Nursing Student Health Forms
Mandatory for Participation in Clinical Assignments

Return completed forms in enclosed envelope to:
Concordia College New York
Attn: Student Health Center
171 White Plains Rd
Bronxville, NY 10708
Or scan forms and email to:
Susan.Crane@concordia-ny.edu

IMPORTANT

NO STUDENT WILL BE PERMITTED TO ATTEND CLASS OR CLINICAL ASSIGNMENTS UNTIL ALL FORMS ARE COMPLETED AND RETURNED IN THEIR ENTIRETY AND PROOF OF HEALTH INSURANCE COVERAGE IS PROVIDED
YOU MUST EITHER WAIVE OR ENROLL IN COLLEGE-OFFERED HEALTH INSURANCE ONLINE; INSTRUCTIONS INSIDE
AFFILIATE REQUESTS MAY REQUIRE YOU TO PROVIDE INFORMATION NOT INCLUDED IN THIS PACKET; YOUR PROMPT COOPERATION WILL HELP US CLEAR YOU FOR CLINICAL PRACTICE

Questions?
Contact the Student Health Services Office
Susan.Crane@concordia-ny.edu
914.337.9300 x2243

Revised: NOVEMBER 2019
SEC I-A: Personal Health History (To be completed by Student)

Name: __________________________________________ (LAST NAME, FIRST)
This is a confidential record. Information you provide will be used solely as an aid to providing health care while you are a student.

Student Type: POST BAC: ___________________________ Undergrad_________________ 

Housing Status: Resident____ Commuter____

Personal Information: Age: ______ Gender: Male____ Female____ Date of Birth_______________ 

Name: __________________________________________
Last ______ First ______ Middle ______ Maiden Name ______

Home Address: __________________________________________
Cell #: __________________
Street ______ City ______ State ______ Zip ______

Have you attended Concordia College before? Yes____ No____ If yes, From __________ To __________ 

Have you attended another college? Yes____ No____ If yes, name: __________________ From __________ To __________ 

Person to be notified in emergency: Name:_________________________ Relationship:_________________________

Address: ____________________________________________

Telephone: Cell:_________________________ Home: __________________ Work:_________________________

Personal History:
Please answer all questions. Comment on all positive answers in space allowed (see next page).

Have you had: Yes____ No____
Scarlet Fever ______
Measles ______
German Measles ______
Mumps ______
Chicken ______
Malaria ______
Nose/Throat Trouble ______
Eye Trouble ______
Recurrent Colds ______
Sinusitis ______
Hay Fever ______
Serum ______

Thyroid Disease ______
Surgery: ______
Appendectomy ______
Tonsillectomy ______
Hernia Repair ______
Other ______

Allergies to: Penicillin ______
Sulfonamides ______
Foods (list below) ______

Joint Disease or Injury: ______
"Trick" Knee, Shoulder ______
Back Problems ______
Diarrhea/Constipation ______
Gallbladder/Gallstones ______
Rupture, Hernia ______
Jaundice (Liver Disease) ______
Stomach/Intestine Trouble ______

Females Only: ______
Irregular Periods ______
Severe Cramps ______
Excessive Flow ______
Other ______

Continued →
Name: ____________________________

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequent Anxiety</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequent Depression</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nervousness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Head injury</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recurrent Headache</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gum/Tooth Problems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acne</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Epileptic Seizures</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tumor, Cancer, Cyst</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dizziness, Fainting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Weakness/Paralysis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asthma</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chronic Cough</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Murmur</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Palpitations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rheumatic Fever</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pain/Pressure in Chest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blood Pressure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequently Urination</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sexually Transmitted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disease (STD)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recent Weight Gain</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dizziness, Fainting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Weakness/Paralysis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Headache</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pain/Pressure in Chest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gum/Tooth Problems</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Acne</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Epileptic Seizures</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tumor, Cancer, Cyst</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dizziness, Fainting</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Weakness/Paralysis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Asthma</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chronic Cough</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shortness of Breath</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Murmur</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart Palpitations</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rheumatic Fever</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pain/Pressure in Chest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blood Pressure</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frequently Urination</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sexually Transmitted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disease (STD)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recent Weight Gain</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A. Has your physical activity been restricted during the past five years?  
Yes  No  (If yes, explain below.)

B. Have you received treatment or counseling for a nervous condition, personality or character disorder, or emotional problem?  
Yes  No  (If yes, give details below.)

C. Have you had any illness or injury or been hospitalized other than already noted?  
Yes  No  (If yes, give details below.)

