



Community Education Class Fall 2018

Instructors: Mason Werner, Samantha Rick, Mandy Beatty, Michael Hall, Emily Hargraves

Adult Climbing Night

Basic instruction will include rock climbing terminology, top rope concepts, movement, and belay techniques. All skill levels are welcome. Participants may attend as many or few sessions as they wish. *If you have questions, email Rick Stock at rstock@frc.edu.*

Date: October 15 - December 5, 2018

Day of the Week: Mondays & Wednesdays

Time of Day: 5:00—8:00 p.m.

Course Fee: \$7.00/session OR

\$50.00/10 session punch pass



Kids Climbing Night

Children under the age of 16 years will have an opportunity to learn to rock climb. No skills required. One parent (or adult mentor) must be present with each participant. Parents (or mentor) will learn to belay and will actively participate. Both the parent (or mentor) and child must pay the course fee. A parent or guardian signature is required on a liability release form for all climbers under the age of 18 prior to them climbing on the wall.

Date: November 5 - November 26, 2018

Day of the Week: Mondays

Time of Day: 4:00—6:00 p.m.

Course Fee: \$35.00

To Register:

- 1) Print the Registration Form from the FRC website at: www.frc.edu/studentservices/community-ed
- 2) Submit the Registration Form and payment of the Course Fee to Feather River College.

If you have questions contact Connie Litz at 530-283-0202, ext. 317.

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