Norwood High School
Curriculum Night &
Open House
Curriculum Night - Agenda

Opening Remarks: Principal, Jonathan Bourn
Video Presentation: “Your High School Experience”
Director of Guidance: Kristen McDonnell
NHS Athletics: Jon Longley

STUDENT LED TOURS

English Language Arts: Jim Lee
Mathematics: John Casali & Betty Pinto
Science/Technology/Engineering: Paul Betz & Doc Crowley
Social Studies: Jennifer Orlinski
Foreign Languages: Cynthia Derrane
Music, Drama, TV Production: Catherine Connor-Moen
Visual Arts: Laurie Mead-McGrory
Health and Physical Education: Jan Cohn
School Counseling Department

**General Information:**
- 5 school counselors, 2 adjustment counselors, and 1 amazing administrative assistant
- Alphabetical breakdown based on last name
- Students will have the same counselor for the duration of their high school career

**Main Roles of Counselor:**
- Academic Planning: Includes scheduling and academic monitoring
- College and Career Planning
- Emotional/Social Support and Guidance
CREDIT REQUIREMENTS

THE MAGIC NUMBER = 100

<table>
<thead>
<tr>
<th>Subject</th>
<th>Years Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>4</td>
</tr>
<tr>
<td>Math</td>
<td>3</td>
</tr>
<tr>
<td>Science</td>
<td>3</td>
</tr>
<tr>
<td>Social Studies</td>
<td>3</td>
</tr>
<tr>
<td>Health</td>
<td>4</td>
</tr>
<tr>
<td>Phys Ed</td>
<td>4</td>
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</tbody>
</table>

Note: Foreign Language is not currently a graduation requirement; however, MA state universities require 2 years of the same foreign language… and they prefer 3+ years!
Course Selection

❖ Course selection for rising grade 9 students begins in late February
❖ Current teachers will input course & level recommendations based on current performance.

*If a student’s performance changes from that point through the end of the school year, then teacher-driven changes can be made*

❖ The parent/guardian override deadline is April 11th
❖ The goal is to have schedules available to students by the end of the 2017-2018 school year.
There are 7 courses scheduled into 6 periods a day ~ the last class of each day rotates out
<table>
<thead>
<tr>
<th>S1</th>
<th>S7</th>
</tr>
</thead>
<tbody>
<tr>
<td>[FY] PHYSICAL SCIENCE C&lt;br&gt;Cyr, William - 300</td>
<td>[S2] DST&lt;br&gt;Lee, J - 352</td>
</tr>
<tr>
<td>[FY] ALGEBRA 1&lt;br&gt;Apostoli, Elsa - 221</td>
<td>[FY] PHYSICAL SCIENCE C&lt;br&gt;Cyr, William - 300</td>
</tr>
<tr>
<td>[FY] INTRO-MASS COMM C&lt;br&gt;Brunt, John - 106</td>
<td>[FY] ALGEBRA 1&lt;br&gt;Apostoli, Elsa - 221</td>
</tr>
<tr>
<td>[FY] LATIN 1 C&lt;br&gt;Holmes, Moriah - 268</td>
<td>[FY] INTRO-MASS COMM C&lt;br&gt;Brunt, John - 106</td>
</tr>
<tr>
<td>[FY] FRSH ENGLISH H&lt;br&gt;Connolly, Lindsey - 351</td>
<td>[FY] LATIN 1 C&lt;br&gt;Holmes, Moriah - 268</td>
</tr>
</tbody>
</table>

The last class rotates out
## Course Level Descriptors

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basic</td>
<td></td>
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<tr>
<td>Intermediary</td>
<td></td>
</tr>
<tr>
<td>Advanced</td>
<td></td>
</tr>
<tr>
<td>Expert</td>
<td></td>
</tr>
</tbody>
</table>

### Basic Level Concepts
- Concept 1
- Concept 2
- Concept 3

### Intermediate Level Concepts
- Concept 4
- Concept 5
- Concept 6

### Advanced Level Concepts
- Concept 7
- Concept 8
- Concept 9

### Expert Level Concepts
- Concept 10
- Concept 11
- Concept 12
Program of Studies

Can be found on NHS website under ‘Academics’, or at this link:

2018–2019 Program of Studies

Or by scanning this QR code:
Student Led Tours
English Language Arts – Course of Study

Expectations for Freshman English
- Homework at least 4x weekly
- Open response and 5 paragraph essays using the writing process
- Core reading and writing assignments
- Reading/analyzing complex texts
- Maintaining an organized, up-to-date 3-ring binder
- Willingness to learn and improve skills
- Frequent class participation
- Summer reading, midyear, and final exam
**NHS Math**

