



Be sure to fill at least ½ of your plate with fruits & veggies.

We offer 3 choices of milk each day!



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**HOLIDAY!!!**

1

**Mailbu Chx Sandwich**  
Sweet Potato Fries or  
Green Beans  
Apples w/ Caramel  
Sauce

2

**Taco Salad w/ Salsa**  
Refried Beans  
Cornbread  
Fruit

3

**Egg Rolls w/ Sweet &  
Sour Sauce**  
Fried Rice/ Fortune Cookies  
Broccoli or Carrot Sticks  
Fruit

4

**Brunch For Lunch:**  
French Toast w/ Toppings  
Sausages/ Hash Brown Patty  
Corn  
Juice

5

**Mac & Cheese**  
Meatballs/ Breadsticks  
Broccoli & Cauliflower or  
Green Peppers  
Fruit

8

**Polish Sausages on WG  
Bun/ Potato Medley or  
Baked Beans**  
Fruit

9

**Chicken Snack Wrap w/**  
Tomato  
Potato chips/ Carrot Sticks  
Fruit

10

**Cheesy Chili & Fries**  
Roll w/ Honey  
Green Beans  
Fruit

11

**Pizza or PB & J Sandwich**  
Tossed Salad w/ Dressings  
Cherry Tomatoes  
Fruit

12

**NO SCHOOL!!!**

15

**Spaghetti & Italian  
Dippers**  
Peas or Cucumbers  
Fruit

16

**BBQ Pork Sandwich**  
Baby Bakers or  
Carrot Sticks  
Fruit

17

**Super Nachos**  
Banana Bread  
Refried Beans or Tossed  
Salad w/ dressing  
Fruit

18

**Hamburgers w/ Cheese**  
Tomato & Lettuce  
Jo Jo's  
Fruit

19

**Chicken Alfredo or  
Marinara w/ Sauce & Chx**  
Broccoli or Celery Sticks  
Fruit  
Fruit Snacks

22

**Burrito w/ Salsa**  
Tortilla Chips  
Black Beans or Cherry  
Tomatoes  
Fruit

23

**Country Fried Steak w/**  
Gravy  
Mashed Potatoes or Peas  
Roll  
Fruit

24

**Ham & Cheese Sandwich**  
Or Fish Sandwich  
Tomato/ Lettuce/ Oven Fries  
Fruit

25

**Pizza or PB & J Sandwich**  
Corn or Carrot Sticks w/  
Ranch  
Fruit  
Orange Sherbet

26

**Chicken Tetrizzini**  
Apple Muffins  
Tossed Salad w/ Dressing  
Cherry Tomatoes  
Fruit

29

**Sloppy Joes on WG Bun**  
Baked Beans or  
Broccoli w/ Ranch  
Fruit

30

**White Chicken Chili**  
Cinnamon Rolls  
Green Beans or Green Peppers  
Cheese Sticks  
Fruit

31

