

**MENOMINEE INDIAN SCHOOL DISTRICT**

453.32-Rule

NURSING GUIDELINES FOR STUDENTS WITH CHICKENPOX  
(Varicella)

1. Inspect skin for multiple lesions that appear as small, red bumps that progress to thin walled water blisters; then cloudy blisters or open sores and finally dry, brown crusts (all within 24 hours). Rash can be found on all body surfaces but usually starts on head and back. New eruptions continue to crop up daily for four to five days.
2. Check for slightly increased temperature.
3. If positive signs and symptoms, notify parent/guardian. Advise parent/guardian to pick up student and take home. Call the public health nurse to have them do a home visit to confirm if child has chickenpox. Remind parent/guardian that the child is highly contagious until the skin eruptions are crusted over and there is no evidence of a fever.
4. Parent/guardian will receive information on chickenpox. (See 453.32-Exhibit).
5. Upon returning to school the nurse will assess student to ensure he/she is no longer contagious (sores are crusted with no sign of any new ones). The parent/guardian must continue with proper follow-up care.

APPROVED: May 2000

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