

COVID-19, or the Coronavirus

Information & Resources for Parents, Guardians, & Other Caregivers

Adults and children alike have questions about the pandemic, especially because the fast-paced nature of the changes we are experiencing is unprecedented. Having accurate and up-to-date information about the virus is important, so please consult the [CDC website](#) for the latest information.

These are some resources you might find helpful in explaining the Coronavirus to members of your family:

- An [infographic](#) from NPR based on interviews with experts
- A [resource](#) on Coronavirus from BrainPOP, including a video appropriate for kids
- [How to Talk to Children about the Coronavirus](#), an article from Harvard Medical School
- [Talking to Teens/Tweens about Coronavirus](#), an article from The New York Times
- [Talking to Children About Coronavirus: A Parent Resource](#), an article from the National Association of School Psychologists
- [Corona Virus Social Story](#) - The Autism Educator
- [Social Story about Coronavirus for people with Autism](#) - Printable social story about COVID1
- [List of education companies offering free subscriptions](#)
- [In-Home Strategies for Time Away from School](#) - Lunenburg Public Schools
- [Dealing with COVID-19](#) - Resources for Special Educators, Therapists, and Families
- [What should the autism community know about the coronavirus outbreak?](#) - Autism Speaks

Numerous articles point to the benefits of establishing a consistent routine. Children appreciate choice and they are reassured by predictability. You know your children best; make a schedule with the needs of your family in mind. Feel free to use this [template](#). Need inspiration? Photographer Jessica McHale created this one for her family. Our own Shelley Hoey, Instructional Coach and Curriculum Coordinator at Floral Street, has also shared [the plan](#) she created for her children. Here is another schedule for [learning from home](#).

COVID-19 DAILY SCHEDULE

© Jessica McHale Photography

Before 6:00am	Wake up	Get dressed, make your bed, get dressed, get PJs in laundry
6:00-7:00	Morning walk	Family walk with the dog (dog if no walking)
7:00-11:00	Academic time	NO ELECTRONICS Sudoku, books, flash cards, study guide, Journal
11:00-12:00	Creative time	Legos, magazines, drawing, crafting, play music, cook or bake, etc.
12:00	Lunch	
12:00PM	Chore time	A - wash all dishes, table and chairs B - wipe all door handles, light switches, and desk tops C - Wipe both bathrooms - sinks and toilets
1:00-2:00	Quiet time	Reading, puzzles, nap
2:00-4:00	Academic time	ELECTRONICS OR board games, Prodigy, Educational show
4:00-5:00	Afternoon fresh air	Drive, walk the dog, play outside
5:00-6:00	Dinner	
6:00-6:00	Free TV time	TV shows of
8:00	Bedtime	All kids
8:00PM	Bedtime	All kids who follow the daily schedule & don't fight

Elementary Activity Calendars

Creativity

Pick and choose from the ideas on this board to practice flexible thinking. To make it into a **habit**, schedule "15 minutes of creativity" into your calendar and try a different exercise each day.

<p>Put on happy music, and make up a dance to go with it. Can you teach your dance to others?</p> 	<p>Think of a funny chant to help remind yourself to wash your hands.</p> 	<p>Watch the clouds from inside or out. Draw them without lifting your pencil. What do you see?</p> 	<p>Imagine your dream job. Then make yourself a business card.</p> 
<p>Take time to draw your favorite object. Do this every day using different materials.</p>	<p>Make an empty toilet paper roll into an animal sculpture</p> 	<p>Write a special note or draw a picture for someone in your house- and hide it. Give them 3 clues to find it.</p>	<p>Fill a glass with water and tap it gently. How does the sound change as you drink it?</p> 
<p>Go outside and find 3 things- make a work of art inspired by nature.</p> 	<p>Try to just daydream for 15 minutes. Then start a journal to keep track of your ideas.</p>	<p>If you could build a dream house, what rooms would it have? Start designing a room.</p> 	<p>Make up new lyrics to a song you love.</p>
<p>If you had to choose a symbol instead of your name, what would you pick?</p> 	<p>Find 1 thing that starts with the first letter of your first name and another thing with the first letter of your last name. Put them together to invent a new thing.</p>	<p>How many different ways can you think of to use a paperclip?</p> 	<p>Find three things in your living room, and stretch your body to match the shape of each thing.</p> 

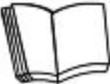
CRITICAL THINKING

Pick and choose from the ideas on the board below if you like solving puzzles. Need inspiration? This clip, called [Caine's arcade](#), shows what one child can do with some extra boxes and time.

