

Concussion Oversight Team (COT)

The COT's primary function will be to develop return-to-play and return-to-learn protocols for students believed to have experienced a concussion. The protocols should be based on peer-reviewed scientific evidence consistent with guidelines from the Center for Disease Control and Prevention. These teams can contain a range of individuals based on the resources available to the school in their community or neighborhood but must include one person who is responsible for implementing and complying with the return-to-play and return-to-learn protocols.

KHS COT

Dr. Timothy Pratt, MD

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IHSA Concussion Protocol

1. Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional. A health care professional is defined as Physicians licensed to practice medicine in all its branches in Illinois (MD/DO), Certified Athletic Trainers (ATC), Advanced Practice Nurses (APN), and Physician Assistants (PA).
2. If it is confirmed by the schools approved health care professional that the student did not sustain a concussion, the head coach may so advise the officials during an appropriate stoppage of play and the athlete may re-enter the contest.
3. Otherwise, if an athlete cannot be cleared to return to play by a school approved health care professional as defined in this protocol, that athlete may not be returned to competition that day and is subject to his or her school's Return to Play (RTP) protocols before the student-athlete can return to practice or competition.

KHS Concussion Oversight Team RTP/RTL Protocol*

- Normal ImPACT Concussion Test
- Normal Vestibular Ocular Motor Screen
- Symptom Free at Rest
- No School/Classroom Restrictions
- Signed IHSA RTP/RTL Consent Form
- Written Clearance by Athletic Trainer

*Please note that any athlete that seeks care from a physician is under their physician's care and their physicians protocols. A signed IHSA Post-Concussion Form and written clearance from that physician is necessary for the athlete to return to play. In some cases the physician may release the athlete to the care of the school's athletic trainer. If so, written clearance by the physician must be turned in to the school stating that release to the athletic trainer. In that case, the athletic trainer may provide written clearance for return to play.