It's a great day to be a Cascade View Cougar

Principal's Message
Welcome the month of March 2020!

The month of March is recognized for Women's History Month.

The benefits of reading just 15 minutes a day at home per day can make a difference in student’s reading fluency. Encouraging children to read at home is one of the most powerful ways families can support a student’s learning. Here are some tips:

- Read beyond books: read menus, greeting cards, recipes, and directions
- Create a to-read list that your child can check off
- The topic does not matter, as long as your child’s reading
- Read together, taking turns reading passages
- During reading time focus only on reading
- Ask open-ended questions about what your child is reading
- Most importantly have fun with the read alouds together

We look forward to seeing you at student led conferences which are scheduled for Wednesday March 11th. Thank you for partnering with us in the education of your children. We believe in partnership
Cougar Character Trait for March

At Cascade View our cougars show 'paw'sitive character traits everyday. Once a month we choose a trait to focus on and for the month of March that trait is **Flexibility**.

**Flexibility** is a personality trait that describes the extent to which a person can cope with changes in circumstances and think about problems and tasks in novel, creative ways. This trait is used when stressors or unexpected events occur, requiring a person to change their stance, outlook, or commitment.

As we all know, the only constant in life is change. When we talk about change we also need to talk about flexibility because you can't have one without the other. Let's look at an example.

You are working at a company that undergoes a change in management. You have been used to the your manager and the way things are run. You know there are going to be changes and become uneasy. What do you do? Do you have an open mind, being flexible to the changes that are going to happen or are you rigid with a closed mind, unaccepting any change?

Change is scary but it can also be exciting. It is up to us to choose to be flexible and open minded and take change as it comes or to be inflexible and resistant to it, cheating yourself and others out of what could be an awesome new experience.

*Freedom and happiness are found in the flexibility and ease with which we move through change.*

---Buddha

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Please come on out to see Cascade View students perform in the Disney Musical Aladdin on March 12, 2020 at 5:30pm in the gym at Cascade View Elementary. The students have been working on this performance after school for the last several months and we are excited to see them perform. We want to send a round of applause to the Disney Musical Advisors Ms. Dow, Ms. Mahan, Ms. Meyer, Ms. McLean, Ms. Meyer, and Ms. Serey.

As we move into the spring months we want to continually have the invitation open to come and visit your student(s). We welcome your time and experiences that can include being a guest speaker in a classroom, volunteering in a classroom, or just stopping in and saying hello.

If you need anything please let us know how we can be of support.

Go CV Cougars!

Joyful Teaching and Learning,
Tenesha and Cindy

Cascade View Cougars Principals
Attendance matters everyday

Attendance in school is extremely important. When our cougars are gone we not only miss seeing them but they are missing out on important learning. Too many absences, excused or unexcused, can keep students from succeeding in school but how many or too many? If a student misses 10% of the school year, that equals 18 days for the year or 2 days per month. That may not seem like a lot but it can really knock students off track.

As we enter fall not only do the leaves change but the weather becomes colder and wetter which brings colds and flu. If you child is running a fever or vomiting, please keep them home and report their absence to the office by calling 206-901-7702 or sending a note to the office the following day. Attend today, achieve tomorrow.

National Social Worker Month

March is National Social Worker month with March 19 being National Social Worker day and we want to celebrate our FABULOUS Social Worker Ms. Tammy.

What do Social Workers do? They help families, students and staff problem solve issues and situations. She is there if you need to talk; she is there to help families and she is there to help the staff...all on a daily basis and always with a smile.

Please make sure to stop by and thank Ms. Tammy for all her help that she gives us everyday.

ELPA21 Testing

ELPA21 testing has started and we will be testing most of the month of March. ELPA 21 testing is the English Language Proficiency Assessment test that is given to our English Language Learners each year. It measures our students’ English language proficiency, both knowledge and skills, in reading, listening, writing and speaking.

Good luck and we know you are all going to ROCK THE TEST!!

Time to Spring ahead

The birds are singing...the flowers are starting to bloom and it’s starting to stay lighter later in the day. The gloom of winter is giving way to spring which means it’s time to spring ahead to daylight savings time. On March 8, please remember to set your clock ahead 1 hour. HELLO SPRING!!!
Time to discover a Whole New World with Aladdin

After many months of rehearsals, the time has come for Disney Musicals performance of Aladdin.