D. Have you consulted or been treated by clinics, physicians, or other practitioners within the past five years?  
(Other than routine checkups?)  
Yes  No

E. Do you smoke, dip, or chew tobacco?  
Yes  No

F. Do you take any medication at present?  
Yes  No  (If Yes, please list below)

G. Do you drink alcohol?  
Yes  No  (If Yes, what type and how often?)

H. Do you use recreational drugs?  
Yes  No  (If Yes, please list below)

Comments:
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________
_____________________________________________________________________________________________________

Family History

Among your relatives is there any history or present illness from the following:  
If yes, what relative?

<table>
<thead>
<tr>
<th>Illness</th>
<th>Yes</th>
<th>No</th>
<th>Relative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allergy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kidney Disease</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart disease, high blood pressure, or stroke</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Illness</th>
<th>Yes</th>
<th>No</th>
<th>Relative</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cancer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Allergy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuberculosis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kidney Disease</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart disease, high blood pressure, or stroke</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Medical and Surgical Authorization

In case of illness and/or injury, authority and consent is given to Concordia College for examination and treatment of named student either at the Health Center, Concordia College, or by outside physicians and medical facilities as are available. Consent is further given for admission to a hospital for necessary medical or surgical treatments as ordered by a physician. It is agreed that all medical and/or hospital expenses incurred beyond those covered by any applicable student insurance policy will be paid directly and promptly by the undersigned student and parents or guardians and the College will not be held responsible.

Date ___________ Student’s Signature __________________________ Age ________

Date ___________ Parent or Guardian’s Signature __________________________

(If under age 18 and unmarried, parent or guardian must also sign.)
Sec. I-B. PHYSICAL EXAMINATION AND BLOOD TITERS (To be completed by a Health Care Provider)

Student’s Name: __________________________ Concordia ID#: C____________

Gender (circle):  M  F

Date of Birth: __________

Date of Exam: ____________ (to be completed only by MD, DO, NP or PA)

Height: _______ Weight:_________ BMI: _______ BP:_________ Pulse:_________

Vision:  R 20/  L 20/ Corrective Lenses?  Y  N  Suffer from colorblindness?  Y  N

Current Medications: _______________________________________________________

Allergies to Medications: ___________________________________________________

Type of reaction: __________

Other Allergies: __________________________________________________________

Type of reaction: __________

<table>
<thead>
<tr>
<th>SYSTEM</th>
<th>NORMAL</th>
<th>DESCRIBE ABNORMALITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HEENT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lungs/Chest</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breasts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heart/Vascular System</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Abdomen (rectal if indicated)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Genito-urinary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pelvic (if indicated)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Musculoskeletal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Neurological</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Psychological</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Current & Chronic Problems

1. __________________________  2. __________________________  3. __________________________

IF THE STUDENT IS UNDER CARE FOR A CHRONIC OR SERIOUS ILLNESS, PLEASE DESCRIBE BELOW AND ATTACH ADDITIONAL CLINICAL REPORTS TO ASSIST US IN PROVIDING CONTINUITY OF CARE.

__________________________________________________________________________

__________________________________________________________________________

RECOMMENDATIONS FOR PHYSICAL ACTIVITY:  Unlimited  Limited

If limited, please specify: _________________________________________________

I CERTIFY THAT THIS PATIENT IS IN GOOD PHYSICAL AND MENTAL HEALTH AND IS FREE OF COMMUNICABLE DISEASE, HE/SHE IS FULLY QUALIFIED MEDICALLY TO SERVE AS A HOSPITAL VOLUNTEER/CLINICAL TRAINEE.

__________________________________________________________________________

Signature of Health Care Provider, License # and Stamp (MD, DO, NP, PA)  PHONE:
MANDATORY TUBERCULIN TESTING REQUIREMENTS
No Exceptions

If you have never tested positive for TB:
Attach ONE of the following

• Lab results for a Quantiferon Gold Blood Test
• Lab results for a 2-step PPD

If you have tested positive for TB in the past:
Attach ALL of the following

• Lab results for a Quantiferon Gold Blood Test
• Chest X-ray dated within one year
• If TB treatment was administered, attach records of medication length of treatment

COMPLETE THIS SECTION ONLY IF YOU HAVE TESTED POSTIVE FOR TB IN THE PAST
TUBERCULOSIS SCREENING QUESTIONNAIRE

Name: __________________________________________________Date:_________________________

Positive TB skin test (PPD) Date: ______________________

Last Chest X-Ray Date: ______________________________

Please indicate if you are having any of the following problems for three to four weeks or longer:

Chronic Cough (greater than 3 weeks) Yes _____ No _____
Production of Sputum Yes ____ No ____ Blood-Streaked Sputum Yes ____ No ____
Unexplained Weight Loss Yes ____ No ____ Fever Yes _____ No _____
Fatigue/Tiredness Yes ____ No ____ Night Sweats Yes ____ No _____
Shortness of Breath Yes ____ No ____