<p>Scavenger hunt time. In 5 minutes, how many recycled materials can you find? Create a project space to hold them.</p>	<p>Invent a secret code, share it with a friend and write secret messages back and forth in code.</p>	<p>This is a triangle.  How many triangles are there in this shape?</p>	<p>Read your favorite story. What's a problem in the story? Can you design a solution to the problem using your recycled materials?</p>
<p>How can you make a single sheet of paper hold a bottle of hand sanitizer?</p> 	<p>Imagine you live in a world with only 20 words. You can use these 20 words as much as you want, but you cannot use any other words at all. List your words. Try it!</p>	<p>It's lunch time. Which healthy things will you eat? Draw your balanced plate for tomorrow. Can you plan a menu for the week?</p> 	<p>How many things can you find that are 6 feet long or more?</p> 
<p>Cat, raccoon, squirrel, mouse, fox- how many things do they have in common?</p>	<p>Make a pattern with everyday objects. Now test it. Can someone continue your pattern? XXOLxxoXXOLx...</p>	<p>Change 'sore' to a thorny flower. How many other words can be changed by mixing up all the letters? Do you dare find out? Start a list.</p>	<p>How can you cut and fold a square piece of paper to make a tiny cube?</p> 
<p>If you were to make a time capsule to capture this moment in history, what would you put inside?</p>	<p>How high can you build a spaghetti tower using 5 pieces of pasta and only two pieces of tape?</p>	<p>Collect 5 random objects on a plate and study it. Ask someone to take one away- can you see what's missing? Can you go to 10? How high can you go?</p>	<p>Sky, navy, azure, cerulean, celeste...What do they have in common? Make your own word set.</p>

Communication

Practice making good choices, build your writing and speaking skills, and connect with your community with these activities:

<p>Write a letter to someone far away.</p> 	<p>Write a speech that persuades your parent /caregiver to make your favorite dessert.</p>	<p>Think of your favorite story. Rewrite the story with a different ending. Illustrate it or read it aloud to someone at home.</p>	<p>We are experiencing history. Start a journal or blog and tell your story.</p> 
<p>Look up a word in the dictionary, and then look up the word before and after. Make up a short story using these 3 words.</p>	<p>Make a poster to cheer up the people in your neighborhood. Display it in a window so everyone can see your work.</p>	<p>Pick a poem that makes you smile. Write the poem on paper and make an illustration that connects to the poem.</p>	<p>St. Patrick's Day is Tuesday, March 17th. Can you use this rhyming site to write a limerick?</p>
<p>Create a poem about your class or school. Email it to your teacher.</p>	<p>Call a relative and interview them. Write a short article about what you learned</p> 	<p>Make a card for someone you think is a good neighbor.</p>	<p>Create an emoji chart to show different emotions. Put it up in your room to show your family how you are feeling.</p>
<p>Write a song for someone and call them to sing it.</p> 	<p>Reread your journal. Have you added any news lately? Now add drawings!</p>	<p>Write a cheery note and fold it into a paper airplane. Share it with someone close by.</p> 	<p>Find a picture book you love. Rewrite the beginning in a way that matches the end.</p> 

Online Resources

There are a number of ways to keep your children engaged and learning. Remember, online platforms are just one more “go-to” tool to support students as they practice skills, engage in independent reading, or explore their interests. Sustained reading, family read alouds, **board games** and puzzles are great options for enrichment, too. Allowing for choice in selecting activities, encouraging regular exercise and monitoring screen time are always good ideas.

Elementary (Grades PreK-4)

At this age, many students are just starting out and learning to navigate digital platforms. Below are websites, some with app compatibility, that cater to young students and support learning and growth in fun and engaging ways. Many of these resources are interdisciplinary and combine multiple subjects into a single, comprehensive learning experience. Many also utilize techniques that support personalized learning so that students of all abilities can participate and benefit.

