

6-8 Health Curriculum Scope & Sequence		
Gr. 6	Gr. 7	Gr. 8
Violence Prevention	Violence Prevention	Violence Prevention
Bullying: Terms, Types, Intervention Conflict Resolution	Bullying Internet Safety Effects of Bullying Intervention	Bullying Cyberbullying
Nutrition/Physical Activity	Nutrition/Physical Activity	Substance Use/Abuse
Fitness Components Food Guide Pyramid	5.2.1 , Fitness Components, Pyramid ® Analyze Food Labels Analyze dietary intake/eating patterns	Alcohol-use/abuse/Binge Drinking Tobacco Steroids
Substance Use/Abuse	Substance Use/Abuse	Growth & Development/Sexuality
Tobacco/Alcohol Myths/Facts, Social Norms: Perceptions of Use/Non-Use Reasons People Use/Don't Use	Drug classifications Internal/External Factors Influencing Use Assertive Skills Around Peer Pressure Marijuana	Reproductive Systems/Puberty Sexual Activity: Terms/Decision Making Abstinence, postponing, pregnancy prevention terms.
Growth & Development/Sexuality	Growth & Development/Sexuality	Disease Prevention
Body Systems-All. Reproductive Systems-parts & roles Puberty-Boys/Girls/Both (Physical/Emotional) Heredity/Genetics	Reproductive Systems/Puberty Understanding Sexuality & Terms Myths/Facts Around Sexuality	Skin Cancer Types, signs/symptoms, prevention
Consumer Health	Mental Health	
Understanding Consumerism Adolescent Marketing of Consumer Goods Skills of a Smart Consumer	Self-Esteem/Personal Wellness	
First Aid/Disease Prevention	Mental Health	
Summer safety unit: Swim/Water safety, sun safety, choking, personal safety: buddy system etc..	Positive/Negative Stress & Coping Skills Depression: Definition, Normal Teen Sadness v.Depression.	