
SCHOOL HEALTH COUNCIL MINUTES – APRIL 10, 2014

ATTENDEES: J. MCLUCAS, J. CURRIVAN, B. KILLION, J. CONTI, L. SCHORER, L. DAVENPORT

Recap meeting of our 1st Spring Track Night – April 4, 2014 5:30pm – 7:30 pm

Overall:

- Kids had a great time, and loved the races
- Parents enjoyed the outing and had favorable feedback
- Approx 70 kids attended
- Kids loved the numbers, the medals, and the bottles
- Family Fun run was a great, it was an opportunity for families to walk/run together
- Ann timed the track run, nice to hear people checking in as they went by

Timing:

- Too long, and a lot of people came late, plan next year's event for 6-7:30pm
- Friday night was a big draw
- Good opportunity for families before spring sports started

Opportunities:

- More signage at event
- Possibility of music if we were outside
- Some kids were late, and missed some of the events, plan for 45 min of activity that allows the groups to participate early and late

Thoughts for next year

- Change time to 6pm-7:30pm, do 45 min of races or stations 6-7, then the family fun run from 7-7:30
- Friday best night, early April, before vacation, possibly Friday April 10, 2015 if track available (Friday the 3rd is Good Friday, and Friday the 17th starts April vacation)
- Get HS track team to help out
- We could do stations in quads on the field or do races again by grade and finish with family fun run
- Stations could include: jumps stationary and long, hurdles, races, relay, softball throw, if we could get smaller groups

Walk to School Day is October 8, 2014
We will plan a Wellness Week again, also

Next Meeting is September 18, 2014
Room 219 at 3:30pm