

ICC ATHLETICS REOPEN PLAN

INDEPENDENCE COMMUNITY COLLEGE – FALL SPORTS



TABLE OF CONTENTS

I. Letter to Student-Athletes from Athletic Director	3
II. Phased Approach	4
Phase III-A: July 5.....	4
Phase III-B: July 5 – 7.....	4
Phase III-C: July 7 – 31.....	4
Phase III-D: August 1.....	4
Campus Phase Out: Target Date of August 8.....	4
III. General Safety Practices	5
Roster Spots and Walk Ons.....	5
Face Masks.....	5
Physical Distancing.....	5
Athletic “Pods”	5
Personal Sanitation Measures.....	5
Cleaning and Disinfecting Protocols.....	5
IV. Medical Assessment and Monitoring	6
Travel Pre-Screening.....	6
Tulsa Airport Screening and Shuttle Service.....	6
Campus Entry Screening	6
COVID-19 Testing	6
Daily Screening	6
Quarantine and Isolation Protocol	7
V. Facilities	7
Facility and Equipment Access for Voluntary Activities.....	7
Athletic Training Room (ATR) and Water Service.....	7
Weight Room (Voluntary and Involuntary Activities).....	8
Cafeteria	8
Meeting Rooms.....	8
Laundry	8

I Letter to Student-Athletes from the Athletic Director

Dear Prospective Fall Student Athlete,

You have been approved to return to campus on July 5, 2020 to move into campus housing and use available campus services until August 7, 2020. This will allow you to participate in any voluntary or involuntary activities for your sport and use ICC campus services during this time.

To continue to use campus services and participate in athletic activities, effective August 8, 2020, you must be identified by the Athletic Director and approved by the Vice President of Student Affairs. If you are not approved to continue to live in the dorm, you will be informed no later than August 3, 2020. Please plan accordingly.

For the remaining time until August 7, 2020, your approval is subject to cancellation at any time. If your approval is cancelled, you will be responsible for any incurred costs, thereafter, including food, lodging, return travel, remaining lease, and remaining campus meal plan.

Immediate cancellation of approval may be warranted, but not limited to the below situations:

- (1) COVID-19 symptoms or temperature greater than 100.3, prior to campus entry
- (2) Positive COVID-19 test, at any time
- (3) Violation of quarantine protocol, at any time
- (4) Abandonment of daily screening protocol, for any reason.
- (5) Campus closure
- (6) Negligence of protocol, as defined by ICC Roadmap to Reopen or ICC Athletics Reopen Plan
- (7) ICC Code of Conduct violation, as determined by office of Vice President of Student Affairs

Student health and safety is our number one priority. Please read the following plan to understand our steps to mitigate the risks of COVID-19, in accordance with CDC, KDHE, NJCAA, and KJCCC guidelines and other best practices. Your commitment is key to a safe and successful fall sport season.

IF ANY OF THE INFORMATION IN THIS DOCUMENT IS NOT AGREEABLE, YOU SHOULD NOT TRAVEL TO CAMPUS.

Thank you,

Eric Figurski
Athletic Director
Independence Community College

II Phased Approach

Independence Community College policies, plans, and target dates to allow student-athletes the safest opportunity to participate are aligned with the latest guidance from the Centers for Disease Control and Prevention (CDC), Kansas Department of Health and Environment (KDHE), National Junior College Athletic Association (NJCAA), and Kansas Jayhawk Community College Conference (KJCCC), as well as many other COVID-19 mitigation best practices. Additional specific policies developed for ICC athletic activities are primarily informed by the references noted below.

NOTE: All policies, plans, and target dates are subject to change based on ongoing monitoring of the situation.

