

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before 9:00	Breakfast Make bed Get dressed Brush teeth Laundry Treatments	Breakfast Make bed Get dressed Brush teeth Laundry Treatments	Breakfast Make bed Get dressed Brush teeth Laundry Treatments	Breakfast Make bed Get dressed Brush teeth Laundry Treatments	Breakfast Make bed Get dressed Brush teeth Laundry Treatments
9:00-10:00	Math: *Daily Math Page *Math MCAS problems IXL, Math Playground, Greg Tang	Math: *Daily Math Page *Math MCAS problems IXL, Math Playground, Greg Tang	Math: *Daily Math Page *Math MCAS problems IXL, Math Playground, Greg Tang	Math: *Daily Math Page *Math MCAS problems IXL, Math Playground, Greg Tang	Math: *Daily Math Page *Math MCAS problems IXL, Math Playground, Greg Tang
10:00-11:00	Reading: *MCAS Reading *Free Choice-30 minutes Storyline Online Facetime family to read to	Reading: *MCAS Reading *Free Choice-30 minutes Storyline Online Facetime family to read to	Reading: *MCAS Reading *Free Choice-30 minutes Storyline Online Facetime family to read to	Reading: *MCAS Reading *Free Choice-30 minutes Storyline Online Facetime family to read to	Reading: *MCAS Reading *Free Choice-30 minutes Storyline Online Facetime family to read to
11:00-11:30	Free Choice: Color, play, bake	Free Choice: Color, play, bake	Free Choice: Color, play, bake	Free Choice: Color, play, bake	Free Choice: Color, play, bake
11:30-12:00	Science: Mystery Doug Video	Science: Mystery Doug Video	Science: Mystery Doug Video	Science: Mystery Doug Video	Science: Mystery Doug Video
12:00-1:30	Lunch/Outdoor Play	Lunch/Outdoor Play	Lunch/Outdoor Play	Lunch/Outdoor Play	Lunch/Outdoor Play
1:30-2:00	Writing: Write a letter to someone Write a story Typing Club	Writing: Write a letter to someone Write a story Typing Club	Writing: Write a letter to someone Write a story Typing Club	Writing: Write a letter to someone Write a story Typing Club	Writing: Write a letter to someone Write a story Typing Club
2:00-3:00	Genius Hour: Research something that interests you	Genius Hour: Research something that interests you	Genius Hour: Research something that interests you	Genius Hour: Research something that interests you	Genius Hour: Research something that interests you
3:00-4:00	Free Choice/Outdoor Play	Free Choice/Outdoor Play	Free Choice/Outdoor Play	Free Choice/Outdoor Play	Free Choice/Outdoor Play
4:00-5:00	Exercise	Exercise	Exercise	Exercise	Exercise
5:00-6:00	Shower/Treatments	Shower/Treatments	Shower/Treatments	Shower/Treatments	Shower/Treatments
6:00-7:00	Dinner	Dinner	Dinner	Dinner	Dinner

[Link to view actual schedule-make a copy and make it yours](#)

- After each activity, the kids get a slip of paper if they completed what they needed to without whining or arguing.
- Then they can write their name on the paper and we add to a jar.
- We pick names out of the jar for who gets to pick the science video of the day, who gets to pick games to play, movies to watch, etc...
- It's a simple way to keep them focused, motivated and from whining about who picks

CHOICE TIME: throughout the day

Having a structure is very helpful during this time although I also think that it's equally as important that kids have plenty of choice time as well. They may even like to set their own daily schedule if you give them parameters. We will be following a schedule but will meet often to let them make changes. Kids need to be invested.

OPTIONS for CHOICE TIME THROUGHOUT THE DAY

- Play games (board games, card games, or create your own games)
- Play outside
- Scavenger hunts (no prep: A-Z scavenger hunt in nature)
- Facetime relatives and friends to stay connected and share stories
- Online drawing classes ([1:00 Mo Willems Lunch Doodles](#), [2:00 Jarrett J. Krosoczka author and illustrator of Lunch Lady series](#))
- Bake/cook
- Go for family walks
- Create a play or puppet show
- [Cosmic kids yoga on YouTube](#)
- [Go Noodle videos](#)
- Watch videos to study famous athletes in sport of choice

MATH: 60 minutes

*Must do activities to be completed before choice activities; *There are many websites out there to choose from but below are some of our favorites*

