



We offer up to 3 choices of milk each day!!!



BUILD STRONG BONES... A good diet can build strong bones. Be Sure to choose milk, cheeses & yogurt to get the vitamin D and Calcium your growing bones need!



Monday

Tuesday

Wednesday

Thursday

Friday



Egg Roll w/ Sweet & Sour Sauce & Fried Rice
Carrot sticks or Peas
Fortune Cookies
Fruit **1**

Mac & Cheese
Meatballs & Bread sticks
Broccoli & Cauliflower
Celery Sticks
Fruit **2**

Spaghetti & Italian Dippers
Green Beans or Sliced Cucumbers
Fruit **5**

Super Nachos
Banana Bread
Refried Beans or Corn
Fruit **6**

BBQ Pork Sandwich
Baby Bakers or Green Peppers
Fruit **7**

Chicken Snack Wrap w/ Tomato
Peas & Carrots or Sweet Potato Fries
Fruit **8**

Pizza or PB & J Sandwich
Tossed Salad w/ Dressings
Cherry Tomatoes
Fruit **9**

Chicken Tetrizzini
Chocolate Muffins
Fresh Broccoli or Cauliflower w/ Ranch
Fruit **12**

Hamburgers w/ Cheese
Tomato & Lettuce
Jo Jo's
Fruit **13**

Chicken Salad w/ Pita's Or Fish Nuggets & Roll
Mashed Potatoes or Steamed Carrots
Fruit **14**

Chicken Fajitas
Savory Rice
Black Beans or Green Peppers
Salsa
Fruit **15**

Brunch for Lunch:
Waffles w/ Toppings
Sausages/ Hash Brown Patties or Corn Juice **16**

NO SCHOOL!!! **19**

Cheesy Chili & Fries
Rolls w/ Honey
Green Beans
Fruit **20**

Cold Ham & Cheese Sandwiches & Chicken
Rice Soup
Tomato/ Lettuce & Corn
Fruit **21**

Taco Salad
Refried Beans
Cornbread
Salsa
Fruit **22**

Pizza or PB & J Sandwich
Peas or Carrot Sticks
Fruit
Oranges Sherbet **23**

Chicken Alfredo or Marinara w/ Chx & noodles
Steamed Broccoli or Celery Sticks
Ginger Bars & Fruit **26**

Soft Pretzel w/ Nacho Cheese or PB & J Sandwich
Pasta Salad/ Cheese sticks
Green Beans or Carrot sticks
Fruit **27**

NO SCHOOL!!! **28**