When: Thursday March 12, 2020
Where: Cascade View Elementary School Gym
Time: 5:30 pm

We are so excited to bring this musical to life. This was an incredible time commitment for both the advisors and students. Everyone has worked so hard and we are so incredibly proud of your students.

**Due to licensing rights, recording, either video or audio, will not be allowed during the performance.**

Library Corner

Library Corner is a new item for the Cougar Paw. Ms. Hundtofte, our FANTASTIC librarian, will give parents information that they can ask their student about.

Type To Learn is a web-based keyboarding program for our students. Typing/keyboarding is a skill that will help them communicate and work on devices in school and beyond. Ask your student to show you the link on the [Cascade View Library website](https://cascadeviewlibrary.com).  

Let's have lunch

We are also very excited to be able to provide new lunch options for the school year. The menu is available online at [https://tukwila.nutrislice.com/menu](https://tukwila.nutrislice.com/menu). We would like to thank Mr. Trevor Watt for working so hard to bring our students wonderful vegetarian options. As a reminder, we do not serve pork products in the Tukwila School District.

Parent Teacher Organization (PTO)

Come and be apart of your kids school by joining our Parent Teacher Organization. You can help plan events and fundraisers that help pay for field trips. Meetings are once per month on Wednesdays from 5:00 pm to 6:00 pm in our multi-purpose room. Please come and be a part of this fantastic parent organization.
New volunteer clearance procedure

The Tukwila School District has rolled out a new volunteer clearance process. Past practice has been to fill out the volunteer packet available your school's front office but this is no longer necessary. The volunteer application is now online and can be accessed by going to our district website, www.tukwilaschools.org. Once on the homepage, go to the DISTRICT tab, scroll down and click on VOLUNTEER OPPORTUNITIES and follow the START YOUR APPLICATION HERE link. The clearance process can take up to 3 weeks so make sure you get the application submitted as early as possible.

Immunization information

As of July 28, 2019, a new state law removes the personal and philosophical option to exempt children from the MMR vaccine required for school and child care attendance.

Based on this new law, children without two doses of MMR vaccine, laboratory evidence of immunity, or a medical or religious exemption will not be allowed into school. Families whose child is not fully immunized will be notified by letter within the next few weeks and will have 30 days to comply. We will make our best attempt at reaching out to you before excluding your student. Please keep in mind that if your child is not fully immunized they will not be allowed to return to school and you will need to make other daycare arrangements. Also, absences due to immunization non compliance will not be excused and can lead to truancy issues.

We all want to make good choices and do what’s best for our children. As a community, we must protect our own health and work together to protect each other’s health. Vaccination keeps kids healthy and ready to learn. With more changes coming regarding immunization compliance and school exclusions it is important to be informed and in compliance now. Find more information at the Washington State Department of Health exemption law change webpage, including frequently asked questions: http://www.doh.wa.gov/mmrexemption.

There are plenty of free resources and locations across the state that have agreed to offer free. Please reach out to your provider or if you have any questions about your child’s immunization status, contact the health room at 206-901-7709. We want to work with families to ensure your child is not excluded.

Thank you,
Arita Colin
Health Assistant
Inclement Weather Information

During inclement weather (snow or ice), the decision for a 2 hour late start or school closure is made at the district level. The district makes these decisions based on safety of students, staff and community and tries to make them as early as possible. When a decision to delay or cancel school is made, the district will send out a robocall to the primary phone number listed for each student. If you would like to make sure we have your correct phone number listed, please call the office at 206-901-7702 or 206-901-7703.

We also encourage you to sign up for Flash Alerts at https://www.flashalert.net/.

All closures will also be listed with the local television stations:

- KIRO 7 https://www.kiro7.com/
- KING 5 https://www.king5.com/
- KOMO https://komonews.com/
- Q13 Fox https://q13fox.com/

Local radio station Star 101.5 also lists school closures at http://star1015.com/.

