

# **GOALS & OBJECTIVES**

## **OF THE CONNECTIONS DAY SCHOOL**

### **CLINICAL TRAINING PROGRAM**

The Clinical Training Program at Connections Day School is extensive - offering two Post-Doctoral Fellowship (APPIC), two Doctoral Internship (APPIC) and four Psychotherapeutic Externship/Practicum (ACEPT) positions.

Each program has been designed to help Externs/Interns/Fellows (Trainees) develop and refine their clinical skills in key areas of practice, all while functioning as a valued member of a multidisciplinary team. This team is comprised of: Psychologists, Professional Counselors, Special Education Teachers, Principal, Program Assistants, Behavior Specialists, an Art Therapist, Substance Abuse Specialist, Speech & Language Pathologist, Occupational Therapist and Psychiatrist. There is an emphasis on training in fundamental and advanced clinical skills, with a primary focus on Individual, Group, Family & Milieu Therapy, and Crisis Intervention. The training program is designed and organized in a way that provides Trainees with a planned, programmed sequence of training experiences – one that assures breadth and quality of training.

Trainees are provided with the opportunity to work with high-risk children, adolescents and their families – individuals struggling with mild to severe: mood, anxiety, behavior, substance-related, psychotic, developmental and personality disorders from diverse cultural, ethnic and socioeconomic backgrounds. All of this is done under the supervision of the Clinical Director, and other members of our dynamic Clinical Training staff.

Ultimately, the primary objective of the CDS Clinical Training Program is to promote our Trainees' professional growth in such a way that, by the end of the training year, they feel confident in their ability to function as Clinicians who practice in accordance with the highest standards of care.