

October 2017

EVERGREEN K-8TH

BREAKFAST



Breakfast is served starting @ 7:45 each morning....
Come in early to eat so you will still have Time to go out to the playground before the bell!!!



Be sure to choose a Juice or Fruit choice each day!!!



Monday

Tuesday

Wednesday

Thursday

Friday

Cereal
Pop Tarts
Fruit
Milk

2

Cheese Omelet
Tortillas
Fruit
Juice
Milk

3

Oat CC Bar
Strawberry cups
Milk

4

Fruit Parfait: Yogurt
Grahams
Strawberries
Juice
Milk

5

Apple Oatmeal
Blueberry Muffins
Fruit
Milk

6

WW Bagels w/
Cream cheese & jelly
Fruit
Milk

9

French Toast w/ Syrup
Blueberries
Juice
Milk

10

Cereal
Mini Donuts
Cheese sticks (6-8th only)
Fruit
Milk

11

Breakfast Burrito
Teddy Grahams
Fruit
Juice
Milk

12

Granola
Flavored Yogurt
Fruit
Milk

13

Pancakes w/ Syrup
Fruit
Milk

16

Cereal
Banana Bread
Fruit
Juice
Milk

17

Biscuits & Sausage
Gravy
Crittter Munch (6-8th only)
Fruit
Milk

18

NO SCHOOL!!!

19

NO SCHOOL!!!

20

Cereal
WW Toast
Fruit
Milk

23

Breakfast Pizza
Teddy Grahams
Fruit
Juice
Milk

24

Pumpkin Muffins
Cheese Sticks
Fruit
Milk

25

Waffles w/ Syrup
Fruit
Juice
Milk

26

Breakfast Sandwich
Fruit
Milk

27

Cereal
Grahams
Cottage Cheese
Fruit
Milk

30

Cheese Omelet
English Muffins
Fruit
Juice
Milk

31

