



We offer 3 choices of milk each day!!

Menu subject to change based on availability



February Harvest of the Month: Beets

Pick up the beet! Beet roots and their edible leaves are packed with important nutrients including potassium, vitamin A, and riboflavin, folate and magnesium—all great for growing kids and athletes!



Monday



Tuesday

Wednesday

Thursday

Friday

Mac & Cheese
Raspberry Churros
Broccoli & Cauliflower or Cucumbers
Fruit

4

Chicken or Tuna Salad on Pita Bread
Steamed Peas or Carrot Sticks
Fruit
Tapioca Pudding

5

Taco Salad
Refried Beans
Rice
Fruit
Salsa

6

Cheeseburgers w/ Lettuce & Tomato
Jo Jo Potatoes
Fruit

7

Chicken Rice Soup & PB & J Sandwiches
Corn or Green Beans
Fruit

8

Spaghetti
Italian Dippers
Strawberry Salad
Steamed Peas
Fruit

11

Chicken Snack Wrap w/ Tomato
Cheesy Broccoli & Rice
Corn
Fruit

12

Super Nachos
Refried Beans or Green Peppers
Banana Bread
Fruit

13

BBQ Pork Sandwich
Sweet Potato Fries or Coleslaw
Fruit

14

Pizza or PB & J Sandwich
Tossed Salad w/ Dressings
Cherry Tomatoes
Fruit

15

NO SCHOOL!!!!

18

Teriyaki Chicken Bowl w/ Fried Rice
Stir Fry Veggies or Carrot Sticks
Fruit

19

Meatball Sub w/ Cheese
Cheesy Potatoes
Baked Beans
Fruit

20

Chicken Parmesan
Mashed Potatoes or Steamed Broccoli
Roll
Apples w/ Caramel Sauce

21

Brunch for Lunch:
French Toast w/ Toppings
Sausages, Hash Brown Patty or Steamed Carrots
Juice

22

Sesame Noodles w/ Broccoli & Chicken
Bread Sticks
Corn or Cucumbers
Fruit

25

Chicken Fajitas w/ Rice
Black Beans & Sauted Veggies
Fruit

26

NO SCHOOL!!!!

27

Pizza or PB & J Sandwiches
Tossed Salad w/ Dressings
Cherry Tomatoes
Fruit
Frozen Cherry Juice Bar

28