[NJCAA COVID-19 Update – The Path for 2020-21 Fall Sports](#)

[NJCAA COVID-19 Update – Safety Protocol Recommendations](#)

[NFHS / SMAC – Guidance for Opening Up High School Athletics and Activities](#)

[NCAA, Sport Science Institute - Core Principles of Resocialization of Collegiate Sport](#)

[NSCA; Covid-19 Return to Training, Guidance on Safe Return to Training for Athletes](#)

[Independence Community College Return to Campus Plan](#)

a. Phase III-A: July 5 (Return to Campus)

- Independence Community College will allow prospective NJCAA Fall student-athletes, as identified by Athletic Director, and approved by Vice President of Student Affairs, to move onto campus, on July 5, 2020. Students that have not received prior approval, including prospective walk-ons, will be rejected from campus housing and services. Students with approval must follow processes listed in this document under Medical Assessment and Monitoring. Specifically, students will be rejected from campus services or entry, if they exhibit COVID-19 symptoms or temperature above 100.3. **If rejected, students will be responsible for any incurred costs, including food, lodging, or return travel.**

b. Phase III-B: July 5 – July 7 (Quarantine / COVID – 19 Testing)

- Students will be quarantined upon arrival to campus while COVID-19 tests are administered by local healthcare provider and results are reported. Student-athletes that do not have COVID-19 will be moved to Phase III-C. Student-athletes that have COVID-19 will be placed into isolation and follow protocol identified in this document, under Medical Assessment and Monitoring. Students that travel from states identified by KDHE will be quarantined for 14 days, following KDHE mandate.

c. Phase III-C: July 7 – July 31 (Fall Sport Voluntary Offseason Athletic Contact)

- Following clearance in Phase III-B, ICC Fall sport student-athletes will be permitted to participate in voluntary offseason athletic contact in accordance with NJCAA bylaws (NJCAA Article VII, Section 2.A.3) and guidance listed in this document and ICC Return to Campus Plan.

d. Phase III-D: August 1: (Fall Season Start)

- ICC Fall sport student-athletes will be permitted to participate in Fall practices in accordance with NJCAA bylaws and guidance listed in this document and ICC Return to Campus Plan.

e. Campus Phase Out: August 8 (ICC Student Body Return)

- ICC campus operations will begin Phase Out guidelines, as listed in ICC Roadmap to Reopening.
- ICC Fall sport student-athletes will maintain athletic operations, as listed in this document.

III General Safety Practices

a. Roster Spots and Walk-Ons

- Independence Community College will allow prospective NJCAA Fall student-athletes, as identified by Athletic Director, and approved by VPSA, to move onto campus, on July 5, 2020. Students that have not received prior approval, including prospective walk-ons, will be rejected from campus housing and services upon arrival and responsible for their own return travel. A walk on tryout is scheduled for August 10, 2020.
- Please follow our Football Twitter Account (@DreamU_IndyFB) for more information.

b. Face Masks

- All students and staff will be provided with two re-usable cloth face masks.
- Student-athletes and athletic staff are required to wear face masks in accordance with KDHE and ICC Policy.
- All students, faculty, staff and visitors - including contractors and vendors - must wear face coverings over their mouths and noses while on ICC campuses, in all hallways, public spaces, classrooms and other common areas of campus buildings, and when in offices or other work spaces or outdoor settings when 6-foot social distancing cannot be maintained, including inside offices or outdoors on campus.
- If an individual has a health condition that prevents them from being able to wear a face mask/shield, Athletic Director or Human Resources should be contacted.

c. Athletic “Pods”

- Student-athletes will meet and / or train in consistent pods, according to position groups with approximately 30 student-athletes, or less, per pod. Documentation of pods will be kept for contact tracing.
- All athletic-related activities will be scheduled in a way to reduce interactions between multiple pods, and to limit the number of individuals entering and exiting in the same time period.

d. Physical Distancing

- All organized activities shall be limited to approximately 30 student-athletes, according to above pods.
- Activities will be held outdoors or in rooms that can best accommodate physical distancing.
- The weight room has been split into two rooms and limited to approximately 15 student-athletes per room.
- Traffic flow plans have been established for all high-traffic areas.

e. Personal Sanitation Measures

- All student-athletes will be reminded to wash their hands as much as possible, especially prior to and after using equipment, receiving medical treatment, and before and after workouts. Alcohol-based hand rub (ABHR) should be used frequently and will be readily available throughout all campus facilities. Student-athletes that do not practice good personal hygiene may be prohibited from participating in activities.

f. Cleaning and Disinfecting Protocols

- The College has implemented significant cleaning and disinfecting measures which will be coordinated by ICC Maintenance / Facilities Staff and ICC Athletics Staff. Deep cleaning has recently occurred in all campus facilities. Additionally,
 - Daily cleaning will be completed by ICC Maintenance, in accordance with CDC guidelines.
 - An electrostatic disinfecting sprayer will be used in high traffic areas.
 - Following each use, all facilities and equipment will be disinfected by athletics staff.
 - Additional cleaning measures will be taken if the College is notified that an individual with a positive diagnosis of COVID-19 was, or currently is, on campus.

