

Health, Wellness and Safety

Goal: To Promote a Positive, Healthy and Safe Learning Environment

Theme One: Continue to Monitor and Enhance Safety Procedures Across the District

Goal: look for 1 or 2 Goal areas to focus on and determine who can help with the goals.

Action	Initiation Date	Resources	Person(s) Responsible	Anticipated Completion Date	Status Update
<p>Continue to monitor buildings with school-based safety teams for safe school environment.</p> <p>Special Mock Event will be planned for April 2020</p> <p>Special Mock Event Training</p> <p>Mock Event at AHS (Details of type of Mock Event TBD)</p>	<p>Ongoing</p> <p>February 2020</p> <p>October 2020</p>	<p>Safety Teams at each school to report back to District Safety Advisory Team</p>	<p>Safety Advisory Team (Review of few safety incidents that have occurred since the start of school year 2018-2019.)</p>	<p>Ongoing</p>	<p>October 2019 Update: Reviewed monthly by Safety Advisory Team.</p> <ol style="list-style-type: none"> 1. Joint training will be completed with the Police & Fire, DPW 2. By Spring 2020, plan to build a Mock Safety Drill for all Emergency Response teams utilizing AHS students. <p>January 2020 Update: By February vacation, will have event planned. By Fall, will have all plans in place to conduct the AHS Mock Drill. Joint training with Police and Fire Departments.</p>
<p>Schedule a variety of drills at every school to find positive strategies that can be shared, deficiencies that need to be addressed, and identify necessary changes needed to improve safety. Update Multi Hazard Plan.</p> <p>Drills occurring throughout the year.</p>	<p>Ongoing</p> <p>Yearly updates.</p>	<p>Safety Advisory Team and Superintendent</p>	<p>Principals and Safety Advisory Teams at all schools AHS Drill on 11/5/18</p>	<p>Ongoing</p>	<p>October 2019 Update: By April 2020, plan a live lock-down drill for the 2020-2021 school year.</p> <p>All students in Grades 6-8 and 9-12 have been trained in ALICE</p>

					<p>protocols.</p> <p>By April 2020, hold Tabletalk planning exercise with Police, Fire and Town of Auburn Administrators.</p> <p>January 2020 Update: Plan a Live lock-down training at each school and prepare for Events in the Fall. By April 2020 will hold tabletop planning safety drills. Any new hires will be trained at the March 13th PD Day.</p>
<p>Research District buildings and review safety protocols with the Town's insurance provider related to workplace and student safety practices, delivery times, locations of hazards, environmental & toxin exposure, etc. <u>Audits of buildings</u> Audit hardware, camera locations and audit to identify housekeeping operations and surrounding spaces.</p> <p>Upgraded external cameras district wide. Through \$48,000 School Safety Grant Cameras were installed in all schools.</p>	<p>Fall 2018 and ongoing Spring 2019</p>	<p>Building Safety Audits</p>	<p>Safety Advisory Team, Principals and Department Heads, School Nurses and Designated Personnel</p>	<p>Completed Spring 2019</p>	<p>October 2019 Update: . Through grant and operating funds, additional security cameras are being installed in all schools, to be completed by December 2019</p> <p>January 2020 Update: Completed</p> <p>Accident Reports reviewed with Safety Advisory Committee</p>

