Suicide Alertness & Prevention

60 Minute Workshop

- Explore Current Facts About Suicide and Young People
- Identify Signs that Someone May Have Thoughts of Suicide
- Increase Awareness of How to Talk to Someone About Suicide
- Discover Ways to Help Yourself and Others

September 6th, 2023
12:00-1:00pm
FRC Wellness & Success Center

$10 Meal Card for Students

Plumas Rural Services
Serving people, Strengthening families, Building communities

Feather River College