

Connections Day School

31410 NORTH US HIGHWAY 45 * LIBERTYVILLE, IL * 60048

POPULATION SERVED

- ❖ **Children & Adolescents** with Special Education Eligibilities (Emotional & Behavioral Challenges) **and their Families**
- ❖ Individuals struggling with mild to severe: depression & related mood disorders; anxiety disorders; disruptive, impulse-control & conduct disorders; trauma & stressor related disorders; substance-related & addictive disorders; neurodevelopmental disorders; obsessive-compulsive disorders; psychotic disorders; and personality disorders.
- ❖ CDS Students and their families are diverse in age, culture, ethnicity, race, religion, socioeconomic status, gender identity and sexual orientation.

TRAINING POSITIONS

- ❖ 4 Therapy Externships
- ❖ 2 Doctoral Internships
- ❖ 2 Post-Doctoral Fellowships

EXTERNSHIP/PRACTICUM TRAINING OPPORTUNITIES

- ❖ Daily opportunities for Individual, Group, Family & Milieu Therapy and Crisis Intervention
- ❖ 1.5 hours of Individual Supervision, 1 hour of Group Supervision, and 1.5 hours of Didactic Training per week (all with on-site Supervisors)
- ❖ Monthly Family Therapy Seminar
- ❖ Monthly Psychiatric Consultation
- ❖ Optional Animal-Assisted Therapy with our Staff Therapy Dogs
- ❖ Participation in Multidisciplinary Individualized Education Plan (IEP) Meetings for the students on your caseload
- ❖ Working as a Valued Member of a Multidisciplinary Team which includes: Special Education Teachers, Behavior Specialists, a Psychiatrist, Art Therapist, Substance Abuse Specialist, Speech & Language Pathologist, Occupational Therapist, and other established Psychologists & Professionals in the Field



EXTERNSHIP/PRACTICUM FORMAT & BENEFITS

- ❖ Hours: 8:00am – 4:00pm
- ❖ Externship starts mid-August and runs through the late-July
- ❖ Externs are required to be on-site 3 days per week (with Thursdays being mandatory)
- ❖ Externs carry an average individual therapy caseload of 4-6 students, and run 2 groups per week
- ❖ Vacation Time: Thanksgiving, Winter, Spring, & Summer Breaks, all National Holidays, and a modified Summer Schedule (Externs move to a 2 days per week schedule for the final 7 weeks of the school year)
- ❖ 10 Sick Days, and 1 Personal Day, for the year
- ❖ No pager, crisis phone line, or on-call duties
- ❖ Free lunch available daily from Organic Life
- ❖ Free parking
- ❖ Access to a Clinical Library of books & manuals, and therapeutic resources & supplies
- ❖ Monthly allowance for program/clinical supplies
- ❖ Participation in Staff outings & events and team-building activities throughout the year

SPECIALIZED DIDACTIC TRAINING TOPICS

- ❖ Diagnosis & Treatment of Complex Child & Adolescent Presentations
- ❖ Working Collaboratively & Proactively as Part of a Therapeutic Milieu
- ❖ Legal & Ethical Issues with Young People & Families
- ❖ Professional Development
- ❖ Strength-Based Treatment Approaches
- ❖ Complex Trauma & PTSD
- ❖ EMDR (Eye Movement Desensitization & Reprocessing)
- ❖ Evidence-Based Treatment Approaches
- ❖ Art Therapy
- ❖ Individual & Family Substance Abuse
- ❖ Autism Spectrum Disorder
- ❖ Crisis Prevention Interventions (CPI) and Techniques
- ❖ The Special Education System & Individualized Education Plans (IEP)
- ❖ Data Collection, Progress Monitoring & Outcome Measurements



LEAD CLINICAL TRAINING STAFF

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For more information please contact Dr. Pollina, and/or see our Website: www.connectionsdayschool.net