Kinesiology (AA-T)

SEMESTER-BY-SEMESTER PROGRAM PLAN FOR FULL-TIME STUDENTS

All plans can be modified to fit the needs of part-time students by adding more semesters.

Semester 1					
Subject	Course Name	Unit	Major &/or GE Area	Milestones & Next Actions	
□ <u>ENGL 101</u>	Comp. & Reading I	3	A2	DO THIS – Meet with advisor/counselor to	
□ <u>HES 133</u>	Into. to Kinesiology	3	Major		
□ <u>HES 100</u>	Prin. of Healthful Living	3	E	discuss academic goals and plan coursework DO THIS – Begin research on four-year schools	
□ <u>MATH 202</u>	Elem. Statistics	4	Major/ <mark>B4</mark>	, , , , , , , , , , , , , , , , ,	
□ <u>ECE 162</u>	Child Growth & Develop.	3	D		
16 CREDIT HOURS					

Semester 2						
	Subject	Course Name	Unit	Major &/or GE Area	Milestones & Next Actions	
	ENGL 103	Critical Thinking & Writ.	3	A3	DO THIS – Mid-term check-in with advisor/counselor DO THIS – Visit Transfer Center to discuss options and create a short list of four-year schools for potential transfer	
	POL 101	Gov't & Politics in US	3	D-AI		
	BIOL 110	Human Anatomy	4	Major <mark>/B2 & B3</mark>		
	PSY 102	Intro. to Psychology	3	D		
	<u>HES</u>	Movement Based Course	1	Major		

14 CREDIT HOURS

Semester 3						
		Subject	Course Name	Unit	Major &/or GE Area	Milestones & Next Actions
		ENGL 120	Speech	3	A1	DO THIS – Mid-term check-in with advisor/counselor DO THIS – Begin seeking additional four-yea funding outlets such as scholarships and aid DO THIS – Apply for Graduation
		CHEM 102	General Chemistry I	5	Major/ <mark>B1 & B3</mark>	
		<u>HUMN 128</u>	Film Appreciation	3	C1	
		PHYS 102	General Physics I	4	*Recommended Elective	
		<u>HES</u>	Movement Based Course	1	Major	

16 CREDIT HOURS

Semester 4				
Subject	Course Name	Uni t	Major &/or GE Area	Milestones & Next Actions
PHIL 102	Intro. to Ethics	3	C2	
BIOL 112	Human Physiology	4	Major	COMPLETION of Associate in Art for Transfer degree in Kinesiology
HIST 108/110	US History	3	C2-AI	
PHYS 104	General Physics II	4	*Recommended Elective	
<u>HES</u>	Movement Based Course	1	Major	

15 CREDIT HOURS

Degree Minimum: 60 Credit Hours/Transfer Pathway Total: 61 Credit Hours

Notes: In order to complete in two years an average of 15 units per semester is necessary. This sequence presumes entering college ready in English and mathematics.

This major academic plan is a sample ONLY and should not be used as an educational plan without first discussing your career and educational goals with a Feather River College advisor/counselor.

General Education Reference Table

- California State University General Education Breadth

Requirements: Students must complete either the CSU or the IGETC general education pattern.