**Grade 8 Math Class**
- Accelerated Algebra 1
- Intro to Algebra

**Grade 9 Math Class**
- Honors Geometry
- Algebra 1

<table>
<thead>
<tr>
<th>Grade</th>
<th>Honors Program</th>
<th>College Prep Program</th>
<th>College/Career Readiness Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grade 8</td>
<td>Algebra 1 (accelerated)</td>
<td>Intro to Algebra</td>
<td>Intro to Algebra</td>
</tr>
<tr>
<td>Grade 9</td>
<td>Geometry (Honors or level 1)</td>
<td>Algebra 1 (level 1 or 2)</td>
<td>Algebra 1 (level 3)</td>
</tr>
<tr>
<td>Grade 10</td>
<td>Algebra 2 (Honors or level 1)</td>
<td>Geometry (level 1 or 2)</td>
<td>Informal Geometry</td>
</tr>
<tr>
<td>Grade 11</td>
<td>Precalc/Trig (Honors or level 1)</td>
<td>Algebra 2 (level 1 or 2)</td>
<td>Intro to Algebra 2 (S)</td>
</tr>
<tr>
<td>Grade 12</td>
<td>Calculus and/or Statistics (AP or Honors)</td>
<td>Precalculus/Trig or Senior College Math</td>
<td>Algebra 2 (level 3) or Data Skills (S)</td>
</tr>
</tbody>
</table>
New Resources
Science and Tech. Ed./Engineering Dept. Course Offerings:

**Grade 9**
- Biology Honors
- Honors/Adv. P. Electives

**Grade 10**
- Chem. Honors
- Engineer. Honors*

**Grade 11**
- Phys. Honors Physics I A.P.
- Anat. H.*
- Eng. H.*
- Bio. A.P.*
- Anat. H.

**Grade 12**
- Biology C. Prep.
- Chem. C. Prep.
- Phys. C. Prep.
- Eng. C.P.
- Eng. C.P.
- Forensics C.P.
- Anatomy C.P.

Students must pass three science courses and a Science Subject MCAS Exam as graduation requirements.
Shaded Science Core courses are required of all students.
*Indicated electives require concurrent enrollment with the Science Core at that grade level.
Technology Education/Engineering Course Offerings:

Strand Option A

Grade 9+
Introduction To Technology
College Prep. & Standard

Grade 10+
Engineering
Col. P. & Hon.

Grade 11+
Robotics
Col. P. & Hon.

Strand Option B

Grade 10+
CAD I
College Prep.

Grade 11+
CAD II
College Prep.

Senior Elective Options:
1. Senior Zoology Elective: raising endangered turtles
2. Senior Technology Seminar: instructional technology support

Technology Education Courses are offered at and above the indicated grade level. Students must be recommended by their teachers for the above honors level courses.
NHS Social Studies

Grade 9 World History
- Continuation of Grade 8 Curriculum
- Offered at Honors/College level

Grade 10 US History I
- First half of a 2 year sequence - Exploration to 1877
- Offered at Pre-AP/College/CP2 levels

Grade 11 US History II
- Second half of a 2 year sequence 1880-present
- Offered at AP/Honors/College/CP2 levels

Electives
- All grades: Multi-level Contemporary Problems
- Grade 11 OR 12: Law, Psychology, Sociology
- Grade 12 ONLY: Honors Civics, AP Psychology, AP European History, Economics, Senior Contemporary Problems
NHS Foreign Language Department

Continue With Current Language

GRADE 9
- French 2H
- Spanish 2H
- French 2C
- Spanish 2C

GRADE 10
- French 3H
- Spanish 3H
- French 3C
- Spanish 3C

GRADE 11
- French 4AP
- Spanish 4AP
- French 4C
- French 4H
- Spanish 4H

GRADE 12
- French 5AP
- Spanish 5AP
- French 5C
- French 5H
- Spanish 5H

Switch or Add a Language

- Latin 1C
- French 1C
- Spanish 1C
- German 1C
- Latin 2H or C
- French 2C
- Spanish 2C
- German 2H/C
- Latin 3H
- French 3C
- Spanish 3C
- Latin 4AP
- French 4C
- Spanish 4C

Honors and AP Classes:
Students are recommended by their teacher. Students can move in or out of levels based on their yearly performance.
Music

Music Electives
- History of Rock & Roll
- Music Production
- Introduction to Guitar
- Music Major I, II AP

Curricular Instrumental Music
- Concert Band (C/H)
- Wind Ensemble (H)
- Orchestra (C/H)

