



NHS ADVISORY

Lesson 1 ~ September 18, 2014

Grade	11
Topic	Summer Activity Icebreaker & Discussion
Goal	To reconnect with your students and re-establish a good rapport within the group. Also to review ground rules (if necessary) and have discussion about importance of doing well junior year.
Procedures	<p>1. Distribute “Summer Activity Icebreaker” and review the directions. The goal is for students to match group members to the list of activities. Students are only allowed to list one person per box. The student who finishes first, wins. Use this as a way to initiate discussion about what students did over the summer.</p> <p>2. Discussion about new classes: What are some of the students’ favorite classes so far? Which ones will be the most challenging for them? Are they taking all required classes? What electives did they choose?</p> <p><u>3. Provide overview of junior year – what to expect (discussion based):</u></p> <ul style="list-style-type: none">• PSAT – October 15th (all juniors)• Academic performance is heightened this year – college admission reps want to see academic maturation; important to be a great self-advocate and independent learner• Post-secondary exploration – important to have a plan, whether it’s college, vocational/trade school, military, employment, etc. MUST HAVE A PLAN!• SAT/ACT exams – Most students take them in the spring; higher-level students are encouraged to take them in March<ul style="list-style-type: none">• Employment – think about getting a part-time job• Summer internships – search for a potential internship for the summer<ul style="list-style-type: none">• VISIT COLLEGES – important to get on campuses! <p><i>You can discuss student thoughts on these topics and ask what students have been doing to work on their post-graduate plans. Have they visited schools, joined more extra-curricular activities, etc.</i></p>