

School Health Council Meeting Agenda

Thursday January 16, 2014
Savage Educational Center
Room 219
3:30pm

Welcome and Introductions:

Review of SHS Youth Risk Assessment Report – Tara Noyes

Report from AFHK Meeting – Joe Conti

Website Update – Jill Driscoll and Tara Noyes

SHC Evaluation Tool – Jane McLucas

Spring Track Night –

Thoughts from the last meeting were to attempt a spring Track Night

- Have it an all school event at the High School
- Have each elementary compete against each other
- Each Elementary can be assigned a color
- Run races as specific time, ex 1st grade at 5:30pm, 2nd gr at 5:45 pm, etc.
- Build up some competition within the district
- Perhaps support a charity, by bringing a can for the food pantry
- Have students sign up, so we have some #'s to work with for gifts for participation if possible

What do you think?

Round Table - Anyone have anything to share?

Next Meeting?

Thank you all for your continued support to the School Health Council.

Evaluation Plan Requirements:

In order to carry out its primary responsibilities, as set forth above, the School Health Council shall develop a School Wellness Policy Evaluation Plan. The plan shall establish criteria that will be used to judge the implementation of the Wellness Policy and its success or failure. The plan must follow guidelines that must be reached for the policy to be considered successful and must also set forth the methods that will be used to gather any and all information necessary to indicate system performance on the criteria relative to said standards.

The criteria shall include, but not be limited to, the following:

- (1) A requirement that measurable progress (as determined by the School Health Council) be made in lowering the percentage of Norwood students whose BMI (Body Mass Index) fall into the category of either *"overweight/danger of obesity"* or *"obese"* (as defined by the National Institutes of Health)
- (2) Measurable progress be made on the bi-annual Norwood Public Schools Youth Risk Behavior Survey in the health and nutrition components
- (3) Measurable progress (as determined by the School Health Council) be made in surveying stakeholders (i.e.: Principals, Nurses, etc.) in the implementation of the wellness policy