Resource	What it offers
English Language Arts	
Scholastic Learn at Home	Daily learning experiences built around a thrilling and meaningful story or video keep kids reading, thinking, and growing <ul style="list-style-type: none">• Grades PreK-6• Remote learning resources and strategies -- Letter to Families
PBS LearningMedia	Activities, experiments, resources, videos, articles, and more on a plethora of kid-relatable subjects <ul style="list-style-type: none">• All subjects• Grades PreK-5
Squiggle Park	Games effective in building mastery of foundational reading skills through practice and play <ul style="list-style-type: none">• Grades PreK-3
Epic!	Digital library with books, learning videos, quizzes, and more <ul style="list-style-type: none">• Grades PreK-6• App compatibility• Subscription required (free 30-day

	trial)
Vooks	A kid-safe streaming library of read-aloud, animated storybooks <ul style="list-style-type: none"> • Grades PreK-5 • App compatibility • Subscription required (free 1-month trial)
Oxford Owl	Books, activities, and games to support learning, reading, spelling, and math skills from home <ul style="list-style-type: none"> • Grades PreK-6 • For families
Storyline Online	Read-aloud video books <ul style="list-style-type: none"> • Grades K-4
Newsela	Learning materials on current events <ul style="list-style-type: none"> • ELA, Math, Science, Social Studies, SpEd, ELL, Foreign Language • Grades 2-12 • Registration required at no cost
ReadWorks	Reading comprehension instruction <ul style="list-style-type: none"> • Grades K-12 • Registration and donation required
ReadTheory	Personalized reading comprehension exercises <ul style="list-style-type: none"> • Grades K-12 • Registration required at no cost
PBS Kids: Reading Games	Alphabet, vocabulary, rhyming, story, and more games to keep kids reading and learning <ul style="list-style-type: none"> • Grades PreK-2 • For families
Wordsmyth	Picture dictionaries, books, and vocabulary concepts <ul style="list-style-type: none"> • Grades PreK-1 • Spanish and Chinese translations
Math	
ExploreLearning Gizmos	World's largest library of math and science simulations <ul style="list-style-type: none"> • Grades 3-12

Prodigy	<p>Engaging, curriculum-aligned platform for students to learn and practice math</p> <ul style="list-style-type: none"> • Grades 1-8 • Registration required at no cost • Play
Tinkercad	<p>Free, easy-to-use app for 3D design, electronics, and coding used to imagine, design, and make anything</p> <ul style="list-style-type: none"> • Grades 3-12 • App compatibility - available in Self Service • OMS Design Lab
Hopscotch	<p>Code, share, and play - a programming environment that lets kids experiment and learn, experience how software is made, express their personality, and explore powerful ideas, while making real software.</p> <ul style="list-style-type: none"> • Grades 2-9 • App compatibility - available in Self Service (iPad)
Great Minds	<p>Instructional math videos, materials, and resources</p> <ul style="list-style-type: none"> • Grades PreK-12
Learn Code	<p>One-hour coding tutorials</p> <ul style="list-style-type: none"> • Grades PreK-12 • 45+ languages
Bedtime Math	<p>Engaging and research-proven after-school math activities, books, and apps</p> <ul style="list-style-type: none"> • Grades PreK-4
Yummy Math	<p>Engaging, real-world math activities</p> <ul style="list-style-type: none"> • Grades 2-12
XtraMath	<p>Web program that helps kids master basic math facts</p> <ul style="list-style-type: none"> • Grades K-4 • App compatibility
Science	
National Geographic Kids	<p>Games, videos, and facts on animals, nature, history, geography, and space</p> <ul style="list-style-type: none"> • Grades K-5

PBS Kids: Design Squad Global	<p>Games, videos, and hands-on activities</p> <ul style="list-style-type: none"> ● Science, Technology, Engineering, Arts, Science ● Grades 4-8 ● For Families
NASA Kids' Club	<p>Games, activities, and picture galleries help children learn about NASA and its missions.</p> <ul style="list-style-type: none"> ● STEM - Science, Technology, Engineering, Mathematics ● Grades PreK-4
Discovery #Mindblown	<p>From Discovery Channel - inspires students to ask questions about what they know and ask big questions about the world around us</p> <ul style="list-style-type: none"> ● Grades PreK-8 ● App compatibility
National Geographic: Citizen Science Projects	<p>Get ideas for how you can participate in citizen science projects - projects in which volunteers and scientists work together to answer real-world questions and gather data.</p> <ul style="list-style-type: none"> ● Grades PreK-8
PhET	<p>Interactive simulations that engage students through an intuitive, game-like environment where they can learn through exploration and discovery</p> <ul style="list-style-type: none"> ● Physics, Chemistry, Biology, Earth Science, Math ● Grades K-12 ● App compatibility (\$0.99)
Mystery Science	<p>Science lessons, videos, and activities</p> <ul style="list-style-type: none"> ● Grades K-5 ● Registration required at no cost
Interdisciplinary	
PBS: Bringing the Universe to America's Classrooms	<p>Free, standards-aligned videos, interactives, lesson plans, and more curated by WGBH and PBS</p> <ul style="list-style-type: none"> ● All subjects ● Grades PreK-12 ● Registration required at no cost
BrainPOP	<p>Accessible and engaging learning</p>