Did the patient ever complete treatment for latent TB? If so, when: _____________________________

______________NO EVIDENCE OF PULMONARY TUBERCULOSIS OR CONTAGIUM

SIGNATURE: _________________________ DATE: _________________________ STAMP: _________________________

Health Care Provider (M.D., D.O., N.P., PA.)
MANDATORY CLINICAL REQUIREMENTS

ATTENTION
ANY VARIATION FROM THIS CHECKLIST WILL PREVENT HEALTH CLEARANCE FOR CLINICAL PRACTICE
EMR /LAB /IMMUNIZATION FORMS MUST BE ATTACHED, SIGNED AND STAMPED

**MMR/measles, mumps, rubella:** document lab results for positive blood titers
**Varicella:** document lab results for positive blood titers

**NOTE:** non-immunity will require additional vaccines; please check with Student Health Center

**Hepatitis B:** document completion of 3-vaccine series
- In order to prove immunity, you must have blood titers drawn for:
  - Hepatitis B surface ANTIBODY (anti-HBs)
  - Hepatitis B surface ANTIGEN (HBsAg)
- OR sign the OSHA waiver form contained in this packet

**Tuberculin Screening:** Quantiferon Gold blood assay is mandatory. Positive results will require a chest X-ray and the TB Questionnaire (included in this packet) to be completed and signed by your provider. Please see physical form to be completed by your primary care provider.

**Tdap vaccine:** Must be within last 10 years. Must attach dosing documentation. Td or Dtap vaccine is NOT acceptable.

**Meningitis vaccine:** Mandatory for living in campus housing. Students living off-campus must sign the enclosed disclosure form.

**You must be certified in Basic Life Support.** Only AMERICAN HEART ASSOCIATION Basic Life Support for Healthcare Providers will be accepted. Attach a copy of your card or e-card certificate.
Patient Information

Patient Name: _______________________________________________ Birth date: __________________________

Student ID #:______________________________________ Cell Phone:______________________________________

Address:_______________________________________________________________________________________________

Release To: (Name of Facility/Clinician/Person Receiving Information)

Name: All Clinical Sites

Release Information:

Reason: Requirement for School Health Clearance for Clinical Rotation

Please release the following:

Immunizations
Laboratory/Radiology results
Physical Exam Forms
Quantiferon Gold Blood Test
Chest X-Ray (if indicated)
PPD

Consent:

This information is intended by the above named recipient only. I am aware that the records released may contain information relating to a psychiatric or psychological testing, physical abuse, or drug and alcohol abuse. I have a right to receive a copy of this authorization. I may revoke this authorization at any time in writing. I understand that information used or disclosed under this authorization may be subject to re disclosure by the recipient without being further protected under the HIPPA/FERPA rules.

I understand that I may be charged for copies provided.

Signature of Patient: _______________________________________________ Date: __________________________

171 WHITE PLAINS ROAD
BRONXVILLE, NY 10708PH: 914-337-2243  FX: 914-395-4521
HEPATITIS B VACCINE INFORMATION AND REFUSAL FORM

The Disease
Hepatitis B is a viral infection caused by the hepatitis B virus (HBV) which causes death in 1-2% of patients. Most people with hepatitis B recover completely, but approximately 5-10% become chronic carriers of the virus. Most of these people have no symptoms, but can continue to transmit the disease to others. Some may develop chronic active hepatitis and cirrhosis. HBV also appears to be a causative factor in the development of liver cancer. Thus, immunization against hepatitis B can prevent acute hepatitis and also reduce sickness and death from chronic active hepatitis, cirrhosis and liver cancer.

The Vaccine
Recombivax HB* is a non-infectious subunit viral vaccine derived from Hepatitis B surface antigen (HBsAg) produced in yeast cells. A portion of the Hepatitis B virus gene, coding for HBsAg, is cloned into yeast, and the vaccine for hepatitis B is produced from cultures of this recombinant yeast strain. The vaccine contains no detectable yeast DNA but may contain up to 4 yeast protein. It has been extensively tested for safety in chimpanzees and for safety and efficacy in large scale clinical trials with human subjects. The vaccine against hepatitis B, prepared from recombinant yeast cultures, is free of association with human blood or blood products. A high percentage of healthy people who receive two doses of vaccine and a booster achieve high levels of surface antibody (anti-HBs) and protection against hepatitis B. People with immune-system abnormalities, such as dialysis patients, have less response to the vaccine, but over half of those receiving it do develop antibodies. Full immunization requires 3 doses of vaccine over a six-month period although some people may not develop immunity even after 3 doses. There is no evidence that the vaccine has ever caused hepatitis B, non-A/non-B hepatitis, or AIDS (Acquired Immune Deficiency Syndrome). However, people who have been infected with HBV prior to receiving the vaccine may go on to develop clinical hepatitis in spite of immunization. The duration of immunity is unknown at this time.