Curricular Choral Music
- Men’s Chamber Choir (C/H)
- Women’s Chamber Choir (C/H)
- Concert Chorale (C/H)
- Madrigal Choir (H)

Extra-Curricular Instrumental
- Marching Band & Color Guard
- Jazz Ensemble
- Brass Choir
- Celtic Strings

Extra Curricular Choral
- A Cappella Choirs
- Muses (women)
- Concordia (men)
TV and Drama

- Introduction to Theater
- Acting & Directing
- Acting Troupe
- Advanced Acting Troupe

TV I
- Introduction to Broadcast Media

TV II
- Intermediate Broadcast Media (C/H)

TV III
- Advanced Broadcast Media (C/H)

- Musical Theater Summer Program
- Extra Curricular Improv Club
Norwood High School’s Visual Arts Department

Foundations of Art Making:
This course introduces students to the fundamentals of art making and design. This course is designed to meet the needs of students of all ability and experience levels. Students will spend an entire quarter studying the following disciplines: drawing, painting, digital 2D design (computer graphics), and 3D design (sculpture). It is a prerequisite for all upper level art courses. This course is only offered to freshman and sophomores.

For Juniors and Seniors, the Visual Arts Department offers elective courses in photography and web design.
Mustang Wellness Program 2017-18
Grade 9

9th Grade
Foundations of Wellness

➢ Goal Setting, Social Norms
➢ Self-management
➢ Healthy Decision Making
➢ Suicide Prevention
➢ Communication Skills
➢ Anger Management
➢ Conflict Resolution
➢ Maslow’s Hierarchy
➢ Flight or Fight
➢ Physiology

PE - Life Time Fitness

➢ Fitness Growth Assessment
➢ Project Adventure
➢ Floor Hockey
➢ Basketball
➢ Indoor Soccer
➢ Cardio/Cross Fit
➢ Yoga and Movement
➢ Ultimate Frisbee
➢ Flag Football
➢ Capture the Flag
➢ Golf
<table>
<thead>
<tr>
<th>Gr. 9 Semester One</th>
<th>Gr. 10 Semester One</th>
<th>Gr. 11 Semester One</th>
<th>Gr. 12 Semester One</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Health</strong></td>
<td><strong>PE - Explorations In Physical Wellness</strong></td>
<td><strong>PE - Teamwork and Character</strong></td>
<td><strong>Health - Real World Wellness</strong></td>
</tr>
<tr>
<td>❯ Goal Setting, Social Norms</td>
<td>❯ Cardio Fitness</td>
<td>❯ Badminton</td>
<td>❯ First Aid/CPR/AED</td>
</tr>
<tr>
<td>❯ Self-management Healthy Decision Making</td>
<td>❯ Project Adventure Games</td>
<td>❯ Pickleball</td>
<td>❯ Cardiovascular Disease</td>
</tr>
<tr>
<td>❯ Suicide Prevention</td>
<td>❯ Orienteering</td>
<td>❯ Table Tennis</td>
<td>❯ Death Dying and Cultural Differences</td>
</tr>
<tr>
<td>❯ Communication Skills</td>
<td>❯ Circuit Training</td>
<td>❯ Cardio and Core</td>
<td>❯ Stress Management</td>
</tr>
<tr>
<td>❯ Anger Management Conflict Resolution</td>
<td>❯ Soccer</td>
<td>❯ Rugby</td>
<td>❯ Real World Transitions</td>
</tr>
<tr>
<td>❯ Maslow’s Hierarchy Flight or Fight Physiology</td>
<td>❯ Basketball</td>
<td>❯ World Cup Soccer</td>
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<tr>
<td>❯ Dance - Merenge, Salsa</td>
<td>❯ Spikeball</td>
<td>❯ Irish Football</td>
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<tr>
<td>❯ Snowshoeing</td>
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<td>❯ Polish Horseshoes</td>
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<td>❯ Bocce</td>
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<tr>
<td><strong>Semester Two</strong></td>
<td><strong>Semester Two</strong></td>
<td><strong>Semester Two</strong></td>
<td><strong>Semester Two</strong></td>
</tr>
<tr>
<td><strong>PE - Life Time Fitness</strong></td>
<td><strong>Health - Teens on Target</strong></td>
<td><strong>Health - Making A Change</strong></td>
<td><strong>PE - Moving For Fun</strong></td>
</tr>
<tr>
<td>❯ Fitness Growth Assessment</td>
<td>❯ Refusal Skills</td>
<td>❯ Healthy Relationship</td>
<td>❯ Strength Training</td>
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<tr>
<td>❯ Floor Hockey</td>
<td></td>
<td></td>
<td>❯ Core and More</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>❯ Spin</td>
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</tbody>
</table>