

January 2019

EVERGREEN K-8

BREAKFAST



Monday

Tuesday

Wednesday

Thursday

Friday



1

HOLIDAY!!!

2

NO SCHOOL!!!

3

Cereal
Pop Tarts
Fruit
Juice
Milk

4

Pancakes w/ Syrup
Sausages
Fruit
Milk

7

Granola
Flavored Yogurt
Fruit
Craisins
Milk

8

Breakfast Burrito
Teddy Grahams
Fruit
Juice
Milk

9

Waffles w/ Syrup
Fruit
Milk

10

Cereal
WW Toast
Fruit
Juice
Milk

11

Biscuits & Sausage Gravy
Critter Munch(6-8th only)
Fruit
Milk

14

Blueberry Bagels w/
Cream Cheese & Jelly
Fruit
Milk

15

Breakfast Pita
Gogurt
Fruit
Juice
Milk

16

French Toast w/ Syrup
Fruit
Milk

17

Cereal
Oatmeal Strawberry Bars
Fruit
Juice
Milk

18

Apple Oatmeal
Blueberry Muffins
Fruit
Milk

21

NO SCHOOL!!!

22

Fruit Parfait: Grahams &
Yogurt
Strawberries
Juice
Milk

23

Cereal
Mini Donuts
Fruit
Milk

24

Breakfast Pizza
Fruit
Juice
Milk

25

Waffles w/ Syrup
Fruit
Milk

28

Cereal
Grahams
Cottage Cheese
Fruit
Milk

29

Fruit Strudel
Boiled Eggs
Fruit
Juice
Milk

30

Breakfast Sandwich
Fruit
Milk

31

Pumpkin Muffins
Cheese Sticks
Fruit
Juice
Milk

