

# August 2018

## EVERGREEN 5-8

### LUNCH



**HOORAY...TIME TO FUEL UP  
WITH LOTS OF HEALTHY FOOD  
CHOICES!!!**



**Remember to fill ½ of your plate with fruits & veggies!!**

**3 Choices of milk are offered daily**



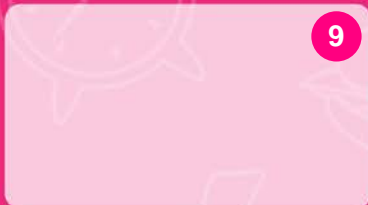
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**29** Cheeseburgers w/  
Tomato & Lettuce  
Jo Jo's  
Fruit

**30** Teriyaki Chicken  
Bowl w/ Fried Rice  
Stir Fry Veggies or Celery  
Cheese Sticks  
Fruit

**31** Polish Sausages on  
WG Bun  
Baby Bakers or Baked  
Beans  
Fruit