IV Medical Assessment and Monitoring

a. Travel Pre-Screening

- Prior to departing for ICC, student-athletes are required to have completed (1) primary insurance verification, (2) up-to-date physical / medical history form, and (3) NJCAA COVID-19 Screening Form (on day of travel). Students that exhibit any COVID-19 symptoms or temperature above 100.3 **SHOULD NOT DEPART FOR ICC**. Students that arrive at airport or campus with COVID-19 symptoms or temperature above 100.3 **will be rejected from campus shuttle or entry and responsible for all costs for return travel.**
- All students are strongly encouraged to wear face mask while traveling.

b. Tulsa Airport Screening and Shuttle Service

- A shuttle service will be provided for all students that fly into Tulsa Airport that do not exhibit COVID-19 symptoms or temperature above 100.3. Shuttle capacity will be limited to provide adequate physical distancing. An electrostatic disinfecting sprayer will be used between each shuttle use. Shuttles will be documented for contact tracing.
- Upon arrival at Tulsa Airport, ICC staff member will provide students with two reusable masks and require students to wear mask immediately. ICC staff member will screen student, using NJCAA COVID-19 Screening Form and contactless thermometer.
 - Students that do not exhibit any COVID-19 symptoms or temperature above 100.3 will be permitted to ride in shuttle to campus.
 - Students that exhibit any symptoms or temperature above 100.3 will not be permitted to ride shuttle. ICC Staff Member will assist student with return plans and / or lodging. Student will be responsible for any incurred costs.

c. Campus Entry Screening

- For students that do not utilize Tulsa Airport shuttle service, ICC staff member will provide students with two reusable masks upon arrival at campus entry point and require students to wear mask immediately. ICC staff member will screen student, using NJCAA COVID-19 Screening Form and contactless thermometer.
 - Students that do not exhibit any symptoms or temperature above 100.3 will be permitted to enter and placed into quarantine until COVID-19 test and results.
 - Students that exhibit any symptoms or temperature above 100.3 will be not be permitted to enter campus. ICC Staff Member will assist student with return plans and / or lodging. Student will be responsible for any incurred costs.

d. COVID-19 Testing

- All student-athletes will be required to complete a COVID-19 test to be cleared from initial quarantine.
- All student-athletes and athletic staff will be tested through partnership with local healthcare provider.
- Students may be billed for COVID-19 test, according to student's required primary insurance.
- Students that test positive for COVID-19 will be immediately placed into isolation protocol.
- Students that test negative for COVID-19 will be cleared from quarantine protocol.
- Students that traveled from states identified by KDHE will continue quarantine protocol for 14 days, following KDHE mandate, even with a negative COVID-19 test.

e. Daily Screening

- Students, staff, and visitors will be screened by ICC Staff Member, daily, prior to any campus or athletic activity (voluntary or involuntary). ICC staff member will screen student-athlete, using NJCAA COVID-19 Screening Form and contactless thermometer. All students will have temperature checked at high traffic areas, such as cafeteria, as identified in ICC plan. If person exhibits symptoms, or temperature above 100.3,

he/she will be immediately placed into isolation protocol, subject to further review by local healthcare provider. Said person will be responsible for any incurred healthcare costs.

