



- 3 Choices of Milk offered each day
- Menu Subject to change based on availability



Nutrition Tip:

Choose as many fruits & veggies as you can to make your plate very Colorful!!!!

Monday

Tuesday

Wednesday

Thursday

Friday



1
NO SCHOOL!!!

2
Chicken Salad w/ Pitas
Or Fish Nuggets w/ Rolls
Baked Beans
Sliced Cucumbers
Fruit

5
Spaghetti
Italian Dippers
Strawberry Salad & Cherry
Tomatoes
Fruit

6
Super Nachos
Banana Bread
Refried Beans
Green Peppers
Fruit

7
Meatball Sub w/ Cheese
Potato Medley
Carrot Sticks
Fruit

8
Chicken Rice Soup
PB & J Sandwich
Corn
Steamed Broccoli
Fruit

9
Turkey Dinner: Turkey w/
Gravy/ Stuffing/ Rolls
Mashed Potatoes
Peas & Carrots
Fruit
Pumpkin Bars

12
Chicken Tetrizzini
Chocolate Muffins
Fresh Broccoli & Cauliflower
w/ Ranch
Fruit

13
Cheeseburgers w/
Lettuce & Tomato
Jo Jo's
Fruit

14
NO SCHOOL!!!

15
Brunch for Lunch:
Waffles w/ Toppings
Sausage Links/ Hash Browns
Carrots
Juice

16
Pizza or PB & J Sandwich
Tossed Salad
Cherry Tomatoes
Fruit

19
Chicken Alfredo or
Marinara w/ Chicken & Noodles
Roll w/ Honey
Steamed Broccoli or Celery
Fruit

20
Country Fried Steak w/
Gravy
Mashed Potatoes or Green Beans
Raspberry Churros
Fruit

21
NO SCHOOL!!!

22
HOLIDAY!!!

23
NO SCHOOL!!!

26
Mac & Cheese
Bread Sticks
Green Beans or Carrot Sticks
Fruit

27
Teriyaki Chicken Bowl
Fried Rice
Stir Fry Veggies or Celery Sticks
Elf Grahams & Cheese Sticks
Fruit

28
BBQ Pork Sandwich
Baked Beans
Coleslaw
Fruit

29
White Chicken Chili
Cinnamon Rolls
Steamed Broccoli
Green Peppers
Fruit

30
Pizza or PB & J Sandwich
Tossed Salad
Cherry Tomatoes
Fruit
Orange Sherbet