



Norwood High School
January 2019



Message from the Principal

Happy New Year! We are starting the new year strong with Cindy Derrane officially appointed as NHS Vice Principal from her interim position. Our staff responded to the news with a standing ovation. Let's continue our journey into 2019 with a positive and hopeful attitude.

Best Wishes,

Hugh Galligan
NHS Principal

Demystifying the Teen Brain Series – 2nd installment

Don't forget: on January 17th, Impact Norwood is hosting the second installment of the "Demystifying the Teen Brain" speaker series. Patricia Coffey from Franciscan Children's hospital in Brighton will discuss the Kids Healthy Minds Initiative in an effort to increase community awareness about youth mental health, teach people about the early warning signs of pediatric mental illness and decrease the stigma surrounding mental illness and its treatments.

Food and childcare will be provided!

Register for FREE now!

<https://www.eventbrite.com/e/impact-norwood-demystifying-the-teen-brain-speaker-series-tickets-52868351663>

Spirit Club

For the month of December the NHS spirit club sold candy canes or candy grams which were delivered in homeroom right before the break. Over \$300 was raised which was sent to Globe Santa. Check out our NHS elves wrapping the messages on the candy canes.



Go Mustangs!

Athletics



Please go to www.norwoodmustangs.com for details regarding NHS sports and the activityscheduler app for schedules is available as well.





Post Prom Party

Did you know...post prom party is open to all seniors whether they attend prom or not.

Are you a student at Norwood High or a parent of a student? Are you looking for a way to contribute to our school community and have fun with friends old and new?

Get involved in the Norwood Post Prom committee – it is not too late!

The next meeting is Monday, January 28 at 7PM in the NHS library, come find out how you can help make this event a memorable night for all who attend. ****If you are a senior, we will announce the theme and start planning!** Come and make an impact about your Post Prom Party.

For more information on other upcoming meetings, ways to volunteer, and the event itself visit our website at <https://nhspostprom.weebly.com/> or contact the event co-chairs Kathy Mulligan, kathy.mulligan@gmail.com and Lyssa Phillips, lyssaphillips3@gmail.com.

Also, be sure to like and follow post prom:

Follow us on Twitter: @norwoodpostprom

Like us on Facebook: <https://www.facebook.com/norwoodpostprom/>

SAT Prep Course

SAT Prep Course @ Norwood High School

The SAT Prep Program will once again be offered at NHS. The program will begin the week of March 5 and will last eight weeks. Students will have the option of choosing between two weekly after-school sessions. The description and registration form will soon be available on the Guidance website under

"SAT Prep Course":

<http://www.norwood.k12.ma.us/nhs/guidance/>

Mid-Year Exams

Mid-Year exams begin next week! Have your student(s) check ASPEN to be sure they are on track with their grades, not missing any work, etc. If they need to make up assignments, tests, or quizzes or they need extra help, please have them check in with their teachers this week to make arrangements to get caught up! Finish the semester strong.

Good Luck

[Mid-Year Schedule](#)

2019

Yearbook Information

Parents and families, would you like to congratulate a graduating senior with a message in the 2019 yearbook? Time is running out to do so! Recognition ads are available to purchase now!

Visit <http://norwoodyearbook.com/parent-recognition-ads.html> for more information. The deadline to purchase an ad HAS BEEN EXTENDED TO FEBRUARY 4. E-mail Molly Uppenkamp at muppenkamp@norwood.k12.ma.us with any questions.

Yearbooks are still on sale! The price is now \$80, but will go up soon so buy yours today!

Visit ybpay.lifetouch.com and use the code 11555019 to purchase. Email Jen Rodger

at jrodger@norwood.k12.ma.us or Molly Uppenkamp at muppenkamp@norwood.k12.ma.us with any questions.



Guidance

Junior College Planning Night – Wednesday, 1/16 @ 6:30pm

NHS Guidance counselors will provide an overview of the college exploration and application planning process. In addition, admission representatives from Stonehill College and Framingham State will provide insight into what students can do to strengthen their application. All parents and students are invited to attend.

SAT Administration – Saturday, 3/9

The on-time registration deadline for the March 9th SAT is Friday, February 8th. It is recommended that students who take mainly honors and/or AP level classes should take this SAT as they would have covered most of the material. NHS is not a test site for this administration but there are many local schools that offer it. To register, go to CollegeBoard.com and sign into the student's account (they should already have an account from having taken the PSAT).

SAT or ACT – Which one is the better fit for my student?

Colleges weigh these two standardized tests equally in the college admittance process. The good news is that since College Board redesigned the SAT in 2016, students can now prepare for both tests more concurrently. It's important to note that the ACT includes a science section so some of our more math and science based students have found success with the ACT. If you'd like to see which test is better for your skills, go to:

<https://www.princetonreview.com/college/should-i-take-the-act-or-sat-quiz>.

Fine Arts

The Fine Arts Department Winter Concert series begins Thursday, January 24 and continues every Thursday until February vacation with a series of collaborative concerts connecting our elementary students with more advanced middle and high school musicians and mentors. All concerts begin at 7:00 pm and a \$5 donation per family is requested to help defray expenses.

- Thursday, January 24: *Festival of Bands* in the NHS gym
- Thursday, January 31: *Orchestra Night* in the NHS auditorium
- Thursday, February 7: *La-La Palooza Choral Concert* in the NHS auditorium

The Fine Arts *Snow Ball* will be held at the Sheraton Four Points on Friday, February 8 from 6:30-10:00 pm. Tickets are \$35, payable to the Norwood PMA and will go on sale Thursday, January 14 in the Fine Arts office. This event is open to all students who participate in any music, drama, visual arts or television curricular and/or extra-curricular programs.



Twenty students from the choral and instrumental program rehearsed and performed January 11th and 12th at Canton High School for the **Southeast District Massachusetts Music Educators Association Senior Festival**.

These students auditioned in November and twelve of them have also been selected to audition for the Massachusetts Music Educators All State Festival on January 26th.

EYC

EYC will be meeting after school on **Tuesday, Jan. 22**. We are continuing our efforts trying to educate and raise awareness about our environment and reducing plastic.

We also are selling stainless steel Mustangs water bottles. If your club or organization would like to sell water bottles at any of your events, please email aleichtman@norwood.k12.ma.us-- we are happy to help and will donate proceeds to your organization!

Calendar

- 1/16 Junior College Planning Night 6:30PM
- 1/21 Martin Luther King Day – no school
- 1/24 Midyear exam (period 6) full day of school
- 1/25 Midyear exam (period 7 & 1)
- 1/28 Mid year exam (period 2 & 3)
- 1/29 Mid year exam (period 4 & 5)
- 1/30 Term 3 begins
- 2/7 Professional Dev. Day 11:30 dismissal
- 2/15 Winter Rally
- 2/18 February recess begins

