

Tri West HS Breakfast

FEBRUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 POWDERED SUGAR DONUT RING
4 MINI CINNAMON FRENCH TOAST	5 PANCAKE WRAP	6 CINNAMON ROLL	7 EGG & CHEESE OMELET WITH TOAST	8 COCOA POWDERED DONUT HOLES
11 FRENCH TOAST STICKS	12 MINI MAPLE PANCAKES	13 APPLE FRUDEL	14 SAUSAGE AND EGG BISCUIT	15 No School
18 No School	19 PANCAKE WRAP	20 MINI CINNI ROLLS	21 EGG, HAM & CHEESE ON ENGLISH MUFFIN	22 POWDERED SUGAR DONUT HOLES
25 FRENCH TOAST STICKS	26 PANCAKE WRAP	27 CHERRY FRUDEL	28 HAM & CHEESE BAGEL	

DAILY FEATURES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SAUSAGE BISCUIT	BACON, EGG, & CHEESE BAGEL	EGG & CHEESE BISCUIT	BREAKFAST PIZZA	BISCUIT WITH GRAVY



EVERYDAY OFFERINGS – Pick 2 below!

PICK A BREAD

Cereal Bowl
Cereal Bar
Pop Tart
Muffin
Grahams
Animal Crackers
Half Bagel

PICK A PROTEIN

Cheese Stick
Yogurt
Peanut Butter

AVAILABLE DAILY

FRUIT CHOICES

- 100% Fruit Juice
- Assorted Fruits

MILK CHOICES

- 1%
- Skim
- Fat Free Flavored