



Feather River College

EXPOSURE CONTROL PLAN

Feather River College will follow directions given by local Health Departments and follow CDC guidelines on the best way to approach each situation. Each situation will be different and will require its own unique handling. Feather River College will also follow local health department guidelines regarding when an employee may return to work.

All employees will continue to practice social distancing, personal hygiene habits and regularly sanitize frequently touched areas and hard surfaces. Feather River College requests employees that are sick to stay home, and if they are caring for someone that is sick stay home.

The best way to stay healthy and keep colleagues safe is to continue to practice good personal hygiene and maintain social distancing.

Risk Assessment may include:

- The date the employee was last in the workplace
- Who was the employee in close contact within the last 14 days
- Who worked closely with employee and was unable to maintain social distancing within the last 14 days

Close Contact definition - According to the CDC, close contact means being within approximately six feet of a person with a symptomatic laboratory-confirmed COVID-19 case for a prolonged period of time. The CDC categorizes such exposure as a Medium Risk, which means the exposed individual, if asymptomatic, should remain at home, practice social distancing, and actively monitor for symptoms. Most casual professional interactions are classified as “Low Risk,” meaning that an individual has been in the same indoor environment as an infected person with symptomatic COVID-19; but has not had close contact.

Steps to be taken if:

1. An employee has been around someone who was later confirmed to be exposed or confirmed to have COVID-19.
 - Employee will be advised to self-isolate for 14 days and report any symptoms to health department, personal physician and Human Resources.
 - Employee will follow directions of their local health department regarding self-quarantine and when self-quarantine may stop.
 - Upon release to return to work, employee will be asked to take additional precautions including wearing a face mask and gloves in the workplace.
 - The employee will be asked to continue to self-monitor for COVID-19 symptoms.

2. An employee believes that they may have symptoms of COVID-19.
 - Employee will be advised to self-isolate immediately and contact their personal physician, local health department, their supervisor and Human Resources.
 - Employee will follow directions of the local health department and personal physician regarding self-quarantine and when self-quarantine may stop.
 - Upon release to return to work, employee will be asked to take additional precautions including wearing a face mask and gloves in the workplace.
 - The employee will be asked to continue to self-monitor for COVID-19 symptoms.

3. An employee has been in direct contact to someone confirmed to have COVID-19.
 - Employee is advised to self-isolate for 14 days and report any symptoms to health department, personal physician, supervisor and Human Resources.
 - Employee will follow directions of their local health department regarding self-quarantine and when self-quarantine may stop.
 - Upon release to return to work, employee may be asked to take additional precautions including wearing a face mask and gloves in the workplace.
 - The employee will be asked to continue to self-monitor for COVID-19 symptoms.

4. An employee has been confirmed to have tested positive for COVID-19.
 - Employee is advised to self-quarantine until given instructions by their local health department or personal physician that quarantine may end.
 - Local health departments will investigate close contacts of confirmed cases and communicate, if necessary, with Feather River College.
 - Employee will be allowed back into the workplace upon written notification from the local health department and/or personal physician that is safe to do so.
 - Upon release to return to work, employee will be asked to take additional precautions including wearing a face mask and gloves in the workplace.
 - Employees will be required to continue monitoring for symptoms and to notify HR of illness that requires an employee to stay home.

Return to work

- Employees may return to work when they are released by their local health department and/or personal physician. Proof of release may be required. Returning employees will follow additional safety protocols by, wearing masks, gloves and sanitizing frequently touched areas.
- Employees may not return to work if they are experiencing cough, fever or shortness of breath.
- At least 3 days (72 hours) have passed *since recovery* defined as resolution of fever without the use of fever-reducing medications **and**
- Improvement in respiratory symptoms (e.g., cough, shortness of breath); **and,**
- At least 7 days have passed *since symptoms first appeared*.

Temporary Closings

Based on recommendations from local health departments, Feather River College will:

- Arrange for immediate campus closure or closure for a particular office. This will depend on when the individual was last in the office. If an employee has been out the office for 5 or more business days, the office may not need to be closed.
- Arrange for thorough cleaning in accordance with the CDC recommendations.
- Advise employees when they may return to work.
- Advise self-quarantine for employees that have been in close contact with the individual.
- Request employees that are sick to stay home or if they are caring for someone that is sick to stay home.