

CLINICAL TRAINING PROGRAM, GOALS & OBJECTIVES

The Clinical Training Program at Connection's Academy East is quite extensive - offering three Post-Doctoral Fellowships, three Doctoral Internships and six Psychotherapeutic Externship/Practicum (ACEPT) positions.

Each program has been designed to help Externs/Interns/Fellows (Trainees) develop and refine their clinical skills in key areas of practice, all while functioning as a valued member of a Multidisciplinary Team. There is an emphasis on training in fundamental and advanced clinical skills, with a primary focus on Individual, Group & Family Therapy, and Crisis Intervention. The training program is organized in such a way that it provides Trainees with a planned, programmed sequence of training experiences, one that assures breadth and quality of training.

Trainees are provided with the opportunity to work with high-risk children, adolescents and their families, with a broad range of mental health challenges, from diverse cultural, ethnic and socioeconomic backgrounds. All of this is done under the supervision of the Clinical Director, and other members of the Clinical Training staff.

Ultimately, the main objective of the CAE Clinical Training Program is to promote our Trainees' professional growth in such a way that, by the end of the training year, they feel confident in their ability to competently function as Therapists, who practice in accordance with the highest standards of care.