We hope that we don’t have a lot of bad weather to deal with this year but if we do, know that the Tukwila School District is keeping your safety as our number one priority when making inclement weather decisions.
National Awareness days for March

March 1 - 31: Social Worker's Month
March 1 - 31: National Women's History Month
March 1 - 31: National Nutrition Month
March 1 - 31: Music in Our Schools Month
March 2: Read Across America Day
March 4: National Grammar Day
March 5: World Book Day
March 8: Spring ahead - Daylight Savings Time begins
March 9: Education Support Professionals Week
March 14: Pi Day
March 19: First Day of Spring

Upcoming March Events

Recurring events

Choir rehearsal: Every Tuesday and Friday from 7:45 am to 8:35 am
3rd - 5th grade Chess Club: Every Tuesday and Thursday from 12:05 pm - 12:45 pm
IRC Ready to Read: Every Monday and Wednesday from 3:15 pm - 4:15 pm
4th grade Robotics: Every Monday and Tuesday from 3:10 pm - 4:10 pm
5th grade Robotics club: Every Monday and Tuesday from 3:15 pm to 4:30 pm
Disney musical rehearsal: Every Tuesday and Thursday from 3:20 pm to 4:50 pm (ends 3/12)
Boys and Girls Club after school program: Every Monday - Thursday from 3:15 pm to 5:15 pm
Girls on the Run: Every Monday and Thursday from 3:20 pm - 4:50 pm

*Recurring events do not take place on non-school days or early release days

Upcoming events
March 5: 3rd grade to the Seattle Children’s Theatre from 9:30 am - 1:30 pm

March 6: Family coat event in the Multipurpose room from 3:30 pm - 4:30 pm

March 10: Board Meeting at Tukwila Elementary from 6:30 pm - 9:00 pm

March 11: Early Release at 12:45 pm

March 11: Spring Conferences from 1:00 pm - 5:30 pm

March 12: Aladdin school performance in the Gym at 9:30 am

March 12: Aladdin family performance in the Gym from 5:30 pm to 6:30 pm

March 13: Spirit Day - Crazy Hat Day

March 16: End of 2nd Trimester

March 17: St. Patrick’s Day

March 18: 3rd Grade Field Trip to the Pacific Science Center from 9:25 am to 1:30 pm

March 18: PTO General Membership Meeting in the Multipurpose room from 5:00 pm to 6:00 pm

March 19: National Social Worker Day

March 24: Board Meeting at the district office board room from 6:30 pm to 9:00 pm

March 25: Report cards go home

March 26: N.O.I.S.E. Performance in the Gym from 9:15 am - 10:15 am

A few friendly reminders

- Please remember that school is not open for your students until 8:35 am. If a child is dropped off earlier, there is no adult supervision. Keeping this in mind will help with the safety of all of our students.

- Please be respectful of the bus zones during drop-off and pick-up times. For the safety of all students, please do not park in or block the bus zones. We appreciate your effort in helping keep this area safe.

- Our lost and found continues to grow. Please remind your children to look through it if they are missing any items. The lost and found is located in the breezeway area right before you enter Building C.

Cascade View is a Title 1 School
Cascade View Elementary School receives federal money to fund a School-wide Title 1 program. Title 1 programs are intended to help ensure that all children have the opportunity to obtain a high-quality education and reach proficiency on challenging state academic standards and assessments. The program focuses on promoting reform in high-poverty schools (those with 40% or more students from low-income families) and ensures student access to scientifically-based instructional strategies and challenging academic content. Cascade View uses most of Title 1 funds to pay for important staff members, including highly qualified Instructional Assistants and our Literacy and Math Interventionists. Funds are also reserved for professional development for teachers that is designed to raise the achievement of low-achieving students by improving instruction throughout the entire school. If you have any questions about our Title 1 programs, please feel free to speak with Ms. Fremstad at 206-901-7700.

The Tukwila School District complies with all federal rules and regulations and does not discriminate on the basis of age, race, gender, color, national origin, or disability. This holds true for all district students, employees, and district employment and opportunities. Inquiries regarding compliance and/or grievance procedures may be directed to the school district’s title IX/RCW 28A.640 officer and/or Section 504/ADA coordinator located at 4640 S 144 Street, WA 98168: Aaron Draganov, Title IX/RCW28A.640 Officer (206.901.8005) and Richard Quesada, Section 504/ADA Coordinator (206.901.8035) Cascade View Elementary is a Schoolwide Title I School

Title 1 Complaints Process

Here is an overview of the citizen complaint process described fully in Chapter 392-168 WAC, Special Service Programs—Citizen Complaint Procedure for Certain Categorical Federal Programs.