	<p>experiences for all</p> <ul style="list-style-type: none"> • Science, Social Studies, English, Math, Arts & Music, Health & SEL, Engineering & Tech • Grades K-8
IXL	<p>Personalized and immersive learning</p> <ul style="list-style-type: none"> • Math, Language Arts, Science, Social Studies, Spanish • Grades PreK-12
Curious World	<p>Educational videos, books, and games</p> <ul style="list-style-type: none"> • Grades PreK-2 • App compatibility • Subscription required (free 7-day trial)
Mystery Doug	<p>5-minute videos that answer real kid questions</p> <ul style="list-style-type: none"> • Grades K-4 • Registration required at no cost
Listenwise	<p>Non-fiction podcast lessons and library of listening comprehension quizzes</p> <ul style="list-style-type: none"> • ELA, Science, Social Studies • Grades 2-12
Khan Academy	<p>Personalized learning and trusted content lets students practice at their own pace</p> <ul style="list-style-type: none"> • All subjects • Grades K-12
Freckle	<p>Online differentiation platform for independent practice</p> <ul style="list-style-type: none"> • Math, ELA, Social Studies, Science • Grades K-12 • Registration required at no cost
JogNog	<p>Test-preparation that provides a library of videos, quizzes, and team-based challenges mapped to state academic standards</p> <ul style="list-style-type: none"> • Science, English, Math, History • Grades 2-12 • Registration required at no cost
MCAS Resource Center	<p>MCAS practice tests in English Language Arts, Mathematics, and Science</p> <ul style="list-style-type: none"> • Grades 3-10
Common Core Sheets	<p>Printable worksheets to practice skills</p>

	<ul style="list-style-type: none"> • Math, Social Studies, Science, Language Arts, Writing, Spelling, Foreign Languages • Grades K-7
The Old Farmer's Almanac for Kids	<p>Fun games, riddles, and puzzles relating to The Famer's Almanac</p> <ul style="list-style-type: none"> • Grades PreK-2
TypingClub	<p>Effective, web-based way to learn how to type</p> <ul style="list-style-type: none"> • Grades PreK-12
Virtual Tours	
HistoryView Virtual Tours	<p>Interactive tours of museums, art galleries, national parks, historic sites, and more</p> <ul style="list-style-type: none"> • Grades K-12
Arts & Culture: The Hidden Worlds of the National Parks	<p>Virtual tours of the National Parks</p> <ul style="list-style-type: none"> • Grades K-12
Scholastic Travel	<p>Virtual tour of 15 historic places</p> <ul style="list-style-type: none"> • Grades K-12
Wellness	
GoNoodle	<p>Engages kids with movement and mindfulness videos, benefiting physical wellness, academic success, and social-emotional growth</p> <ul style="list-style-type: none"> • Grades K-12
Fluency & Fitness	<p>Helping students exercise their brains and bodies by reviewing essential reading and math topics with movement breaks</p> <ul style="list-style-type: none"> • Grades K-2 • Registration required; 3 weeks free
Active At Home	<p>Lesson plans for an active-at-home family</p> <ul style="list-style-type: none"> • Grades K-12

Middle & High (Grades 5-12)

At this level, many students have apps and access via their iPads. For example, Sherwood students may access eBooks using the Sora app. Schoology is another place where students and families can find resources. The following list highlights the online platforms regularly used in the Shrewsbury Public Schools in Grades 5-8.

Resource	What it offers
English Language Arts	
Scholastic Learn at Home	<p>Daily learning experiences built around a thrilling and meaningful story or video keep kids reading, thinking, and growing</p> <ul style="list-style-type: none"> ● Grades PreK-6 ● Remote learning resources and strategies -- Letter to Families
PBS LearningMedia	<p>Activities, experiments, resources, videos, articles, and more on a plethora of kid-relatable subjects</p> <ul style="list-style-type: none"> ● All subjects ● Grades PreK-5
Squiggle Park	<p>Games effective in building mastery of reading comprehension skills through practice and play</p> <ul style="list-style-type: none"> ● Grades 4-12
The New York Times: The Learning Network	<p>Writing prompts, articles and questions, and quizzes and crosswords</p> <ul style="list-style-type: none"> ● ELA, Social Studies, ELL & Arts, Science & Math, Current Events ● Grades 7-12 ● Resources for students
Newsela	<p>Learning materials on current events</p> <ul style="list-style-type: none"> ● ELA, Math, Science, Social Studies, SpEd, ELL, Foreign Language ● Grades 2-12 ● Registration required at no cost
Epic!	<p>Digital library with books, learning videos, quizzes, and more</p> <ul style="list-style-type: none"> ● Grades PreK-6 ● App compatibility ● Subscription required (free 30-day