Possible Vaccine Side Effects
The incidence of side effects is very low. No serious side effects have been reported with the vaccine. A few people experience tenderness, redness and itching at the site of injection. Low grade fever and/or headache may occur. Rash, nausea, joint pain, diarrhea, and mild fatigue have also been reported. The possibility exists that more serious side effects may be identified with more extensive use.

IF THERE IS A POSSIBILITY OF PREGNANCY, DO NOT RECEIVE THE VACCINE.
IF YOU HAVE ANY QUESTIONS ABOUT HEPATITIS B OR THE HEPATITIS VACCINE, PLEASE ASK.

HEPATITIS B VACCINE REFUSAL:
I have read the above statements about the Hepatitis B Vaccine. I have had the opportunity to ask questions and understand the benefits and risk of vaccination. Despite the potential benefits, I prefer not to be immunized at this time. I understand I may change my decision and receive the vaccine at a later date.

___ I have received ___one (1) ___two (2), 3-vaccine series of Hepatitis B vaccine. Serology results indicate that I am not immune, and have declined to receive a 2nd (or 3rd) set of vaccines. I am aware of the risks and benefits of the vaccine.
Sec. II. Meningococcal Meningitis Vaccination Response Form

(To be completed by Health Care Provider)

A. Meningococcal Meningitis Vaccine (Menactra™/Menomune™): Please consider this vaccine. Students wishing to decline this vaccine must read the information in the box below. **Signing the waiver indicates that you understand the possible risk involved in not receiving this immunization.** If you are under the age of 18, a parent or legal guardian must sign this waiver for you.

**Disclosure Statement-Meningococcal Meningitis:** College students, especially first-year students living in residence halls, are at a slightly increased risk for contacting meningococcal disease. The bacterial form of this disease can lead to serious complications such as swelling of the brain, coma, and even death within a short period of time. A vaccine is currently available that will decrease, but not completely eliminate, a person’s risk of acquiring meningococcal meningitis. This element of uncertainty remains because there are five (5) different serotypes (A, B, C, Y, & W-135) and the current vaccine does not offer any protection from serotype B. The vaccine, Menactra™/Menomune™, probably protects for 3-5 years, and is extremely safe for use. Menactra™ vaccine is available at the Concordia Student Health Center for a cost of $125. For more specific information about meningococcal meningitis and college student risks, please visit the NYS DOH website at: www.health.state.ny.us/nysdoh/immun/meningococcal/index.htm

**Mandatory - Read Carefully:** As per New York State Public Health Law 2167, you must either have the vaccine or sign a waiver stating you have read about the disease and decline the vaccine.

(circle one:) Menomune / Menactra

A. Meningococcal Meningitis Vaccine (Menactra, Menomune) given within the past 10 years:

Date: ______/______/______ Date: ______/______/______
     Month Day Year           Month Day Year

**IT IS STRONGLY ADVISED THAT ADOLESCENTS RECEIVE A 2ND DOSE OF MENINGITIS VACCINE**

**IF THEY HAVE RECEIVED THEIR 1ST DOSE BEFORE THE AGE OF 16.**

An official stamp from a doctor’s office, clinic, or health department AND an authorized signature must be provided below.

__________________________
Name/License#/Office Stamp

__________________________Clinician Signature Date____________________

**OR**

Read the information provided above and sign the waiver below.

_____ I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I understand the risks of not receiving the vaccine. I have decided that I will not obtain immunization against meningococcal meningitis disease.

Print_________________________Sign:________________________________Date:_____
WAIVE OR ENROLL IN COLLEGE-OFFERED HEALTH INSURANCE

Your bill reflects a charge for the College-offered health insurance. If you are a domestic student and covered by your family’s plan or another plan, you may decline the College-offered Health Insurance online at the website below.

www.gallagherstudent.com/concordiany

1. On the top right corner of the screen, click ‘Student Login’ and log in.
2. On the left toolbar, click ‘Student Waive/Enroll’.
3. Choose to waive or enroll. Follow the instructions to complete the form.
4. Print or write down your reference number.
5. If you choose to enroll, you will receive an enrollment packet with instructions for enrolling. The charge on your bill does not indicate enrollment; please follow the instructions in your enrollment packet.

PLEASE ATTACH A COPY OF YOUR VALID HEALTH INSURANCE CARD, FRONT/BACK