Access To Care

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Vice President of Clinic Operations
Barriers to Treatment

- Lack of availability (long waitlists, not enough providers)
- Transportation, child care, difficulty taking time off work.
- The belief that mental health treatment “doesn’t work.”
- The high level of mental health stigma in minority populations.
- A mental health system weighted heavily towards non-minority values and norms.
- Racism, bias and discrimination in treatment settings.
- Language barriers and an insufficient number of providers who speak languages other than English.
- Lack of adequate health insurance coverage (and even for people with insurance, cost sharing makes it difficult to afford).
Barriers to Treatment – COVID style

- Lack of technology or knowledge of how to use
- Social isolation
- Job loss
- Homelessness
- Increase in substance use/relapse
- Disruption of daily routines
- Burnout of frontline workers - retirements
- Triage of care - removal of walk in treatment services
- Loss of connection – groups
What is CCBHC?
What are the 9 Specific Services that CCBHCs Must Provide?

- Targeted Case Management
- Crisis Services
- Outpatient Primary Care Screening & Monitoring
- Peer Support, Counseling, & Family Support
- Psychiatric Rehabilitative Services
- Screening, Assessment, and Diagnosis
- Intensive Mental Health Care for Veterans
- Patient-Centered Treatment Planning
- Outpatient Mental Health & Substance Use Services

Credit: Center On Integrated Health Care & Self-Directed Recovery
Who is served?
Value Based Payment
Contact Us

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Thank you