	trial)
Vooks	A kid-safe streaming library of read-aloud, animated storybooks <ul style="list-style-type: none"> • Grades PreK-5 • App compatibility • Subscription required (free 1-month trial)
ReadWorks	Reading comprehension instruction <ul style="list-style-type: none"> • Grades K-12 • Registration and donation required
ReadTheory	Personalized reading comprehension exercises <ul style="list-style-type: none"> • Grades K-12 • Registration required at no cost
Oxford Owl	Books, activities, and games to support learning, reading, spelling, and math skills from home <ul style="list-style-type: none"> • Grades PreK-6 • For families
Math	
ExploreLearning Gizmos	World's largest library of math and science simulations <ul style="list-style-type: none"> • Grades 3-12
Tinkercad	Free, easy-to-use app for 3D design, electronics, and coding used to imagine, design, and make anything <ul style="list-style-type: none"> • Grades 3-12 • App compatibility - available in Self Service • OMS Design Lab
Hopscotch	Code, share, and play - a programming environment that lets kids experiment and learn, experience how software is made, express their personality, and explore powerful ideas, while making real software. <ul style="list-style-type: none"> • Grades 2-9 • App compatibility - available in Self Service (iPad)
Swift Playgrounds	Solve puzzles to master the basics of coding and take on a series of challenges to step up

	<p>to more advanced playgrounds. Designed by Apple.</p> <ul style="list-style-type: none"> • Grades 6-12 • Available in 15 languages • App compatibility - available in Self Service (Mac and iPad)
Prodigy	<p>Engaging, curriculum-aligned platform for students to learn and practice math</p> <ul style="list-style-type: none"> • Grades 1-8 • Registration required at no cost • Play
Great Minds	<p>Instructional math videos, materials, and resources</p> <ul style="list-style-type: none"> • Grades PreK-12
Learn Code	<p>One-hour coding tutorials</p> <ul style="list-style-type: none"> • Grades PreK-12 • 45+ languages
Yummy Math	<p>Engaging, real-world math activities</p> <ul style="list-style-type: none"> • Grades 2-12
Greg Tang Math	<p>Math games, activities, and books</p> <ul style="list-style-type: none"> • Grades K-5
Kahoot!	<p>Engaging and easy-to-use learning games to study at home</p> <ul style="list-style-type: none"> • Grades 5-12
Quizizz	<p>Free self-paced quizzes to review, assess, and engage in class and at home. A resource created by a Shrewsbury High School math educator for home-study.</p> <ul style="list-style-type: none"> • Grades 5-12
ALEKS	<p>An online practice portal for high school students in any level of AG1, AG2, AM1, F&T, Pre-Calculus, AM2 Topics, AQR)</p> <ul style="list-style-type: none"> • Grades 9-12
Science	
Discovery #Mindblown	<p>From Discovery Channel - inspires students to ask questions about what they know and ask big questions about the world around us</p> <ul style="list-style-type: none"> • Grades PreK-8 • App compatibility

National Geographic: Citizen Science Projects	<p>Get ideas for how you can participate in citizen science projects - projects in which volunteers and scientists work together to answer real-world questions and gather data.</p> <ul style="list-style-type: none"> • Grades PreK-8
PBS: NOVA	<p>Online resource allows students to view science shows on a variety of topics</p> <ul style="list-style-type: none"> • Grades 8-12
PhET	<p>Interactive simulations that engage students through an intuitive, game-like environment where they can learn through exploration and discovery</p> <ul style="list-style-type: none"> • Physics, Chemistry, Biology, Earth Science, Math • Grades K-12 • App compatibility (\$0.99)
Mystery Science	<p>Science lessons, videos, and activities</p> <ul style="list-style-type: none"> • Grades K-5 • Registration required at no cost
PBS Kids: Design Squad Global	<p>Games, videos, and hands-on activities</p> <ul style="list-style-type: none"> • Science, Technology, Engineering, Arts, Science • Grades 4-8 • For families
National Geographic Kids	<p>Games, videos, and facts on animals, nature, history, geography, and space</p> <ul style="list-style-type: none"> • Grades K-5
National Science Digital Library	<p>Extensive STEAM library with resources for students</p> <ul style="list-style-type: none"> • Grades 5-12
Multiple Subject Areas	
PBS: Bringing the Universe to America's Classrooms	<p>Free, standards-aligned videos, interactives, lesson plans, and more curated by WGBH and PBS</p> <ul style="list-style-type: none"> • All subjects • Grades PreK-12 • Registration required at no cost
BrainPOP	<p>Accessible and engaging learning experiences for all</p>

