

Things Families Can Do to Prepare for Returning to School

Practice putting on and taking off a mask

Everyone will be wearing masks on the bus and in school. Students will need to come to school each day with at least 2 masks.



Practice Hand Hygiene

Washing hands, front and back, with soap and water for 20 seconds. When using hand sanitizer rub, front and back, until dry.



Practice Social Distancing

As much as possible we will be staying 6 feet apart at school. Measure out 6 feet on the floor and help your child count how many of their steps equal that distance.



Talk to Your Health Care Provider

Immunizations are required for back to school.

Physical exams or a letter noting an upcoming appointment, are required for all new students and those in grades Kindergarten or 1,4, 7 and 11.

Medication orders. Please note that nebulizer treatments and inhalers without a spacer cannot be administered in school at this time.



Plan Contact Information Updates Before School Starts

You will need to provide at least 3 emergency contacts when school begins. If dismissed, students will need to be picked up within 30 minutes of parents/guardians being called.



Make Plans to Get a Flu Shot for your Child

The MA Department of Public Health now requires flu vaccinations by December 31st for all students in public school.



Bring a Water Bottle to School Everyday

In all Norwood Schools water bubblers have been replaced with water bottle filling stations.



Have a Reliable Thermometer

You will need to screen your child's temperature everyday before school. If it is greater than 100°F they may not attend school.



Stay Informed

Ask questions and seek answers from reliable sources of information; such as your own health care provider, the CDC, the MA Department of Public Health and your child's school nurse.

