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# CRITICAL CONVERSATIONS

## HOW TO NAVIGATE IMPORTANT TOPICS WITH YOUR TEEN

WEDNESDAY, OCT. 28  
6-7PM VIA ZOOM

CLICK [HERE](#) OR GO TO  
[GRIT2.ORG](http://GRIT2.ORG) TO REGISTER

Erin Ludwick and Kelly Zuerner from Downers Grove North High School discuss how parents can prepare for and navigate critical conversations with their children during this unprecedented time. The session will offer tips on how to develop brave spaces where parents and children can navigate emotionally charged topics together.

**SOCIAL  
JUSTICE**

**SCHOOL**

**ELECTION**

**ANXIETY**

**SEX**

**grit<sup>2</sup>**  
growing resiliency  
in teens **together**