	<ul style="list-style-type: none"> • Science, Social Studies, English, Math, Arts & Music, Health & SEL, Engineering & Tech • Grades K-8
IXL	Personalized and immersive learning <ul style="list-style-type: none"> • Math, Language Arts, Science, Social Studies, Spanish • Grades PreK-12
Listenwise	Non-fiction podcast lessons and library of listening comprehension quizzes <ul style="list-style-type: none"> • ELA, Science, Social Studies • Grades 2-12
The World's Largest Lesson	Introduces the Sustainable Development Goals to children and young people everywhere and unites them in action <ul style="list-style-type: none"> • Grades 5-12
Khan Academy	Personalized learning and trusted content lets students practice at their own pace <ul style="list-style-type: none"> • All subjects • Grades K-12
JogNog	Test-preparation that provides a library of videos, quizzes, and team-based challenges mapped to state academic standards <ul style="list-style-type: none"> • Science, English, Math, History • Grades 2-12 • Registration required at no cost
Freckle	Online differentiation platform for independent practice <ul style="list-style-type: none"> • Math, ELA, Social Studies, Science • Grades K-12 • Registration required at no cost
MCAS Resource Center	MCAS practice tests in English Language Arts, Mathematics, and Science <ul style="list-style-type: none"> • Grades 3-10
Common Core Sheets	Printable worksheets to practice skills <ul style="list-style-type: none"> • Math, Social Studies, Science, Language Arts, Writing, Spelling, Foreign Languages • Grades K-7
TypingClub	Effective, web-based way to learn how to

	type <ul style="list-style-type: none"> Grades PreK-12
Virtual Tours	
HistoryView Virtual Tours	Interactive tours of museums, art galleries, national parks, historic sites, and more <ul style="list-style-type: none"> Grades K-12
Arts & Culture: The Hidden Worlds of the National Parks	Virtual tours of the National Parks <ul style="list-style-type: none"> Grades K-12
Scholastic Travel	Virtual tour of 15 historic places <ul style="list-style-type: none"> Grades K-12
Wellness	
CharacterStrong	Social-emotional learning, including a virtual resource library, a virtual summit, virtual assemblies, and a 30-day kindness journal <ul style="list-style-type: none"> Grades 5-8
GoNoodle	Engages kids with movement and mindfulness videos, benefiting physical wellness, academic success, and social-emotional growth <ul style="list-style-type: none"> Grades K-12
Active At Home	Lesson plans for an active-at-home family <ul style="list-style-type: none"> Grades K-12

Having an unplanned period of time off from work and school is challenging for most families. Concerns for health, childcare, income, and other related challenges can result in a high-stress environment that impacts the way children are feeling and the way they behave. Here are some strategies parents can use to help smooth the path through this unusual situation.

District Resources

- Many media center resources are accessible through the [district website](#), which has links for each media center.
- [Occupational Therapy](#) resources from the Shrewsbury Public Schools website
- [Speech & Language](#) resources from the Shrewsbury Public Schools website

Town Resources

- The Shrewsbury Public Library is a tremendous local resource. More information about their e-Resources for children and teens can be found [here](#).

Public Resources

- WGBH, our local hub for children's programming, has shared resources for both educators and children of all ages. Check out their [Learning Media website](#), which includes many links.
- [Association Of Middle Level Educators \(AMLE\)](#) - A curated list of online learning resources for middle school students and their families.
- If your child is in crisis or if they are a threat to themselves or others, you should call **911**. In addition, here are other **24-hour emergency services**.

UMass Medical Center	MassHealth Clients
55 Lake Avenue North	Youth Mobile Crisis Intervention
Worcester, MA 01655	(866) 549-2142
(508) 856-3562	

Those clients who do not have MassHealth can still access Emergency Mental Health Services through UMass Memorial-Community Healthlink (26 Queen Street, 5th Floor, Worcester, MA 01610). To schedule an appointment call, (800) 977-5555.