A citizen complaint is a written statement that alleges a violation of a federal rule, law or regulation or state regulation that applies to a federal program.

- Anyone can file a citizen complaint.
- There is no special form.
- There is no need to know the law that governs a federal program to file a complaint.

Follow steps 1 through 5 to complete the citizen complaint process.

**STEP 1 Use Your Local Process First**

If you have followed the citizen complaint process of your school district, ESD or school service provider (subgrantee) and are unable to reach a satisfactory solution, use this citizen complaint process through OSPI.

**STEP 2 File a Citizen Complaint Through OSPI**

A citizen complaint must be in writing, signed by the person filing the complaint, and include:

- **Contact Information of the Person Filing the Complaint.** Your name, address, telephone number and email, if you have one.
Optional: If someone is helping you to file this citizen complaint, include 1) their contact information, and 2) your relationship to them — for example, family member, a relative, friend or advocate.

Information About the School District, ESD or School Service Provider You Believe Committed This Violation. Name and address of the school district, ESD or school service provider (subgrantee) you think violated a federal rule, law or regulation or a state regulation that applies to a federal program.

The Facts — What, Who & When. Include a description of the facts and dates, in general, of when you think the alleged violation happened.

1. What specific requirement has been violated?
2. When did this violation occur?
3. Who you believe is responsible: names of all the people, and the program or organization involved.

Optional: Did you file a written citizen complaint first with the school district, ESD or school service provider? Although not required by Chapter 392-168 WAC, it is helpful if we can review a copy of your citizen complaint and the results, if any.

The Resolution You Expect. A proposed solution, if you think you know or have ideas about how the issue can be resolved.

STEP 3 Mail or Fax Your Written Citizen Complaint to OSPI
Office of Superintendent of Public Instruction
Attn: Citizen Complaint-Title I, Part A
P.O. Box 47200
Olympia, WA 98504
Fax: (360) 586-3305

STEP 4 OSPI Staff Process Your Complaint
Once federal program staff at OSPI receive your written complaint, here is what follows:

1. OSPI sends a copy of your complaint to the school district, ESD or school service provider (subgrantee).
2. The school district, ESD or school service provider begins a formal investigation led by a designated employee.
3. The designated employee provides the written response of the investigation to OSPI — within 20 calendar days.
4. OSPI staff will send you a copy of the results of the investigation conducted by the school district, ESD or school provider (subgrantee).

Their response must clearly state one of two results:
- Denial of the allegations in your complaint and the reason for denial.
- Proposal of reasonable actions that will correct the violation.

If you need to provide more information about the allegations in the complaint, send that information to OSPI within 5 calendar days of the date of the response from the school district, ESD or school service provider (subgrantee).

STEP 5 Final Decision by OSPI
OSPI will send you the final decision in writing within 60 calendar days of the date federal program staff at OSPI received your written complaint — unless exceptional circumstances demand that this investigation take more time.

Here are the steps OSPI staff will follow to reach a final decision:

1. Review all the information gathered related to your complaint. The review could include the results of an independent, on-site investigation.
2. Decide independently whether or not the district, ESD or school service provider (subgrantee) violated a federal rule, law or regulation or a state regulation that applies to a federal program.
3. Provide you with the final decision: Findings of fact, conclusions, and reasonable measures necessary to correct any violation.
4. The district, ESD or school service provider (subgrantee) must take the corrective actions OSPI prescribes within 30 calendar days of the final decision.
5. A citizen complaint is considered resolved when OSPI has issued a final written decision and corrective measures, if necessary, are complete.

Extend or Waive Timelines
If you as the complainant, and the school district, ESD or school service provider (subgrantee) named in your citizen complaint agree to extend the timelines, this agreement must be in writing and sent to OSPI within 10 calendar days of the date the school district, ESD or school service provider (subgrantee) received notification from OSPI.

Office of Superintendent of Public Instruction
Attn: Citizen Complaint—Title I, Part A
P.O. Box 47200
Olympia, WA 98504

https://campussuite-storage.s3.amazonaws.com/prod/1558530/67007fc8-c8ad-11e7-ae75-0a592925caca/1830521/376459f6-bde4-11e8-b1bc-0ae3943a356a/file/Title1ComplaintProcess.pdf