

Auburn District Wellness Team Meeting
February 1, 2016
3:15 – 4:15 PM
School Committee Room
5 West Street

Agenda

Review of Wellness Policy and a survey to access district opinions on wellness
Fuel Up to Play 60 Update
School Gardens
Strategic Plan Review for Health, Wellness and Safety
Smarter Lunchroom Update
Fundraiser for Auburn Wellness Committee - Spring Event

New Business

Auburn Wellness Policy Assessment for Impact of the Policy and Recommendations for Improvements – Review of district aggregate Student Health Data

Please extend an invitation to other district staff that you feel would be interested in attending. Hope you can make our upcoming Wellness Team Meeting, Monday, February 1, 2016, 3:15 pm.

Meeting Notes: Next meeting is March 14th at 3:15 pm.

During this meeting – Auburn Wellness Policy was reviewed and it was decided that the Auburn District Nursing Data would be utilized to review aggregate data on the following criteria sets to assess the status of wellness in our district. We would assess the data to create a baseline for this current school year and moving forward we would review the data that is submitted to the MA School Nursing Health with DESE.

It was decided to review BMI, rates of student illness, diagnosis of diabetes, hypertension, and overweight and underweight by grade and by male/female. This data can be reviewed from year to year to assess the improvements achieved by a greater focus on nutrition, health and physical activity tied to our district strategic plan for Health, Wellness, and Safety and for assessing our Auburn District Wellness Policy. Timeline will be reviewed for a date this Spring to complete the assessment this school year. (At the last meeting we received an update that all data collected would be available by April, 2016.)