

## Personal Study Skills and Habits Review Survey

DIRECTIONS: Read each question about your personal study skills and habits. Rate yourself and check the appropriate box.

Questions	Yes	Sometimes	No
Do you have a regular time to study?			
Do you have a regular place to study?			
Do you try to study when you are alert/rested?			
Do you put notes in an outline form as soon as possible after taking them?			
Do you begin the study of a topic by quickly glancing over the topic to see what it is about?			
Do you think through or process information instead of just reading it?			
Do you concentrate fully when you are studying?			
Do you express in your own words what the author is saying?			
Do you take meaningful/useful notes over what the teacher says in class?			
When reviewing your notes do you have enough details to remember what the topic was about?			
During lectures, do you look and listen to the teacher?			
Do you think about what the teacher is saying as well as listen to what the teacher is saying?			
Do you think about ways the subject you are studying may be helpful to you later in life?			
When you are reading do you keep in mind the overall idea, topic or story?			
Do you believe that in addition to learning the details of a subject it is important to know the overall idea as well?			
Do you deliberately prepare yourself for participation in class discussions?			
Do you deliberately prepare yourself for open-note quizzes or tests?			
Do you think through the meanings of test questions before you answer?			
Do you write all homework assignments, tests and projects in your planner to remind yourself of due dates?			
Do you review material/information of each subject that you have studied from previous days?			