<p>Workplace safety that addresses lighting, monitoring egresses, signage and cameras for safety, traffic flow on school property.</p> <p><u>Employee Accidents</u> Review and Update Employee procedures and district accident report and create a flow of information data plan.</p> <p>Protocols in place at AHS, AMS, Department Heads overseeing</p> <ol style="list-style-type: none"> 1. Safety Cabinets 2. Chemical Safety Use Protocols 	<p>Ongoing to follow data flow</p>	<p>Facilities MEGA, Town of Auburn</p>	<p>School Based Safety Teams, District Safety Advisory Team</p>	<p>Ongoing January 2019 January 2019 start. District Accident Reports are being reviewed monthly as a result of OSHA requirements. As a result an audit is planned, the goal being to potentially decrease fees charged to the District.</p>	<p>January 2019 Update: Look into meeting with Mr. Kazanoviz/Mrs. Beauregard regarding Safety of Chemicals; Science Dept. Chairs w/ Mr. Fahey to look into decreased fees from MEGA for District departments that provide safety training.</p> <p>April 2019 Update: Ongoing Evaluation</p> <p>Review coordination with Forms Committee: Mr. Bouvier, Mrs. Wirzbicki, Mrs. Reidy and Dr. Lopez.</p> <p>January 2020 Update: Completed</p>
<p>District and Town Disaster Planning Team will meet to discuss responsibilities related to this topic, to include a thorough review of current Disaster Planning Manual</p> <p>Board of Health coordinates this - Mr. Fahey is a member of the Emergency Preparedness Management for Public Health Emergencies</p>	<p>Fall 2018 Spring 2019</p> <p>January 2020</p>	<p>Facilities, Food Services, Public Safety and designated resources</p>	<p>Safety Advisory Team, Principals, Department Heads, District Staff, Town Manager and designated departments and Public Safety, BOH, Local Emergency Management Team</p>	<p>Completed</p> <p>Completed</p> <p>January 2020 Safety Emergency Evacuation Plan: Cards are located in each classroom near doors and also</p>	<p>April 2019 Update: Rollout Spring 2019: Quick Reference for all classrooms in process of being printed.</p> <p>April 2019 Update: Completed project, just awaiting delivery of bigger ring binders for each classroom. ALICE training stickers have been distributed to all District staff to attach to their IDs.</p>

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Goal: To Promote a Positive, Safe Learning Environment

Theme Two: Promote Social, Emotional and Health in All Schools

Deferring this goal to Beth, Casey and Gregg as SEL is part of another Strategic Action Plan.

Action	Initiation Date	Resources	Person(s) Responsible	Anticipated Completion Date	Status Update
<p>Social-Emotional Intervention Team (SEL Intervention Team) assessing current program.</p> <p>This theme is predominant in the goals covered by the SEL Team. We continue to support the efforts of this initiative and incorporate aspects in our Wellness Policy.</p>	<p>Fall 2018 Winter 2019</p>		<p>Assistant Superintendent; Health Educators; Principals; School Psychologist and others appropriate for this work</p>	<p>Fall 2018 Completed January 2019</p> <p>Completed</p> <p>Completed</p>	<p>November 2018 Update: Schedule meeting with Assistant Superintendent to discuss SEL and how other district themes dovetail for this HWS theme and goals; prep. for Spring HWS Team Meeting.</p> <p>January 2019 Update: Discussed with Assistant Superintendent how this part of our plan overlaps with her group. Will focus on next section: Enhance Districtwide Nutrition and Healthy Lifestyles.</p> <p>January 2019 Update: "Angst" movie scheduled for all District staff and scheduled viewing times for all schools.</p>

				Completed and in School calendars	<p>April 2019 Update: Completed</p> <p>January 2019 Update: Social and Emotional Learning initiative planned for the District. Also, 4 No Homework long weekends announced.</p> <p>April 2019 Update: Completed</p>
SEL Team reviews programs that strengthen social-emotional learning.	Winter 2019	Assistant Superintendent, Health Educators, Principals and School Nursing staff	SEL Intervention Team	Spring 2019	<p>January 2019 Update: Review of current Health-related programming that is provided in-District. Assess current health-related programming; make recommendations to enhance it.</p>
Strengthen Mental Health support programming for all APS students	Spring 2019		SEL Intervention Team	Completed	<p>October 2019 Update: Social Workers 2 FT positions added, 19-20</p> <p>January 2020 Update: Hired 2 District Social Workers</p>
Create opportunities to include parents and the community in discussions regarding social-emotional and health-related topics. ~~Movie Presentation "IF They Had	Summer 2018 and ongoing		Superintendent, Assistant Superintendent and Principals	Ongoing Winter 2019	<p>April 2019 Update: SEL Initiatives: "Start the Conversation" group started in 2018. Jon Mattleman presented</p>

<p>Known October 11, 2019. ~Vaping Presentation with the Worcester County Sheriff's Office and School Psychologist</p>			<p>Principal SWIS and Staff</p>	<p>Completed Fall 2019</p> <p>Fall 2019 Completed</p> <p>Completed February 2019</p> <p>Completed February 2019</p> <p>Completed March 2019</p>	<p>"The Secret Lives of Teens and Tweens" and "Angst: Raising Awareness Around Anxiety."</p> <p>New Adjustment Counselor at SWIS will start in the fall of 2019. Terry O'Donnell</p> <p>January 2019 Update: ~Looking for opportunities to educate parents and community on SEL topics. Student survey data identified focus areas.</p> <p>~Mindful Day at SWIS for students after February Break.</p> <p>April 2019 Update: Wellness Event was held on March 20, 2019.</p> <p>January 2020 Update: Completed successful Strengthening Families Program at AMS in Fall/Winter 2019/2020.</p>
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Health, Wellness, and Safety

