



Bishop Stang High School 2018 Athletics Hall of Fame



COACH THERESA DOUGALL

CLASS OF 1964

Outstanding.

By all accounts, Theresa (Perry) Dougall graduated as the best female athlete in the Bishop Stang Class of 1964. She returned after college to develop a girls sports program that is second to none.

As a teacher and coach Mrs. Dougall was universally regarded as a person of intelligence and integrity, pushing students to be the best they could be. Early on in her tenure at Stang, Mrs. Dougall set the tone for the girls sports programs that continues today. The girls work hard, carry themselves with class, and take themselves seriously on the field, on the court, in the classroom and in life.

Mrs. Dougall coached field hockey from 1968-1991, leading the 1983 field hockey team to Division II State Champions. She was named Boston Globe Coach of the Year in 1980 and 1986 as well as League Coach of the Year in 1985 and 1986. These were well deserved recognitions for Mrs. Dougall, and she appreciated them. Mrs. Dougall received many accolades during her 44 years as a teacher, coach and administrator. But, the mementos she treasured the most were the countless letters from former players thanking her for the impact that the experience of playing on one of Mrs. Dougall's teams had on their personal and professional lives.

Mrs. Dougall's faith, personal discipline and her ability to push her players beyond their perceived abilities is what made her the outstanding coach she was for her players.