- If there is a confirmed case, confirmed exposure, potential exposure, or illness associated with COVID-19, the person's on and off-campus history will be tracked, reported, and further screening and isolation / quarantine protocol may occur.
- If student is cut or suspended from team, student is personally responsible for continuing to participate in daily screening protocol by ICC Staff Member, as identified by ICC.

f. Quarantine and Isolation Protocol

- If student tests positive for COVID-19, exhibits symptoms, or has temperature above 100.3.
 - Student will be immediately placed into isolation protocol, subject to further review by local healthcare provider. Student will be responsible for any incurred healthcare costs.
 - Student may be required to return home. Student will be responsible for any incurred costs, including food, lodging, return travel, remaining lease, and remaining campus meal plan.
 - Student may be permitted to quarantine or isolate on campus, as capacity permits with approval from VPSA, for two weeks, and may be subject to COVID-19 test, to resume athletic participation (voluntary or involuntary). Campus services, including meals, will be available, remotely.
 - If student violates quarantine, student will forfeit campus housing and services, effective immediately, and will be responsible for any incurred costs, including food, lodging, return travel, remaining lease, and campus meal plan.

V Facilities

a. Facility and Equipment Access for Voluntary Activities

- Only student-athletes identified and screened as part of the return to campus activities can participate in voluntary activities on campus. Voluntary activities are only permitted at designated and scheduled times.
- Student-athletes will enter at designated entry points and complete the daily screening process.
- Student-athletes must wash their hands immediately prior to engaging in the activity.
- All equipment and facilities will be appropriately cleaned and sanitized daily and between uses in accordance with CDC guidelines.

b. Athletic Training Room (ATR) and Water Service

- Shared water bottle service is prohibited. Each student-athlete will be provided with a refillable water bottle to be filled at designated outside filling station at Southwest Door of ICC Fieldhouse.
- "Carry Out" Ice will be provided from Southwest Door.
- Athletic Trainers will be required to follow "Daily Screening Requirements"
- Athletic Trainers will follow CDC guidelines between treatment.
- The ATR has been expanded to the ICC Fieldhouse floor to allow for physical distancing between treatment.
- ATR will have designated position group treatment times. Individual treatment will be scheduled in fifteen minute appointments with a five minute cleaning window included.
- To reach the ATR, student-athletes will be required to enter the ICC Fieldhouse through the Northwest Door.
- Student-athletes will exit through the Southwest Door.
- Prior to entry of the ICC Fieldhouse, student-athlete will be required to complete a temperature screen. Additional questionnaires will not be required. A temperature above 100.3, or COVID-19 symptoms, will follow guidelines listed in this document under "Daily Screening Requirements".
- Student-athletes that are absent of good hygiene will not be treated.
- Student-athlete will be required to wear facemask to enter ICC Fieldhouse. Surgical gloves will be provided for student-athletes and are required. Physical distancing protocol will be followed unless medical treatment dictates otherwise.

- Hot / cold tub use is prohibited.
 - All daily cleaning, laundry, and sanitization will be completed in accordance with CDC guidelines.
- b. Weight Room (Voluntary and Involuntary Activities)**
- The weight room has been split into two rooms and limited to approximately 15 student-athletes per room.
 - The weight room will be limited to use by a single pod, at a time. All weight room use will be scheduled in a way to reduce interactions between multiple pods, and to limit the number of individuals entering and exiting in the same time period. Outdoor training will be utilized whenever possible.
 - All persons must wash their hands immediately prior to entering the facility.
 - The weight room will be disinfected by athletics staff after each use.
- c. Cafeteria**
- Cafeteria plan to provide physical distancing, traffic flow, and cleaning protocol has been established in partnership with Cafeteria Service Provider, Consolidated Management, Inc., and is listed in ICC Plan.
- d. Meeting Rooms**
- All organized activities shall be limited to approximately 30 student-athletes, according to designated pods.
 - Activities will be held outdoors or in rooms that can best accommodate physical distancing.
 - All meeting rooms, including Cafeteria and Locker Room, will be closed outside of scheduled times.
 - All meetings will be scheduled in a way to reduce interactions between multiple pods, and to limit the number of individuals entering and exiting in the same time period. Traffic flow plans have been established.
- e. Laundry**
- Each student-athlete will be provided two sets of workout clothes and two face masks.
 - Each student-athlete will be required to drop off their individualized laundry “loop” daily for laundry service at scheduled time. Traffic flow and schedules have been established.
 - All towels and apparel will be washed in accordance with recommended CDC guidelines, daily.

For further information, regarding ICC Policies during COVID-19, please review the [Independence Community College Return to Campus Plan](http://www.indycc.edu) at www.indycc.edu.