

JANUARY 2019

Steel Valley High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School –
New Years Day

1
Chicken
Nuggets/ roll
Cheeseburger

French Fries,
Broccoli, Fruit Variety,
Milk

2
Chicken Patty
Spicy Chicken
Italian Hoagie

Baked Beans, French
Fries, Fruit Variety,
Milk

3
Cheese or
Pepperoni French
Bread Pizza
Breaded Chicken
w/ roll

Sliced Carrots, Side
Salad, Fruit Variety

4
Chicken Patty
Spicy Chicken
Meatball Hoagie

Potato Wedges,
Broccoli, Fruit Variety,
Milk

5
Cheeseburger
Chicken Parm
Hoagie
Cheese Ravioli
w/ garlic breadstick

Green Beans, Carrots
Fruit Variety, Milk

6
Cheese Pizza
Mexican Pizza
Beef Soft Taco

Fiesta Black Beans
Corn, Fruit Variety,
Milk

7
Chicken Patty
Spicy Chicken
Sausage, Egg, &
Cheese Bagel

Tater Tots, Celery
Fruit Variety, Milk

8
Cheese Pizza
Pepperoni Pizza
Grilled Cheese

Tomato Soup, Side
Salad, Fruit Variety,
Milk

9
Chicken Patty
Spicy Chicken
Corn Dog

Curly Fries, Baby
Carrots, Fruit Variety,
Milk

10
Cheeseburger
Chicken Sticks
with roll
Chicken Alfredo w/
garlic bread

Broccoli, Cucumber,
Fruit Variety, Milk

11
Cheese Pizza
Buffalo Chicken
Pizza
Walking Taco

Fiesta Black Beans,
Celery, Fruit Variety,
Milk

12
Chicken Patty
Spicy Chicken
Pulled Pork
Fry Boat

Corn, Side Salad,
Fruit Variety,
Milk

13
No School –
Clerical Day

14
No School –
Martin Luther King
Jr Day

15
Cheeseburger
Chicken
Tenders/roll
Mac & Cheese Bowl

Potato Wedges,
Celery, Fruit Variety
Milk

16
Cheese Pizza
Mexican Pizza
Beef & Cheese
Nachos

Fiesta Black Beans
Cucumber Slices,
Fruit Variety, Milk

17
Chicken Patty
Spicy Chicken
Bacon, Egg, &
Cheese Croissant

Hashbrowns, Carrots,
Fruit Variety, Milk

18
Cheese Pizza
Chicken Bacon
Pizza
Chicken
Quesadilla w/salsa

Corn, Side Salad
Fruit Variety, Milk

19
Chicken Patty
Spicy Chicken
Pulled Pork
Hoagie

French Fries, Baked
Beans, Fruit Variety,
Milk

20
Cheeseburger
Chicken
Nuggets/ roll
General Tso's
Chicken w/ rice

Broccoli, Baby Carrots,
Fruit Variety, Milk

21
Cheese Pizza
Meat Lover's
Pizza
Popcorn
Chicken/roll
Mashed Potatoes &
gravy, Peas, Fruit
Variety, Milk

22
Chicken Patty
Spicy Chicken
French Toast
w/sausage & syrup
Hashbrowns, Celery
Sticks, Fruit Variety,
Milk

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

Lunch Menu

First Day back for
students:
**Wednesday,
January 2nd**

Breakfast is FREE to
ALL students. Make
sure to check out the
menu for the daily
selection plus standard
grab and go items. We
are open from
7:20 – 7:45 every day.

Cafeteria News

ALL Students
Free under CEP.

*Please note that
all extras & a la
carte are NOT
part of the CEP,
you will have to
have money on
your account to
purchase those
items.*