Goal: To Promote a Positive, Safe Learning Environment

Theme Three: Enhance Districtwide Nutrition and Healthy Lifestyles

Action	Initiation Date	Resources	Person(s)	Anticipated	Status Update
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			Responsible	Completion Date	
<p>Increase access to after school clubs and activities that promote healthy lifestyles and wellness initiatives. Need members to fill the Wellness Committee.</p> <p>AMS has received an additinal \$5,000 from After School Programming starting Fall 2019</p>	<p>Winter/Spring 2019</p>		<p>Superintendent, Principals, After School Program Coordinators, School Nurses & Guidance School Wellness Committee, Student, Parent, School Committee Liaison, Community members, etc.</p>	<p>Ongoing Spring 2020</p> <p>By April 2020</p>	<p>January 2019 Update: Focus on School Wellness Policy; Need aggregate student nursing data by school, i.e. attendance data, chronic illness, etc to support the assessment analysis required for School Wellness Policy.</p> <p>January 2020 Update: Preparing for March/April Wellness Policy Committee Meeting District aggregate Health Data will be evaluated to complete the School Wellness Assessment</p> <p>April 2020 Update: Need support to add members to the School Wellness Team. Members needed and a Chair assigned.</p> <p>October 2019 Update: Ongoing need: 1 from Nursing and 1 from Physical Education.</p> <p>January 2020 Update: Greg Pratt added as Wellness Coordinator to the District Wellness</p>

				<p>and gardens for all age groups.</p> <p>Completed our Community Tasting event at AMS on October 19, 2018. Invited district students and families to promote healthy eating, partnering with community growers.</p> <p>October 2019 Update: 2nd Annual Community Tasting event scheduled for November 15, 2019.</p> <p>January 2019 Update: Collaborative Food Buying for next year completed. Collaboration with Worcester Regional Food Hub for purchasing locally grown foods.</p> <p>April 2019 Update: New School Nutrition Software installation and programming of Health-e Pro to provide nutrition analysis and allergen identification online for students and families. Food Services staff currently using the software program.</p> <p>October 2019 Update: Training of School Nurses</p>
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					<p>completed October 2019.</p> <p>Events for National Nutrition Month 2019 Plant Forward Initiative for AMS.</p> <p>Dept. Representatives Attended Plant Forward Conference June 2019</p> <p>Culinary Training for school nutrition production staff, completed on 10/29/19.</p> <p>New Cycle menus developed for next year.</p> <p>New Plant-based Menu in planning stages. Continued partnership membership with the Culinary Institute of American Healthy Kids Collaborative.</p> <p>January 2020 Update: New participation with the Chef Ann Foundation for Culinary training and support for school nutrition staff</p> <p>April 2019 Update: New Breakfast cycle menus written for next year.</p>
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					<p>October 2019 Update: New K-5 Breakfast menu.</p> <p>January 2020 Update: New "Breakfast After the Bell" Grants to support additional student access to breakfast at AHS and AMS. Opening by April 2020.</p>
<p>Investigate current practices and promote opportunities to increase physical activity throughout the day in all schools. Initiate district School Wellness District Scorecard for Wellness Initiatives and Wellness Policy Committee.</p>	<p>Spring 2019</p>		<p>District Health Team: Principals, Teachers, Health Educators and Physical Education Teachers Two Additional Team members to the Wellness Committee identified October 2019.</p>	<p>Ongoing</p>	<p>January 2019 Update: Continue to recommend need Health, Physical Education and School Nursing staff for involvement on the committee.</p> <p>April 2019 Update: Posted our District's Wellness Scorecard.</p> <p>January 2020 Update: Completed</p> <p>October 2019 Update: Plan to schedule meeting by January 2020.</p> <p>January 2020 Update: Plan rescheduled to be completed by March 2020</p> <p>Recommend that next PD Day the Wellness Team review the scorecard to plan initiatives for 2019-2020 school year.</p>

					January 2020 Update: Revised next update planned for April 2020
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