



BUILDING RELATIONSHIPS WITH TOMORROW'S LEADERS  
**WE ARE SD81**

SD81 Board of Education  
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## UPDATED SD81 COVID-19 POLICIES

January 25, 2021

Dear SD81 Learning Community,

As we continue our contact tracing efforts, we ask that you pay careful attention to any symptoms you or someone in your family may exhibit. Many people who are diagnosed with COVID-19 have at least one symptom of the virus. Stay home or keep your child home when experiencing one or more of the following:

- Fever (100.0°F or higher)
- New onset of moderate to severe headache
- New cough, sore throat
- New congestion/runny nose
- Vomiting, diarrhea and nausea
- Abdominal pain from unknown cause
- New loss of sense of taste or smell
- Muscle or body aches
- Shortness of breath

As a reminder, if anyone in your household is experiencing a COVID-19 symptom, all household members must quarantine until:

- A negative RT-PCR test is obtained by the person exhibiting symptoms OR;
- 10 days have passed since symptom onset OR;
- A physician's note with an alternative diagnosis is provided and must indicate illness is NOT COVID-19.

### **District 81 Travel Policy for Returning to In-person Instruction:**

The CDC and IDPH recommends a 10-day quarantine period after traveling, provided that all families/individuals talk to the nurse BEFORE returning to in-person instruction. An individual will be able to return if they are cleared by the nurse. If not cleared, a 14-day quarantine will be in place, and individuals may return to in-person learning provided they are symptom-free.

District 81 will continue to respond to any COVID-19 cases for in-person instruction when necessary. Communication regarding positive cases will be shared directly with close contacts and impacted classrooms/bus routes. Positive cases are also noted on our COVID-19 dashboard on the district website.

Please continue to contact the school with all possible COVID symptoms and positive cases. Thank you for your part in following School District 81's COVID-19 policies as we work together to keep everyone safe and our schools open.

Sincerely,

*Jeanne Keifer*

Jeanne Keifer RN, CSN-PEL

District 81 Nurse

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