin Variety  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Pancake/Sausage  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Cinnamon Twist  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

No School –

**Clerical Day**

No School –

**Martin Luther King Jr Day**

**Pick Any 2 Items**

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Funnel Cake  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Filled Crescent Roll  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Mini Donuts  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick Any 2 Items**

Yogurt or Graham Crackers or Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Honey Bun  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Breakfast Pizza Bagel  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

**Pick One Item**

Assorted Bread Slice  
**Or Pick Any 2 Items**  
Cereal Bowl or Cereal Bar

Fruit Variety, Milk

DID YOU KNOW...  
January's gem is garnet which represents constancy.

### Breakfast Menu

Make sure your child eats breakfast. Breakfast provides children with the energy they need to listen and learn in school. There are many studies that have proven the importance of breakfast and how well your child does in school.

**Be sure your family fuels up with a healthy breakfast everyday!**

### Cafeteria News

ALL Students  
**Free** under CEP.

*Please note that all extras & a la carte are NOT part of the CEP, you will have to have money on your account to purchase those items.*