

# REQUIRED ESSENTIAL SKILLS (RES) EVALUATION TOOL

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**RES includes:** Standard Precautions, Resident Rights, Safety and Communication.

All of these aspects of care must be evaluated for each individual skill performed. Handwashing is performed by the candidate at the beginning of the first skill and then can be verbalized at all other appropriate times during the Clinical Skill Evaluation. The Required Essential Skill (RES) evaluation steps that the proctor/evaluator will observe for during the Clinical Skills Test are:

### Does the Candidate:

- **Standard Precautions/Infection Control**
- **Resident Rights**
- **Safety**
- **Communication/Comfort Needs**

A table is provided with information about the specific behaviors the proctor/evaluator will observe for when scoring the Required Essential Skill (RES) evaluation steps for Standard Precautions/Infection Control, Resident Rights, Safety and Communication/Comfort Needs. Instructors and candidates should realize that there several more behaviors that are appropriate when providing care to residents that are both taught and are important to safe, quality care, when using this table. This table is used to establish minimal standards of competency.

<b>SKILL</b>	<b>STANDARD PRECAUTIONS/ INFECTON CONTROL</b>	<b>COMMUNICATION/ COMFORT NEEDS</b>	<b>RESIDENT RIGHTS</b>	<b>SAFETY</b>
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Throughout the test, if a candidate uses gloves, whether required or not, the candidate is expected to remove their gloves without contaminating themselves. This would be reflected, in the evaluation labeled, "Uses Standard Precautions".

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Providing privacy is not required for certain skills, unless the facilities policy requires or resident request privacy measures. These skills include: ambulation, feeding, hand & nail care, measure and record respirations, pulse, blood pressure and transfers. For testing purposes, the candidate may choose to provide privacy or not for these skills only.

SKILL	STANDARD PRECAUTIONS/ INFECTION CONTROL	COMMUNICATION/ COMFORT NEEDS	RESIDENT RIGHTS	SAFETY
<b>AMBULATE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> </ul>	<ul style="list-style-type: none"> <li>• Performs per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill</li> <li>• (if ambulating from/to WC breaks are locked)</li> </ul>
<b>BEDPAN</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Does not place bedpan on bedside table without a barrier</li> <li>• Barrier used under resident</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Removes gloves without contaminating self</li> <li>• Bedpan rinse water disposed of in commode</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort and position of bedpan.</li> <li>• HOB elevated after bedpan placement</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Resident covered with top sheet while using bedpan</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>CATHETER CARE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet and exposes only when necessary</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>OCCUPIED BED</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen</li> <li>• Does not shake linen</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>POSITION CHANGE TO SIDE-LYING</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen/pillows to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under pillows</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Leaves resident covered at end of skill</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>DRESSING W/WEAK ARM</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen/clothing to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen/clothing</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Minimizes exposure</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>FEEDING</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Uses a clothing protector</li> <li>• Does not place clothing protector and dirty linen on floor</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>FOOT CARE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen and under basin</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>HAND &amp; NAIL CARE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen and basin</li> <li>• Does not shake or fluff linen</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>MEASURE AND RECORD CONTENTS OF URINARY DRAINAGE BAG</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill, before documenting</li> <li>• Avoids touching contaminate equipment to self</li> <li>• Uses a barrier under graduate</li> <li>• Removes gloves without contaminating self</li> <li>• Graduate rinse water disposed of in commode</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>MEASURE AND RECORD PULSE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill and before documenting</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>MEASURE AND RECORD RESPIRATIONS</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill and before documenting</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>MEASURE AND RECORD MANUAL BLOOD PRESSURE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill and before documenting</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>ORAL CARE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>ORAL CARE - DENTURES</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen, supplies</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>PARTIAL BED BATH WITH BACK RUB</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen</li> <li>• Does not shake or fluff linen</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>PERINEAL CARE</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Avoids touching linen to self</li> <li>• Does not place linen on floor</li> <li>• Uses a barrier under clean linen</li> <li>• Does not shake or fluff linen</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position and water temperature</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> <li>• Uses privacy sheet</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>

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<b>RANGE OF MOTION (ROM)</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>
<b>TRANSFER</b>	<ul style="list-style-type: none"> <li>• Washes hands before and after skill</li> <li>• Removes gloves without contaminating self</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Ask resident about comfort, position</li> <li>• Per evaluation steps</li> </ul>	<ul style="list-style-type: none"> <li>• Knocks and announces self before entering room</li> <li>• Addresses resident by name</li> <li>• Privacy curtain pulled</li> </ul>	<ul style="list-style-type: none"> <li>• Leaves call light within reach at end of skill.</li> <li>• Leaves bed in low position at end of skill.</li> </ul>