

September 2018

EVERGREEN K-8

BREAKFAST



Monday

Tuesday

Wednesday

Thursday

Friday

HOLIDAY!!

3

Fruit Parfait: Grahams, Yogurt Strawberries Juice Milk

4

Breakfast Pizza Teddy Grahams Fruit Milk

5

Cereal WW Toast Fruit Juice Milk

6

Apple Oatmeal Blueberry Muffins Fruit Milk

7

Granola Flavored Yogurt Fruit Milk

10

Breakfast Sandwich: English Muffin, Sausage Patty & Cheese Fruit Juice Milk

11

Cereal Mini Donuts Fruit Milk

12

Waffles w/ Syrup Fruit Juice Milk

13

Biscuits & Sausage Gravy Critter Munch (6-8th only) Fruit Milk

14

Strudel Boiled Eggs or Cheese Sticks Fruit Milk

17

Oat CC Bar or Cereal Fruit Juice Milk

18

Pancakes w/ Syrup Sausage Links Fruit Milk

19

Breakfast Pita: Scrambled Eggs w/ Cheese Fruit Juice Milk

20

Cereal Banana Bread Fruit Milk

21

Blueberry Bagels w/ Cream Cheese & Jelly Fruit Milk

24

Breakfast Burrito Teddy Grahams Fruit Milk

25

Pancakes w/ Syrup Flavored Yogurt Fruit Milk

26

Cereal Pop Tarts Fruit Juice Milk

27

Cinnamon Rolls Sliced Ham Fruit Milk

28