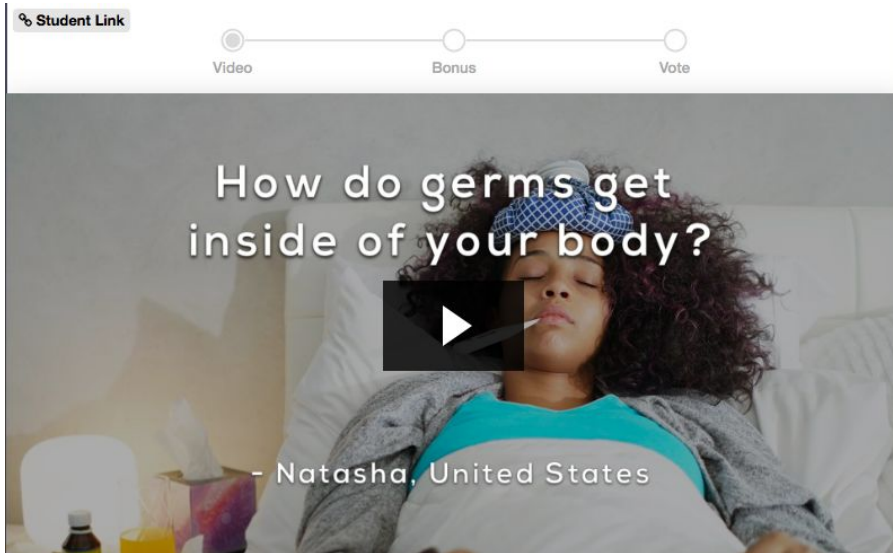
MUST DO	CHOICE
<ul style="list-style-type: none">● Daily Math Page (I pick or create one page from their grade level standards on this site)● Grades 3 & above will pick 5 MCAS problems to practice from an old test at their grade level (found here)● Pre-school and K kids practice counting, drawing numbers, and combining sets while also working on puzzles at home or playing math games	<ul style="list-style-type: none">● Greg Tang Math● Math Playground● IXL math practice● Math games (Shut the Box, Sudoku puzzles)

READING: 60-90 minutes

*Must do activities to be completed before choice activities

MUST DO	CHOICE
<ul style="list-style-type: none">● OLDER KIDS: Read a book of choice for 30 minutes● YOUNGER KIDS: Read books of choice for 10-20 minutes (kids can look at books or retell them according to pictures; if adult is available then they can read to kids for 30 minutes)● Grades 3 & above will pick 1 MCAS passage to read and answer questions from an old test at their grade level (found here); if it includes a written response they can do that as a day 2 activity	<ul style="list-style-type: none">● Continue reading any books of choice● Storyline Online - pick a story to listen to● Facetime with a family member and have them read you a story or read a story to them● Read stories from any of the following links: Epic, Newsela, Readworks

SCIENCE: 30 minutes



MUST DO

- Select a video from [Mystery Doug](#) to watch
- As a group brainstorm facts we learned
- Grades 3 and up keep a notebook and record 1-3 facts, can draw a picture and/or ask a question
- Grades kindergarten-2 can record 1 fact they learned in a notebook and draw a picture or ask a question

OPTIONS

There are also free science lessons available at [Mystery Science](#) if you want to go more in depth

WRITING: 30-60 minutes

*Must do activities to be completed before choice activities

MUST DO	CHOICE
<ul style="list-style-type: none">● Have everyone make a list of people that they would like to write to. Each day they can pick someone different.● OLDER KIDS: Write a letter or email to someone● YOUNGER KIDS: color a picture or draw a picture for someone	<ul style="list-style-type: none">● Write a story● Keep a journal of what's happening during this time● Write your own version of an "I Survived" story● Typing Club-practice typing skills

GENIUS HOUR: 60 minutes

*I framed this as an hour to learn about anything that you want or for younger kids an hour to do anything that makes you happy

OLDER KIDS	YOUNGER KIDS
<ul style="list-style-type: none">● Kids brainstorm a list of things they are interested in learning about or getting better at● They research and keep notes in a notebook● They have to figure out some way to share with others what they have learned	<ul style="list-style-type: none">● Rest/nap● Create something (legos or save recyclables and let them build)● Do something that you love (color, puzzles, play games)

ONLINE ACTIVITIES:

There are many options available for activities online. Here are a few I've come across:

- Online drawing classes ([1:00 Mo Willems Lunch Doodles](#), [2:00 Jarrett J. Krosoczka author and illustrator of Lunch Lady series](#))
- Peter Reynolds, Massachusetts author will be reading live each day at noon on his Facebook page, www.facebook.com/PeterHReynolds
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