

1st Grade
Recommended Daily Schedule

Time is built in to allow for breaks between the activities below. Students can visit GoNoodle and dance (<https://app.gonoodle.com/login>)!

Subject	Activity	Time
Breakfast	Wash your hands good and eat	20 minutes
Reading	Read to a stuffed animal, sibling, or pet!	15 minutes
Reading	IXL	25 minutes
Math	IXL	25 minutes
Gym	Exercise / Run Around	20 minutes
Writing	Journaling / Creative Writing	20 minutes
Art	Draw	15 minutes
Reading / Library	Silent Read	20 minutes
Lunch	Wash your hands good and eat	30 minutes
Recess	Play / Run Around	30 minutes
Math	First in Math	40 minutes
Music	Listen to Music / Sing / Dance	15 minutes
Science / Social Studies	See what the eagles are up to: https://www.csecorporation.com/Pittsburgh-Hays-Bald-Eagle-Cam	10 minutes
Reading	Journaling / Creative Writing	20 minutes
Reading / Library	Read to a stuffed animal, sibling, or pet!	15 minutes