

# LUNCH

**DECEMBER 2022**

## Shrewsbury Middle Schools

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Monti's Pizza Chicken Patty BLT Sub Brunch Bag Steamed Broccoli Pasta Salad Peaches	2 Taco Salad (Beef or Vegetarian) Buffalo Chicken Patty Brunch Bag Steamed Carrots Macaroni Salad Celery Sticks and Hummus Blueberries
5 Nachos Beef or Vegetarian Chicken Patty Sandwich Brunch Bag Corn Caesar Salad Tri Bean Salad Berries	6 Professional Day ½ Day Breakfast and Bag Lunch Served	7 Pasta with Meat or Marinara Sauce Turkey and Cheese on Wheat Brunch Bag Green Beans Roll Apples	8 Monti's Pizza Ham and Cheese Sub Brunch Bag Steamed Broccoli Hummus and Celery Sticks Pasta Salad Pears	9 Meatball Sub w/Melted Cheese Garden Burger Brunch Bag Macaroni Salad Steamed Carrots Peaches
12 Cheese Burger or Gardenburger Brunch Bag Baked Chips Caesar Salad Peas Blueberries	13 Monti's Pizza Turkey and Cheese Croissant Brunch Bag Baked Sweet Potato Fries Tri Bean Salad Corn Apples	14 Mozzarella Sticks w/ Marinara Sauce Ham and Cheese on Wheat Brunch Bag Green Beans Roll Pears	15 Monti's Pizza Chicken Patty BLT Sub Brunch Bag Steamed Broccoli Pasta Salad Peaches	16 Taco Salad (Beef or Vegetarian) Buffalo Chicken Patty Brunch Bag Steamed Carrots Macaroni Salad Celery Sticks and Humus Mixed Fruits
19 Nachos Beef or Vegetarian Chicken Patty Sandwich Brunch Bag Corn Caesar Salad Tri Bean Salad Berries	20 Monti's Pizza Chicken Salad Croissant Brunch Bag Baked Fries Steamed Zucchini/Summer Squash Medley	21 Pasta with Meat or Marinara Sauce Turkey and Cheese on Wheat Brunch Bag Green Beans Roll Apples	22 Monti's Pizza Ham and Cheese Sub Brunch Bag Steamed Broccoli Hummus and Celery Sticks Pasta Salad Pears	23 No School December Vacation

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	Garden Salad Mixed Fruits			
<p>Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.</p> <p><b>Menus are subject to change.</b></p> <p><b>Breakfast served daily.</b></p>		<p>Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk, Fruit and Protein: Yogurt, Cheese or Hard-Boiled Egg</p> <p>All Lunches Include: Protein, Grain, Milk, Fruit and Vegetable Components</p>		<p><b><i>Meals are free for all students through June 30,2023</i></b></p>

USDA is an equal opportunity provider and employer